

Medical Care for Collegiate Club Athletes

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PGY-3

Disclosure

I, Justin Coles, have no financial or other conflicts of interest or affiliation concerning material discussed in this presentation

The Next Step



NCA NDA

COLLEGIATE

CHEER AND DANCE

CHAMPIONSHIP

NATIONAL
CHEERLEADERS
ASSOCIATION

THE WORK IS WORTH IT.

NDA

THE WORK IS WORTH IT.

VARSITY TV





WEBER STATE

SPORT CLUBS



- Baseball
- Cycling
- Rodeo
- Tennis
- Bowling
- Esports
- Running
- Triathlon
- Cheer
- Hockey
- Snowboard
- Weightlifting
- Climbing
- Men's Rugby
- Swim
- Women's Rugby
- Curling
- Men's Soccer
- Table Tennis
- Women's Lacrosse
- Pickleball
- Wrestling Club





No official NCAA sponsorship



Often lack notoriety



Can lead to lack of access to optimal medical care

- We were approached by the club sports department to provide better medical care to these athletes

The Angle

Weber State club sport athletes lack individualized medical care and would utilize a medical clinic if it were made available to them.

- Ascertain desire for catered medical care
- Assess in evidence based manner
- Establish concurrent free test clinic



Survey

- Cross-sectional
- 400 club sport athletes
- Sent in March of 2022
- Assess:
 - Demographics
 - Club team
 - Injuries
 - Current medical destination
- Poor response rate 8.5%

How many academic years have you been with your club sport team?

What is your age in years? Change the slider above to set a response [reset](#)

What gender do you identify with?

<input type="button" value="Female"/>	<input type="button" value="Male"/>
<input type="button" value="Trans-male"/>	<input type="button" value="Trans-female"/>
<input type="button" value="Non-binary"/>	<input type="button" value="Other"/>

[reset](#)

Which club sport do you participate in currently?

<input type="button" value="Baseball"/>	<input type="button" value="Cycling"/>
<input type="button" value="Hockey"/>	<input type="button" value="Lacrosse"/>
<input type="button" value="Rodeo"/>	<input type="button" value="Rugby - Men's"/>
<input type="button" value="Rugby - Women's"/>	<input type="button" value="Snowboard"/>
	<input type="button" value="Soccer"/>
<input type="button" value="Swim"/>	<input type="button" value="Table Tennis"/>
<input type="button" value="Tennis"/>	<input type="button" value="Weight lifting"/>
<input type="button" value="Pickleball"/>	<input type="button" value="Running"/>
<input type="button" value="Triathlon"/>	<input type="button" value="Curling"/>
<input type="button" value="Bowling"/>	

[reset](#)

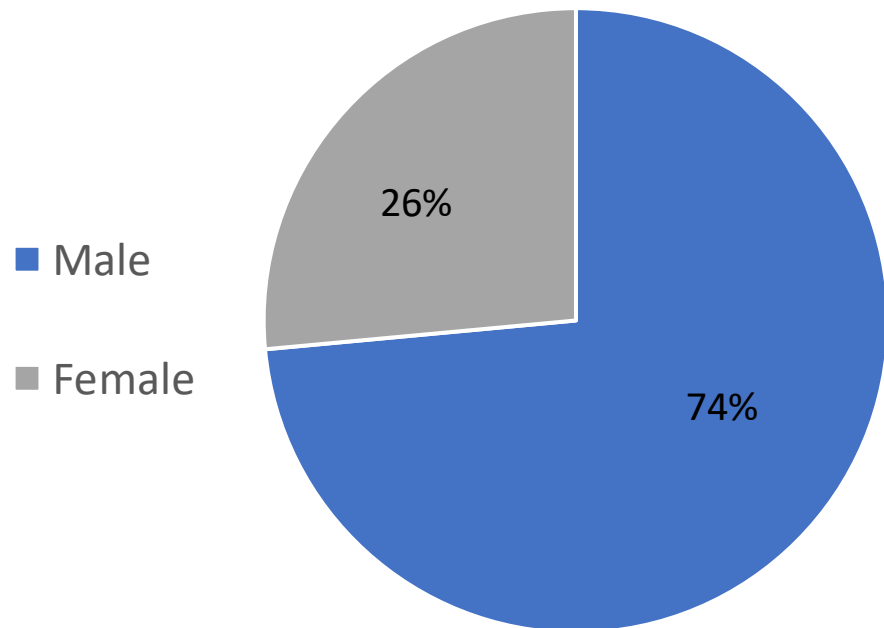
Have you needed medical care for a significant condition since your association with Weber State club sports? (Any condition that has caused you to miss games or practices)

<input type="button" value="Yes"/>	<input type="button" value="No"/>
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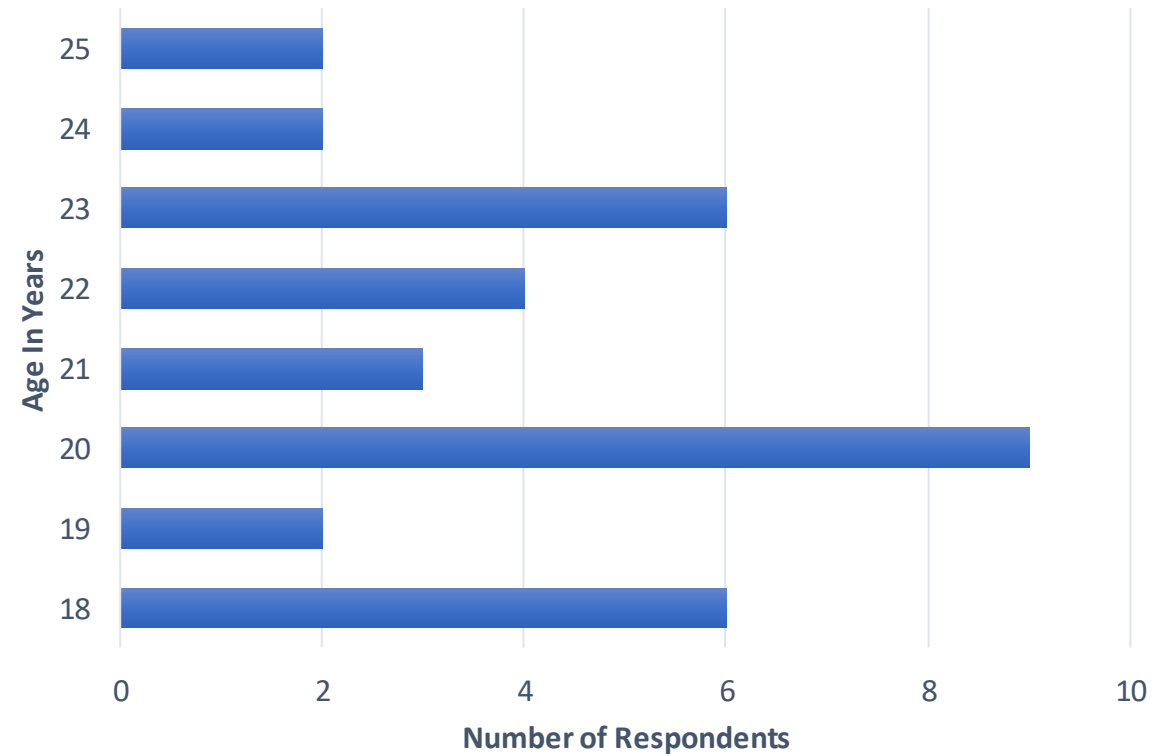
[reset](#)

Who are you?

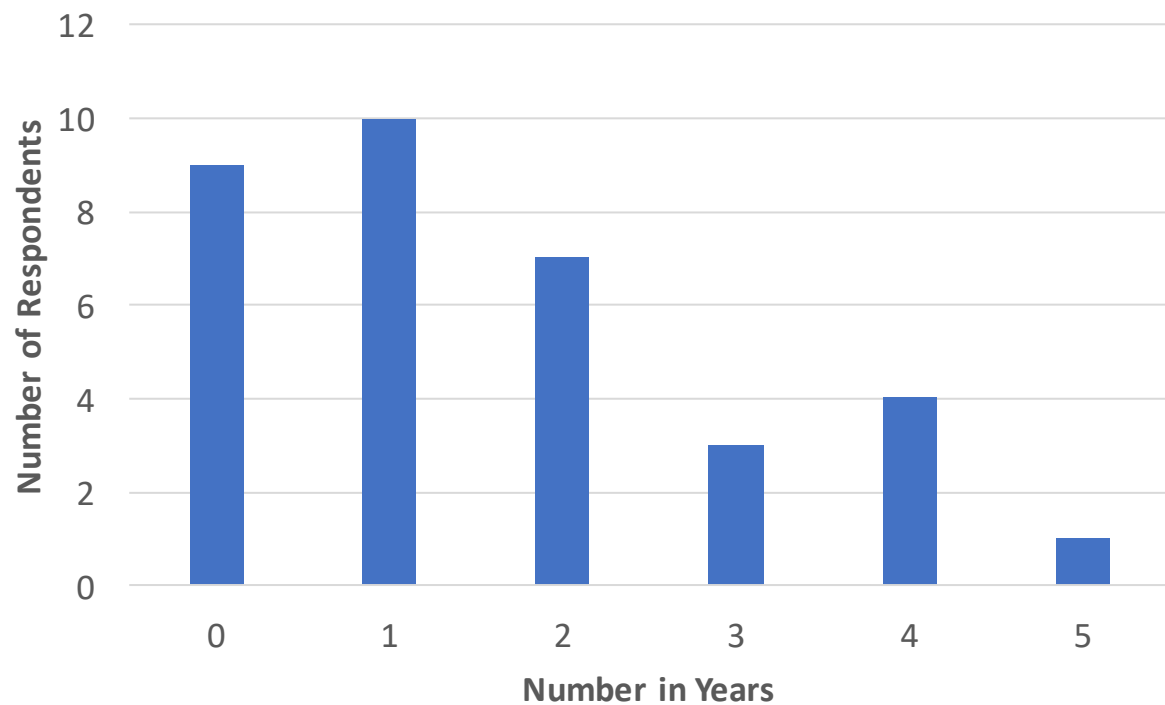
What gender do you identify with?



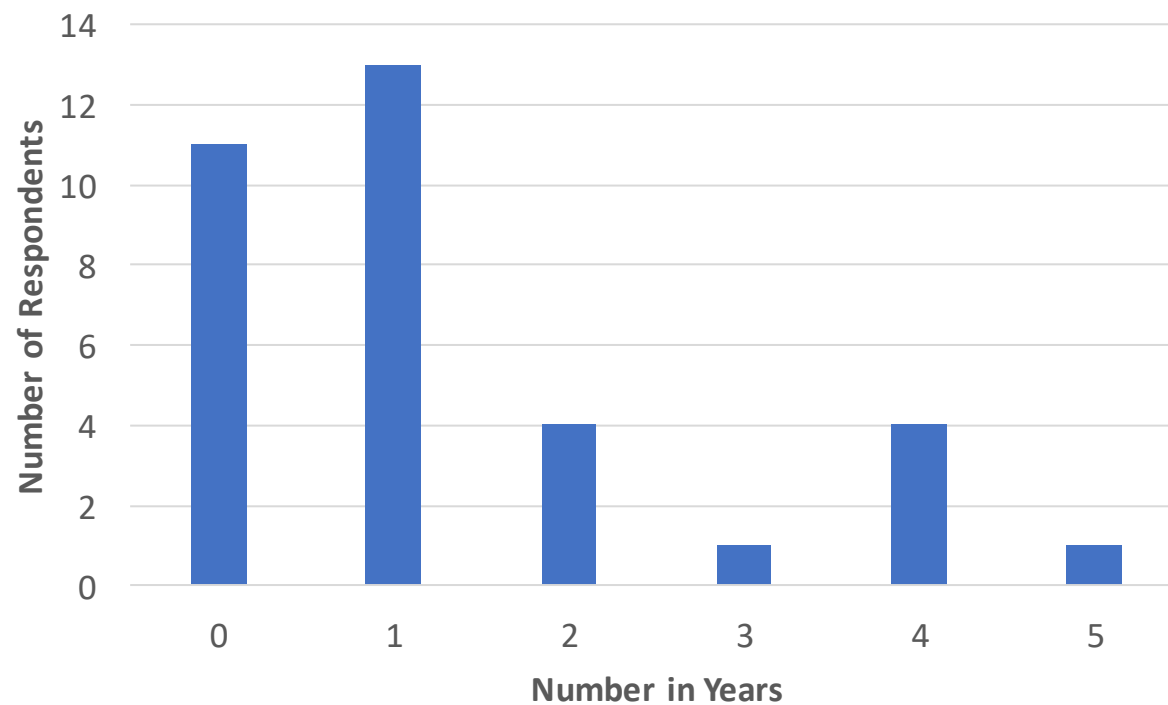
What is your age in years?



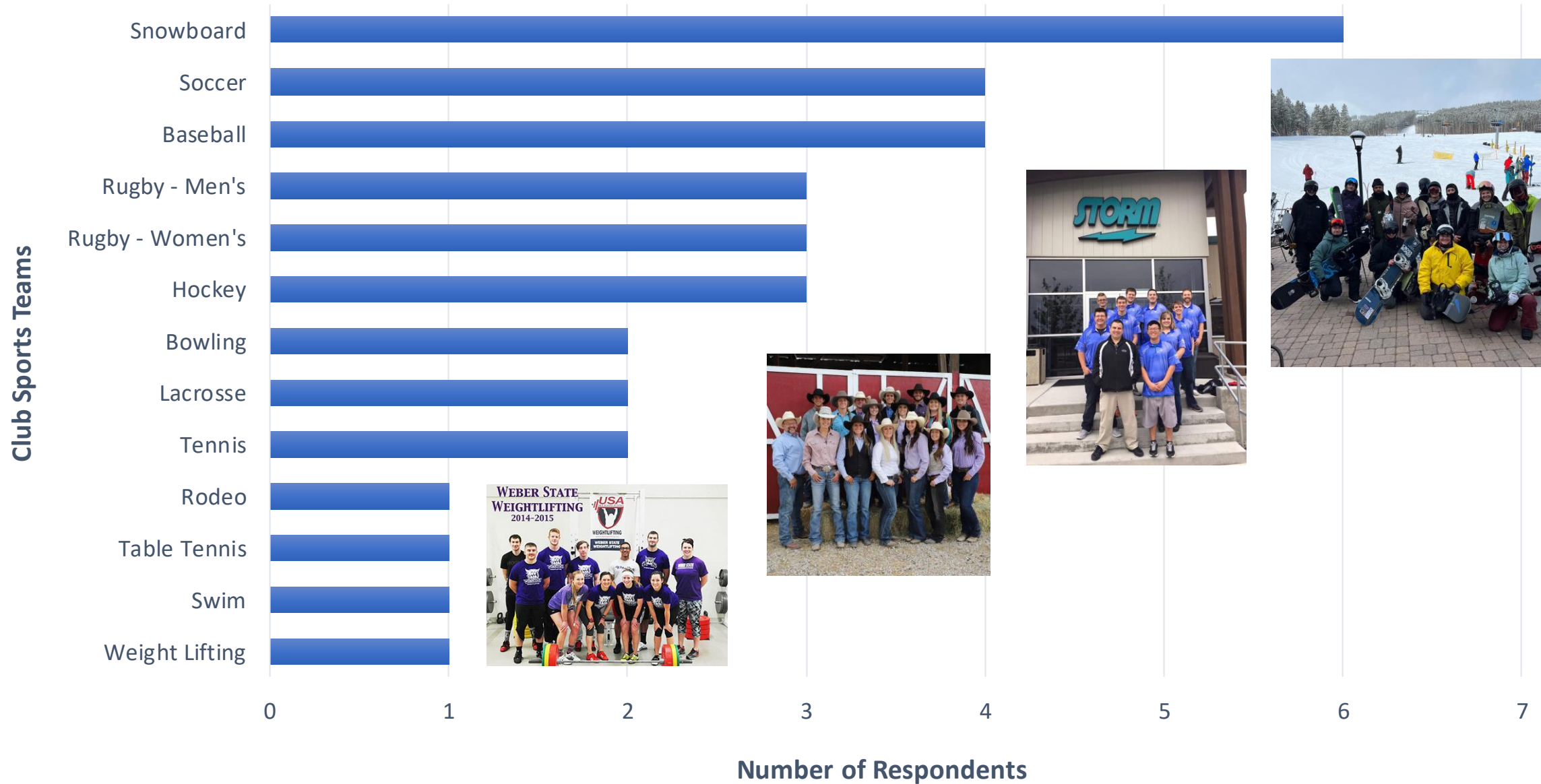
How many complete academic years have you been a student at Weber State University?



How many academic years have you been with your club sport team?

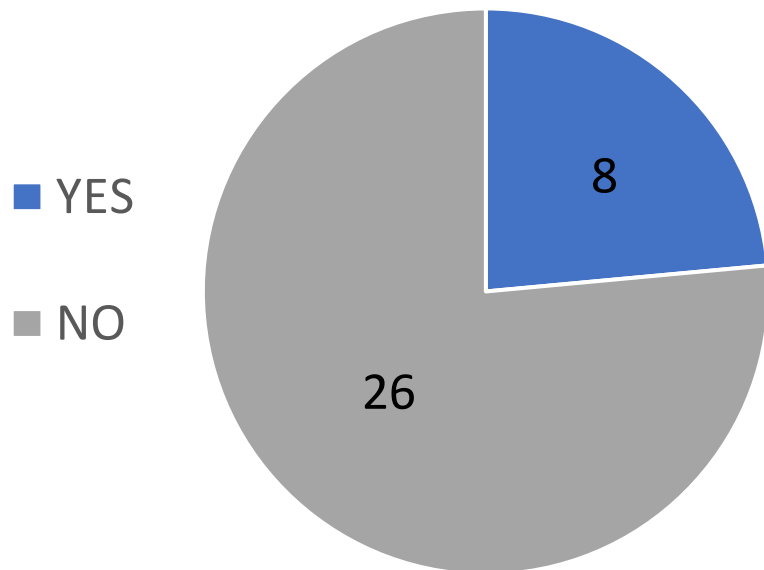


Which club sport do you participate in currently?

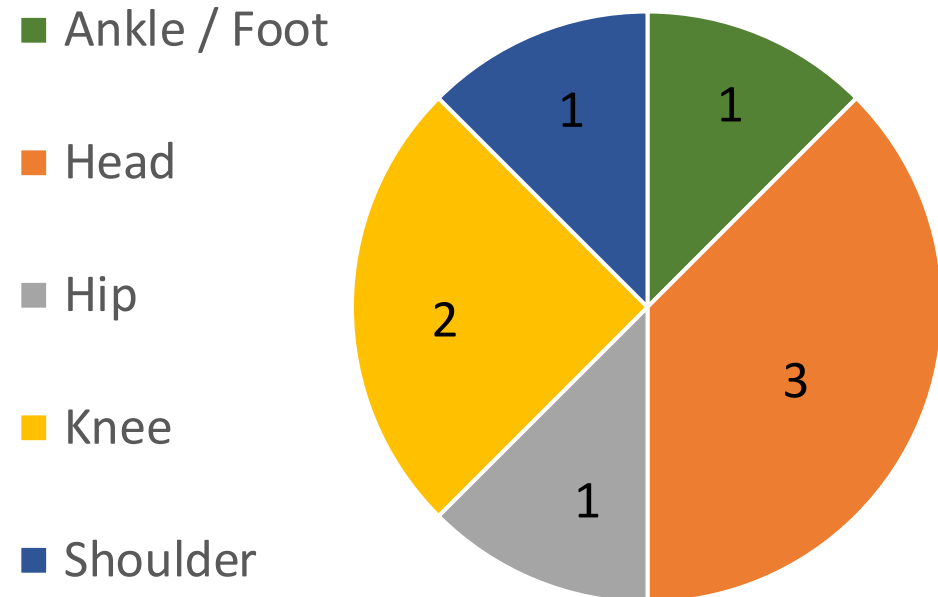


Injury Distribution

Have you needed medical care for a significant condition since your association with Weber State club sports?

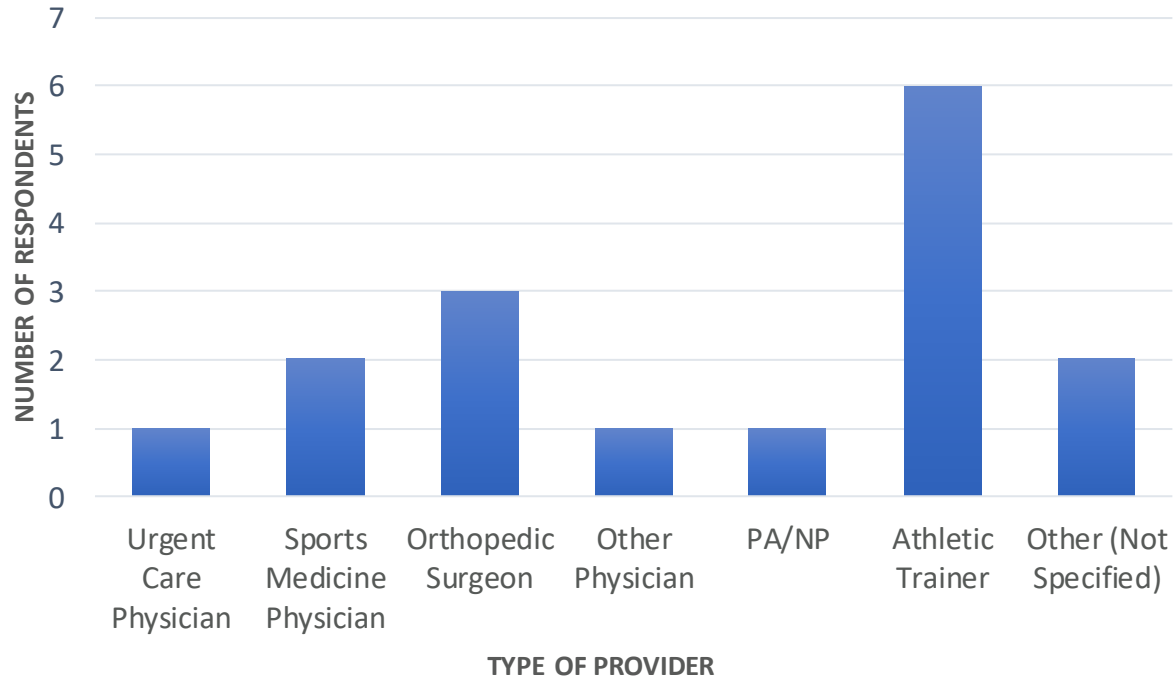


What part of your body was affected by the injury?

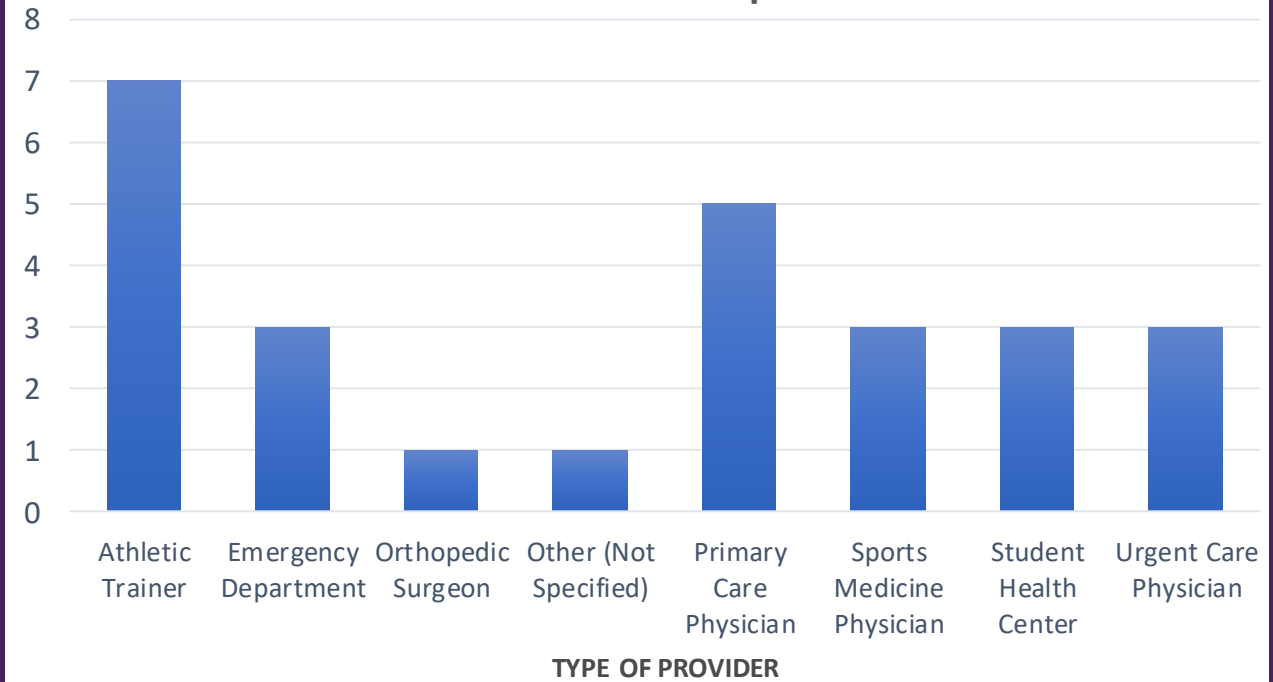


Seeking Medical Care

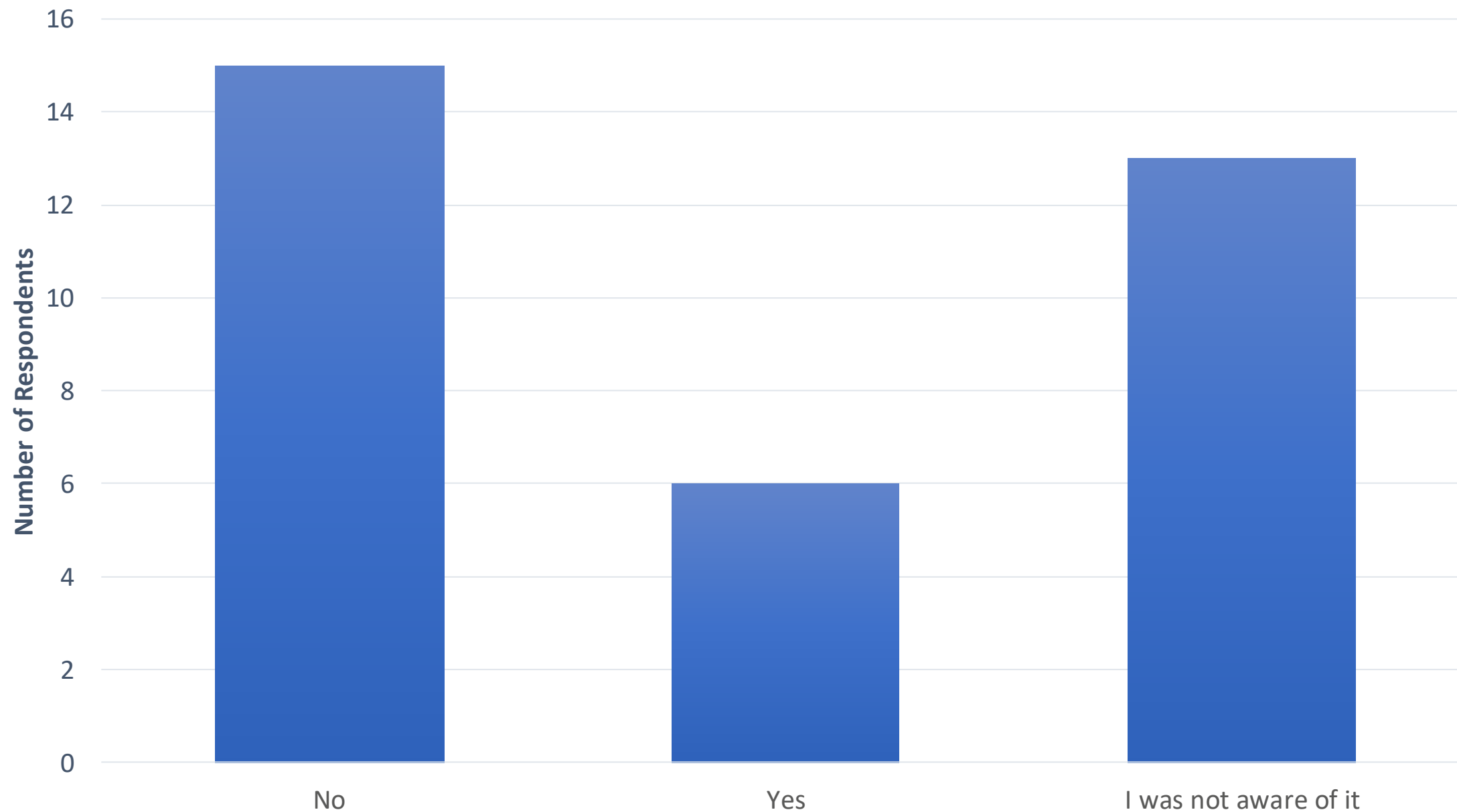
Who did you see for your medical care?



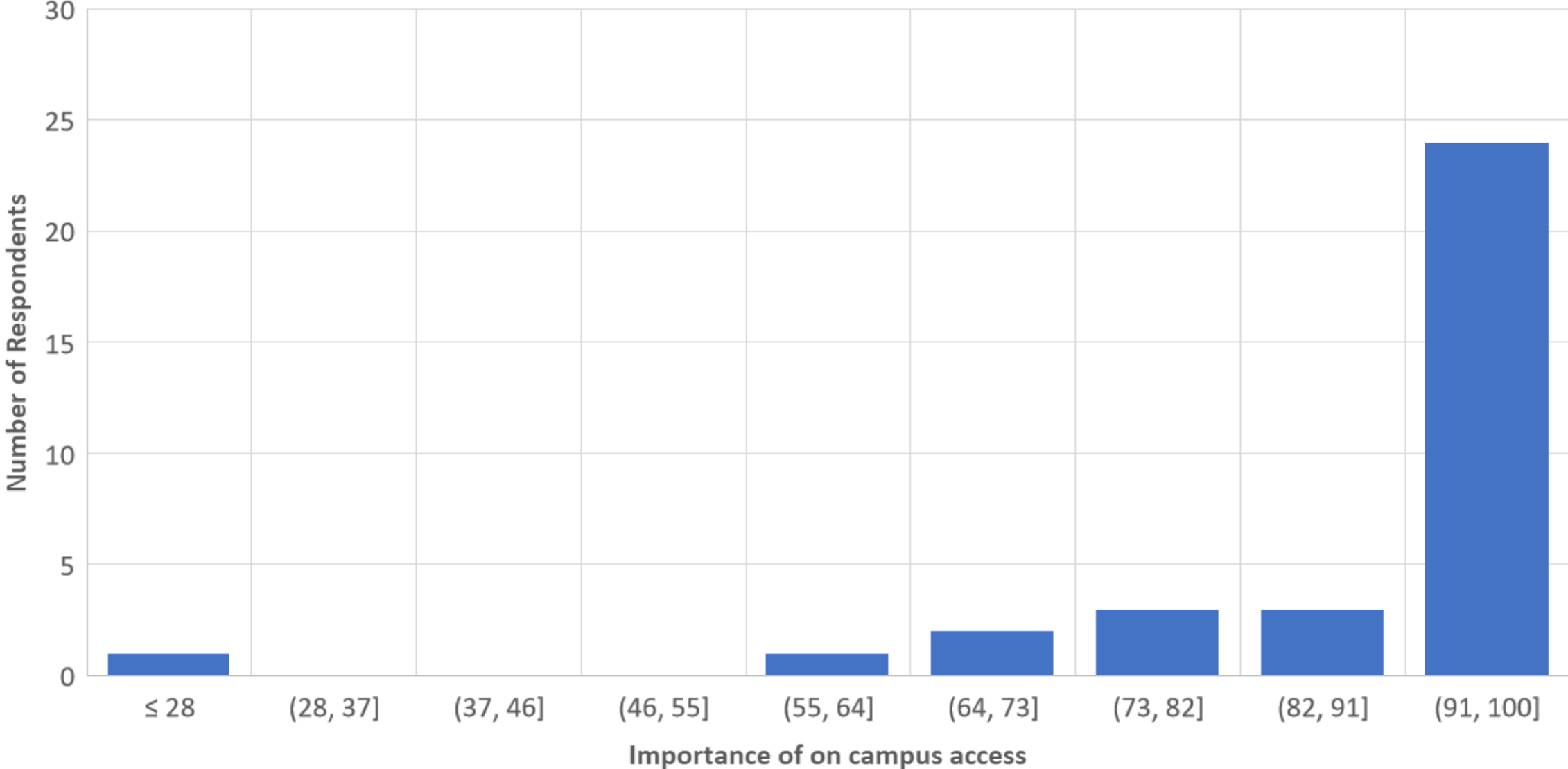
If you were to become injured where would you go first for medical help?



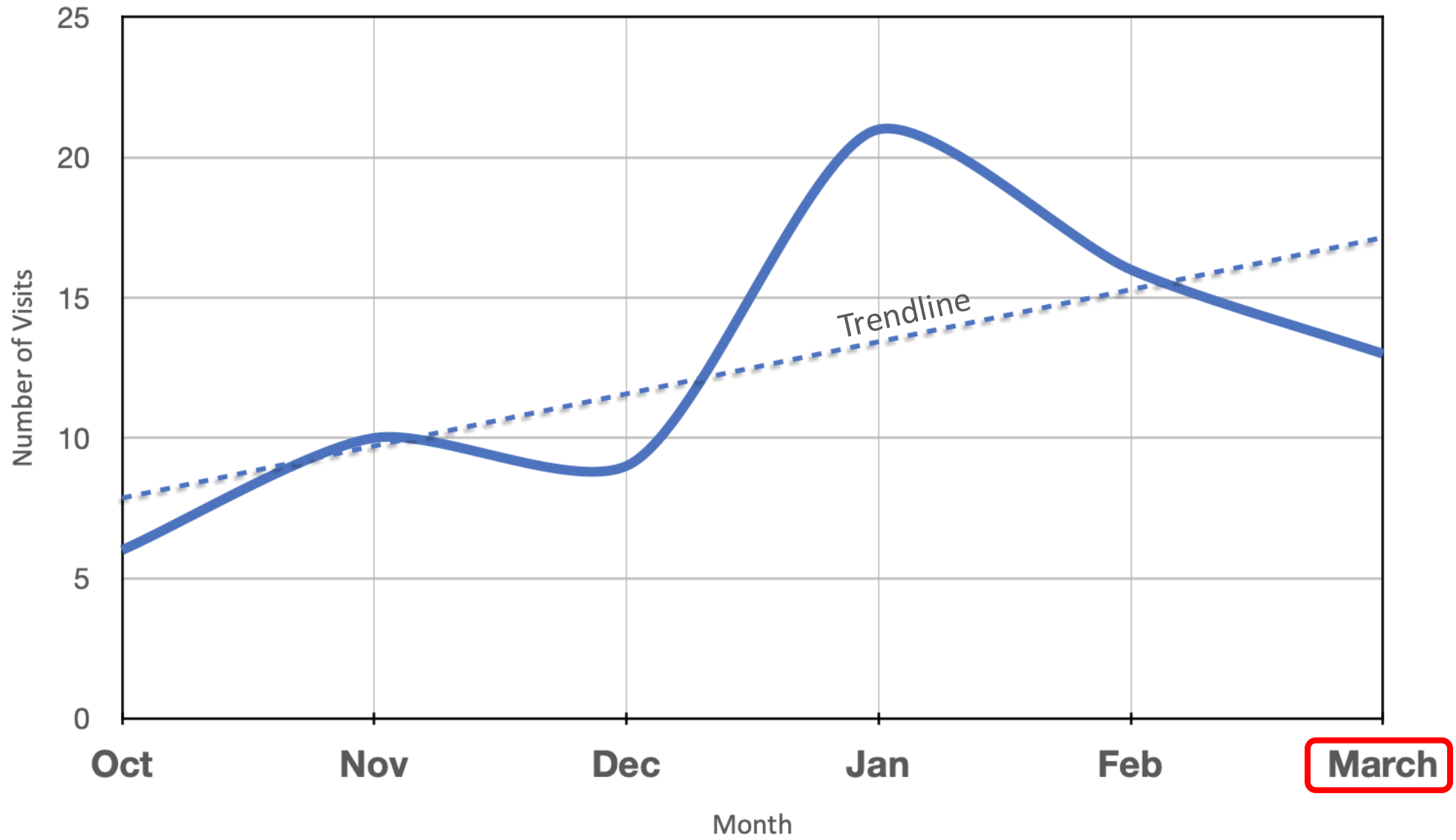
Have you used the on-campus clinic for club sport athletes?



How important is having medical care access on campus at Weber State?



Patient Visits Per Month



Take Home Points

- Almost as many club athletes as NCAA sponsored athletes
- Injuries still occur in this cohort
- Many of these athletes seek varying types of medical care
- A strong desire for on campus medical care exists
- We have been able to address this desire with the test clinic
 - Reinforced by increasing attendance
- Continued data collecting will be beneficial
 - Already in process

Acknowledgments

- Clark Madsen, MD, MS
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