

71st Annual CME Conference Albert R. Hartman, MD, Presiding

Pitfalls of Medical Practice May 17, 18, 19, & 20, 2016

Dear Colleagues at Risk

I am excited to invite you to *Ride a Horse of a Different Color*. This years meeting of the Ogden Surgical-Medical Society centers on the dangers of practicing medicine. Stories are the center of all great teaching and I, through my story, have gathered the best teachers – story tellers in this area. **Three years ago, DEA agents came to my office and charged me with three felonies**. Come learn from the mistakes of others.

Come to the mountains of Utah in the Spring. We have moved to the beautiful and easy to access Weber State University campus. The surroundings will equal the stories. The Ogden Marathon will finish off the meeting.





Accreditation

The Ogden Surgical-Medical Society designates this live activity, the 71st Annual Medical Conference "Pitfalls of Medical Practice 2016," for a maximum of 27 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing education to physicians.

American Academy of Family Physician Accreditation application and awarded credits pending.

ACGME Competencies: This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education Competencies: Patient Care, Medical Knowledge, and Professionalism.

Other Accreditation

Dentists: ADA CERP CE Credit Nurses and Nurse Practitioners including Pharmacology hours: Contact hours Social Workers: CEUs Utah EMS Professionals: CME

Tuesday, May 17

Tuesday Evening Pre-Conference Registration & CME presented in conjunction with Ogden Clinic	
5:30 PM	Pre-Conference Registration & Social for all conference attendees: hors d'oeuvres, drinks, and music included. OGDEN CLINIC
	McKay-Dee Family Medicine Residency Alumni Reunion: hors d'oeuvres, drinks, and music included.
6:30 PM	Dinner with CME lectures
6:30 PM	Medicine & Marriage (1 AMA PRA Category 1 Credits™) Brent Blaisdell, PhD
7:30 PM	7 Domains of Women's Health (1 CME) Kirtly Parker Jones, MD

Wednesday, May 18

7:00 AM	Registration & Breakfast Welcome & Announcements	
7:30 AM	What's New in My Specialty? Polycystic Ovary Syndrome (PCOS): Current Day Chicanery (.5 CME) Kirtly Parker Jones, MD	
8:00 AM	What's New in My Specialty? Hard to Swallow, Hard to Say: Disorders of Speech & Swallowing (.5 CME) Nadim B. Bikhazi, MD & Amanda Sumrall, MS, CCC-SLP, CBIS	
8:30 AM	What's New in My Specialty? Medical Weight Management: Not Just Calories In vs. Calories Out (.5 CME) Rohn Rigby, MD	
9:00 AM	What's New in My Specialty? Antibiotics for Appendicitis (.5 CME) Megan Grunander, MD	
9:30 AM	Break with Exhibitors	
10:00 AM	Prescribing Laws I (1.5 CME) Suraj Achar, MD or Clinical Poster Contest (1.5 CME)	
11:30 AM	Risk & Benefit: Using Numbers Patients Understand (.5 CME) Kirtly Parker Jones, MD or Clinical Poster Contest (.5 CME)	
12:00 PM Lunch Lecture	THE SPORTS GENE: Inside the Science of Extraordinary Athletic Performance (1.5 CME) David Epstein, Author	
1:30 PM	Break with Exhibitors	
	ectures are one hour and are only offered once at the times listed below	
2:00 PM	Attorney Panel: Criminal Doctor Cases in Utah Part I (1 CME) Rodney Snow, JD; Aaron Lebenta, JD; Julia Kyte, JD; Suraj Achar, MD	
3:00 PM	Attorney Panel: Criminal Doctor Cases in Utah Part II (1 CME) Rodney Snow, JD; Aaron Lebenta, JD; Julia Kyte, JD; Suraj Achar, MD	
4:00 PM	CMO: Friend or FOE (1 CME) Kenneth Welch, MD	
	Skill Lab Options	
7:30 AM - 5:00 PM	#1 SKILL LAB OFFERED ALL DAY Controlled Substance: Education for the Prescriber presented by UMA Foundation (on computer-up to 3.5 CME).*	

Wednesday, May 18 (cont.)

Skill Labs are one-hour sessions per topic and are offered at 2:00, 3:00, and 4:00 PM

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All labs offered at: 2:00 PM 3:00 PM 4:00 PM	#2 SKILL LAB: AIDS 101 – PrEPared Providers: HIV Pre-exposure Prophylaxis (PrEP), Sexually Transmitted Infections, & Talking to Your Patient about Sexual Health Susan W. Keeshin, MD
1 CME Hour per session	#3 SKILL LAB: Warts Management or Stop Kissing Frogs Scott R. Checketts, MD
2:00 PM 3:00 PM 4:00 PM (No CME)	#4 SKILL LAB: Retirement Planning - Paying Taxes Today vs. Tomorrow UMA Financial Services

Thursday, May 19

7:00 AM	Registration & Breakfast Welcome & Announcements	
7:30 AM	What's New in My Specialty? Infectious Disease (.5 CME) Fawad Tanvir, MD	
8:00 AM	What's New in My Specialty? Medical Marijuana (.5 CME) Stewart E. Barlow, MD	
8:30 AM	What's New in My Specialty? Allergies: You Sneeze, You Lose (.5 CME) Douglas H. Jones, MD	
9:00 AM	What's New in My Specialty? Update of the Recent Utah State Legislative Session from the UMA Perspective (.5 CME) Paul N. Clayton, MD	
9:30 AM	Break with Exhibitors	
10:00 AM	Delay in Diagnosis: How We Get Into Trouble – Listen to BACH (1 CME) Suraj Achar, MD	
11:00 AM	Physician Wellbeing: Are Your Suffering More Than Makes Sense? (1 CME) Daniel O'Connell, PhD	
12:00 PM Lunch Lecture	Less Medicine, More Health (1.5 CME) H. Gilbert Welch, MD	
1:30 PM	Break with Exhibitors	

Thursday Afternoon Session Presented in Conjunction with the National Kidney Foundation of Utah & Idaho



	Lectures are one hour and are only offered once at the times listed below	
2:00 PM	Prescribing Laws II (1 CME) Suraj Achar, MD or Current Blood Pressure Targets: SPRINT Study Results (1 CME) Alfred K. Cheung, MD	
3:00 PM	Difficult Patient/Doctor Relationships (1 CME) Daniel O'Connell, PhD or Pregnancy and the Kidney (1 CME) Adhish K. Agarwal, MD	
4:00 PM	Anatomy of Medical Errors (1 CME) Suraj Achar, MD or The Evils of Uric Acid (1 CME) Harry O. Senekjian, MD	

Thursday, May 19 (cont.)

	Skill Lab Options
7:30 AM - 5:00 PM	#1 SKILL LAB OFFERED ALL DAY Controlled Substance: Education for the Prescriber presented by UMA Foundation (on computer-up to 3.5 CME).*
2 – 5 PM 3 CME Hours	#2 SKILL LAB: ACLS Re-Certification (maximum 20 participants, this is a 3 hour session) Sandra Rudh, MN, RN

Friday, May 20

7:00 AM	Registration & Breakfast Announcements	
7:30 AM	What's New in My Specialty? Thyroid Disease (.5 CME) James R. Grua, MD	
8:00 AM	What's New in My Specialty? Cornea: What's Coming Around the Curve (.5 CME) B. Travis Dastrup, MD	
8:30 AM	Annual Meeting Chair Marc Johnson, MD	
9:00 AM	What's New in My Specialty? Palliative & Hospice Care (.5 CME) Anna C. Beck, MD	
9:30 AM	Break with Exhibitors	
10:00 AM	Resident Presentation (1 CME) or Saying No to Narcotics (1 CME) Daniel O'Connell, PhD	
11:00 AM	Resident Presentation (1 CME) or Emerging Risks in EHR Documentation (1 CME) Emily J. Clegg, JD, MBA, CPHRM, Senior Risk and Patient Safety Consultant, UMIA	
12:00 PM Lunch Lecture	Ethics with the Challenger and Beyond (1.5 CME) Allan J. McDonald, Author UMA FS	
1:30 PM	Break with Exhibitors	
L	ectures are one hour and are only offered once at the times listed below	
2:00 PM	Volunteering & Risks (1 CME) Suraj Achar, MD	
3:00 PM	The More Efficient & Satisfying Visit (1 CME) Daniel O'Connell, PhD	
4:00 PM	Update on the Status of American Medicine (1 CME) Brent C. James, MD	
	Skill Lab Options	
7:30 AM - 5:00 PM	#1 SKILL LAB OFFERED ALL DAY Controlled Substance: Education for the Prescriber presented by UMA Foundation (on computer-up to 3.5 CME).*	
2 – 5 PM 3 CME Hours	#2 SKILL LAB: Neonatal Resuscitation Program (NRP) Re-Certification	
Skill La	abs are one-hour sessions per topic and are offered at 2:00, 3:00, and 4:00 PM	
All labs offered at: 2:00 PM 3:00 PM 4:00 PM	#3 SKILL LAB: Insulin Pump Management David K. Tensmeyer, MD & Julianne S. Steiner, MS, RD, CDE	
	#4 SKILL LAB: Chronic Pelvic Pain Kerin Cook, DPT	
1 CME Hour per session	#5 SKILL LAB: Hands-on Ophthalmology B. Travis Dastrup, MD	





MEDICAL MALPRACTICE • RISK MANAGEMENT • HEALTHCARE

Pitfalls of Medical Practice

Safety in medicine and current medical issues will be addressed in the upcoming 3.5 day Ogden Surgical-Medical Society (OSMS) conference with National, Regional, and Local Experts at our new venue at Weber State University. The 71st annual OSMS conference (which has rich history dating back to 1946) is unique in that it truly represents an effort to engage all medical practitioners. At the completion of this medical conference, attendees will be able to: 1. Identify safety in medicine concerning prescribing laws, criminal case examples, diagnosis delay, medical errors, EHR documentation, volunteering, and difficult patient behaviors; 2. Address current medical issues and through review or the integration of new or improved discoveries of current medical issues, improve competence and performance in clinical practice for patient care; 3. Identify recent changes in healthcare laws and policies and discuss how these impact the medical practitioner and medical practice; and 4. Enhance competence and performance skills of the interdisciplinary team to improve care of patients needing primary and/or specialty care and facilitate productive, collegial interaction between the total medical team including physicians, nurse practitioners, physician assistants, dentists, social workers, and first responders.

2016 BOARD MEMBERS

Albert Hartman, MD, President
Jason Hoagland, MD, President-Elect
Robert C. Moesinger, MD, Past President
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Heather Heileson, MD, Co-Chair
Frank Brown, MD, Treasurer
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ID YOU KNOW

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Val Johnson, MD, Historian/Trustee
Douglas K. Anderson, MD, Trustee
Rhonda Lehr, MD, Trustee
Chad M. Gonzales, MD, Member-at-Large
Harry O. Senekjian, MD, Member-at-Large
Robert Whipple, MD, Member-at-Large

1 in 3 American adults is at high risk for Kidney Disease (KD) • The risk of KD increases to 1 in 2 over a the course of a lifetime • 1 in 9 American adults has KD – and most don't know it • Diabetes and high blood pressure are the two leading causes of KD • Nearly 26 million Americans have diabet currently living with kidney failure caused by diabet high blood pressure. 20% don't know it • KD kills



of KD • Nearly 26 million Americans have diabetes • More than 224,000 people are currently living with kidney failure caused by diabetes • 73 million American adults have high blood pressure, 20% don't know it • KD kills over 90,000 Americans every year – more than breast and prostate cancers combined • Because KD often has no symptoms, it can go undetected until it is very advanced • Early detection and treatment can slow or prevent the progression of KD • Of the over 120,000 Americans on the waiting list for a lifesaving organ transplant, more than 96,000 need a kidney. Fewer than 17,000 people receive one each year • Every day 13 people die waiting for a kidney • Once the kidneys fail, dialysis or a kidney transplant is required • Over 415,000 Americans are on dialysis and approximately 180,000 live with a functioning kidney transplant • Annual medical payments for a patient with KD increase from \$15,000 in stage 3 to \$28,000 in stage 4 to more than \$70,000 in stage 5 • The average annual number of

physician visits for an individual with diagnosed KD is 10.28 – second only to cancer
• Almost 60 billion US health care dollars are spent annually to treat people with KD

REGISTRATION OPTIONS



You may register online at: www.ogdensurgical.com



or mail completed form and check to:
Ogden Surgical-Medical Society
P.O. Box 9311
Ogden, Utah 84409

FREE SOCIAL & OTHER EVENTS

Questions? Contact Teresa at 801-564-5585 or teresapuskedra@ogdensurgical.com

Tuesday, May 17	Tuesday Evening Pre-conference Registration, Social, & Dinner Spouses Free! CME Topics: Medicine & Marriage and 7 Domain 5:30 - 6:30 PM Social, 6:30 PM Dinner Weber State University Shepherd Union Building, 3rd Floor Sponsored by Ogden Clinic Tuesday Evening McKay-Dee Family Medicine Residency Alum 5:30 - 6:30 PM Weber State University Shepherd Union Building, 3rd Floor	ins of Women's Health OGDEN CLINIC
Wednesday, May 18	McKay-Dee Hospital Physician Family Night Buffet 6:00 - 8:00 PM George S. Eccles Dinosaur Park 1544 Park Blvd., Ogden Sponsored by McKay-Dee Hospital Center	Intermountain Healthcare Healing for life*
Thursday, May 19	Weber State University College of Science "First-Look" Tour 5:00 - 6:30 PM "First-Look" Tour of NEW Weber State University Science Building-Tracy Hall Science Center Meet at registration tables Weber State University College of Science Dinner with Snippets of Shakespeare Entertainment 6:30 - 8:30 PM Weber State University Shepherd Union Building, 3rd Floor Artistic Directors Jane Hartman & Holly Pivonka Reception 6:30-7:00 PM, Dinner 7:00 PM Entertainment: 7:00-8:30 PM Seating is limited. Reservations required. Sponsored by Weber State University College of S	WEBER STATE UNIVERSITY College of Science
Friday, May 20	Ogden Regional Medical Hogwarts Family Night Hartmans Hogwarts (with Live Actors) Hogwarts will be accepting students Friday, May 20, 2016, from 7:30-9:45 PM. Hogwarts is looking for students from the hospital employee families & Hill Air Force Base families. Please come dressed in your costume to confuse the thogwarts address is: 6101 Spring Canyon Road, Ogden Regional Medical Center	

ogdensurgical.com (801) 564-5585

Sponsored by Ogden Regional Medical Center





LAW • PRACTICE MANAGEMENT • SELECTED CLINICAL TOPICS

Getting there...

New Ogden Surgical-Medical Society Conference Location: Shepherd Union Building, 3rd Floor. Weber State University Address: 3848 Harrison Blvd., Ogden, Utah 84408

Free Parking for OSMS Conference at Weber State University-Parking Lot W8

Driving from South:

- 1. Drive north on Hwy. 89
- 2. Right turn Harrison Blvd
- 3. Right turn 3950 South
- 4. Right turn S. Dixon Drive
- 5. Left turn Playfield Way
- 6. Arrived-Parking Lot W8

Shepherd Union Building is straight north of Parking Lot W8. (Signage and Greeting WSU Ambassadors with golf carts will be at W8 Parking Lot for any location questions.)

Driving From North:

- 1. Drive south on Hwy I-15
- 2. Exit 344, 12th Street
- 3. Left turn 12th street
- 4. Right turn Harrison Blvd
- 5. Left turn 3950 South
- 6. Right turn S. Dixon Drive
- 7. Left turn Playfield Way
- 8. Arrived-Parking Lot W8

Free Shuttle Service

As you plan your OSMS 2016 conference schedule and prepare to travel, take a few moments to view the conference shuttle schedule, if you are not driving to the WSU conference parking lot.

Shuttle Service from Downtown Ogden Hotels to Weber State University Location for OSMS Conference: Continuous **Shuttle Service is provided every 30 minutes** between conference hotels and WSU Shepherd Union Building on the following schedule.

Shuttles are only provided for Downtown Ogden Hotels: Hilton Garden Inn, Marriott Courtyard, Hampton Inn, and Ben Lomond. If you booked at any other hotel, transportation is not provided.

Boarding Locations: Hilton Garden Inn Front Entrance, Marriott Courtyard Front Entrance, Hampton Inn Front Entrance, and Ben Lomond -Go to the 25th Street door for boarding. Tuesday, May 17 4:30 PM – 9:30 PM Continuous shuttle service between OSMS hotels and the OSMS Conference Location WSU Shepherd Union Building.

Wednesday, May 18 5:30 AM – 6:00 PM Continuous shuttle service between OSMS hotels and the OSMS Conference Location WSU Shepherd Union Building.

Thursday, May 19 6:00 AM – 9:30 PM Continuous shuttle service between OSMS hotels and the OSMS Conference Location WSU Shepherd Union Building. (Later shuttle time includes service for attendees that want to attend the WSU First Look Tour and/or WSU sponsored dinner.)

Friday, May 20 6:00 AM – 6:30 PM Continuous shuttle service between OSMS hotels and the OSMS Conference Location WSU Shepherd Union Building.

REGISTRATION FORM

REGISTRATION INFORMATION

Registration includes:

Membership in the Ogden Surgical-Medical Society Up to 27 Continuing Medical Education Credits DVD-Syllabus and Conference Materials Breakfast - Lunch - Breaks Free Evening Social and Dinner Events

SPECIAL NEEDS

Name

included in their registration fee.

The Ogden Surgical-Medical Society and the Weber State University fully comply with the legal requirements of the American Disabilities Act and the rules and regulations thereof. If any participant is in need of accommodations, please call Teresa Puskedra at (801) 564-5585.

Year Graduated from Medical School or other Medicine Program _

FOR MORE INFORMATION

Web Page: www.ogdensurgical.com Executive Director: Teresa Puskedra, (801) 564-5585 teresapuskedra@ogdensurgical.com

HOTEL ACCOMMODATIONS

Hampton Inn & Suites (800) 426-7866 or (801) 394-9400 2401 Washington Blvd. Ogden, Utah 84401 Free parking for hotel guests When making reservations, use

Group Code: SMS

To make reservations on-line, go to link: www.ogdensuites.hamptoninn.com After entering the dates of your stay, Click on the link "add special rate codes"

Special Dietary Needs	
Address	
CitySta	ate Zip
Phone	
Email Address	
Check All That Apply	
\$325 Doctorate Level Provider	
(MD, DO, DPM, PHD, DDS, DMD)	Registration Options
\$300 Doctorate Level First-Time Ever	Registration options
(MD, DO, DPM, PHD, DDS, DMD)	You may register online at:
\$250 Nurse Practitioner & Physician Assistant	www.ogdensurgical.com
\$200 Retired Doctorate Level Provider, Nurse Practioner & Physician Assistant	or mail completed form and check to:
\$125 Nurse, Social Worker, & EMS Professional	Ogden Surgical-Medical Society P.O. Box 9311
All full-time military healthcare professionals receive a \$25 discount.	Ogden, Utah 84409
All registration fees paid after April 15, 2016, will have an added \$50 late fee.	
By paying registration fees, you become a member of the Ogden Surgical-Medical Society. Membership includes: Registration; CME Certificate; DVD Syllabus; Breakfast, Lunch, and Breaks; and all Social & Dinner Activities during the conference.	Questions? Contact Teresa at 801-564-5585 or teresapuskedra@ogdensurgical.com
Activities during the conference.	I would not like to be included in mailings
I am the guest of an existing member	from Ogden Surgical-Medical Society
If you are a guest , please select your additional options:	affiliated organizations.
Breakfast (\$20.00) xdays.	
Lunch (\$30.00) xdays.	The Ogden Surgical Society is a non-profit organization with 501(c)(3) status and all
Conference attendees breakfast, lunches and breaks are	donations are tax-deductible to the extent

allowed by law.

REGISTRATION FORM (cont.)

WEDNESDAY, MAY 18, 2016
7:30 AM-5:00 PM SKILLS LAB OFFERED ALL DAY Controlled Substance: Education for the Prescriber presented by UMA Foundation (on computer-up to 3.5 CME).* 2:00 PM SKILLS LAB AIDS 101 Plus - Susan W. Keeshin, MD Warts Management or Stop Kissing Frogs - Scott R. Checketts, MD Retirement Planning - Paying Taxes Today vs. Tomorrow - UMA Financial Services (No CME) 3:00 PM SKILLS LAB AIDS 101 Plus - Susan W. Keeshin, MD Warts Management or Stop Kissing Frogs - Scott R. Checketts, MD Retirement Planning - Paying Taxes Today vs. Tomorrow - UMA Financial Services (No CME) 4:00 PM SKILLS LAB AIDS 101 Plus - Susan W. Keeshin, MD Warts Management or Stop Kissing Frogs - Scott R. Checketts, MD Retirement Planning - Paying Taxes Today vs. Tomorrow - UMA Financial Services (No CME)
THURSDAY, MAY 19, 2016
7:30 AM-5:00 PM SKILLS LAB OFFERED ALL DAY Controlled Substance: Education for the Prescriber presented by UMA Foundation (on computer-up to 3.5 CME).* 2:00-5:00 PM SKILLS LAB ACLS Re-Certification Class - Sandra Rudh, MN, RN
FRIDAY, MAY 20, 2016
7:30 AM-5:00 PM SKILLS LAB OFFERED ALL DAY Controlled Substance: Education for the Prescriber presented by UMA Foundation (on computer-up to 3.5 CME).* 2:00 PM SKILLS LAB Insulin Pump Management - David K. Tensmeyer, MD & Julianne S. Steiner, MS, RD, CDE Chronic Pelvic Pain - Kerin Cook, DPT Hands-on Ophthalmology - B. Travis Dastrup, MD 3:00 PM SKILLS LAB Insulin Pump Management - David K. Tensmeyer, MD & Julianne S. Steiner, MS, RD, CDE Chronic Pelvic Pain - Kerin Cook, DPT Hands-on Ophthalmology - B. Travis Dastrup, MD 4:00 PM SKILLS LAB Insulin Pump Management - David K. Tensmeyer, MD & Julianne S. Steiner, MS, RD, CDE Chronic Pelvic Pain - Kerin Cook, DPT Hands-on Ophthalmology - B. Travis Dastrup, MD 2:00-5:00 PM SKILLS LAB Neonatal Resuscitation Program (NRP) Re-Certification - Kristyn Steedley, MN, RN
FREE SOCIAL & OTHER EVENTS
TUESDAY, MAY 17, 2016
AttendingTuesday Evening Pre-conference Registration, Social, & Dinner, 5:30 PM Sponsored by Ogden Clinic # AttendingMcKay-Dee Family Medicine Residency Alumni Reunion, 5:30 PM WEDNESDAY, MAY 18, 2016
AttendingMcKay-Dee Hospital Physician Family Night Buffet, 6:00 PM
Sponsored by McKay-Dee Hospital THURSDAY, MAY 19, 2016
AttendingWeber State University College of Science First-Look Tour, starting 5:00 PM
Sponsored by Weber State University College of Science # AttendingWeber State University College of Science Dinner with Snippets of Shakespeare Entertainment, 6:30 PM Sponsored by Weber State University College of Science
FRIDAY, MAY 20, 2016
AttendingOgden Regional Medical Center Hartman's Hogwarts Family Night, 7:30 - 9:45 PM Sponsored by Ogden Regional Medical Center