



77th Annual CME Conference
Clark Madsen, MD, MS, Presiding

Conference FOR THE Curious Clinician

in Primary & Specialty

May 17, 18, 19, & 20, 2022



Accreditation

The Ogden Surgical-Medical Society designates this live activity for a maximum of 28.50 AMA PRA Category 1 Credit(s)[™].

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing education to physicians.

American Academy of Family Physician Accreditation application and awarded credits pending.

ACGME Competencies: This course is designed to meet the following Accreditation Council of Graduate Medical Education

Competencies: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism, and System-Based Practice.



National Kidney Foundation™
of Utah and Idaho



Program Description

The 3.5-day Ogden Surgical-Medical Society (OSMS) conference will present national, regional, and local experts on primary care, sports medicine, and current medical issues. The OSMS conference will supply needed continuing medical education (CME) while focusing on topics that hopefully reignite the curiosity of clinicians. At the completion of the medical conference, attendees will have a better idea of how to treat, manage, and educate their patients.

Board Members 2022

Clark Madsen, MD, MS, President
 Scott Moore, DO, President Elect
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 Heather Heilesen, MD, Co-Chair
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 Frank H. Brown, MD, Member-at-Large
 Albert Hartman, MD, Member-at-Large
 Michael S. Webb, MD, Member-at-Large
 Kurt E. Rifleman, MD, Member-at-Large
 Harry O. Senekjian, MD, Member-at-Large
 Robert Whipple, MD, Member-at-Large

DID YOU KNOW?

1 in 3 American adults is at high risk for kidney disease (KD) • The risk of KD increases to **1 in 2** over the course of a lifetime • **1 in 7** American adults has KD, and most don't know it • **Diabetes and high blood pressure** are the two leading causes of KD • Nearly **34 million** Americans have diabetes • More than **247,000** people are currently living with kidney failure caused by diabetes • **116 million** American adults have high blood pressure, and 20% don't know it • KD kills over 100,000 Americans every year—more than breast and prostate cancers combined • Because KD often has **no symptoms**, it can go undetected until it is very advanced • **Early detection** and treatment can slow or prevent the progression of KD • Of the over **113,000** Americans on the waiting list for a lifesaving organ transplant, more than **99,800** need a kidney. Fewer than **17,000** people receive one each year • Every day, over **13 people die** waiting for a kidney • Once the kidneys fail, dialysis or a kidney transplant is **required** • Over **558,000** Americans are on dialysis and approximately **193,000** live with a functioning kidney transplant • Annual medical payments for a patient with KD increase from **\$16,000** in stage 3 to **\$30,000** in stage 4 to more than **\$72,000** in stage 5 • The average annual number of physician visits for an individual with diagnosed KD is 10.28—second only to cancer • Almost **114 billion** US health care dollars are spent annually to treat people with KD • Kidney Disease affects 37 million adults in the US and costs Medicare over \$130 billion annually

National Kidney Foundation™
of Utah and Idaho

Tuesday, May 17

6:30 PM	Keynote Lecture - The Art of Perception: Seeing What Matters with Patients and Staff I (1 AMA PRA Category 1 Credit(s)TM) <i>Amy Herman, JD, MA</i>
7:30 PM	The Art of Perception: Seeing What Matters with Patients and Staff II (1 CME) <i>Amy Herman, JD, MA</i>

Wednesday, May 18

7:00 AM	Welcome and Announcements
7:30 AM	What's New in My Specialty? Joint Replacement - Factors Affecting Outcomes (.50 CME) <i>Brent Baranko, MD</i>
8:00 AM	What's New in My Specialty? Colon & Rectal Surgery (.50 CME) <i>Scott Baker, MD</i>
8:30 AM	What's New in My Specialty? Dermatological Manifestations of Systemic Disease (.50 CME) <i>Adam Taintor, MD</i>
9:00 AM	What's New in My Specialty? Pain Management (.50 CME) <i>Kirsten Baca, MD</i>
9:30 - 10:00 AM	Break with Exhibitors
10:00 AM	Long-Hauler COVID-19 Update (1 CME) <i>Candice Smith, MD</i>
11:00 AM	No Sweat: The Surprisingly Easy Way to Motivate Patients to Exercise (1 CME) <i>Michelle Segar, PhD, MPH, MS</i>
12:00 - 12:30 PM	Lunch
12:30 PM	THE DR. EZEKIEL R. AND EDNA WATTIS DUMKE FOUNDATION PLENARY SPEAKER <i>The Joy Choice: How to Finally Achieve Lasting Changes in Healthy Eating and Exercise</i> (1.50 CME) <i>Michelle Segar, PhD, MPH, MS</i>
2:00 - 2:30 PM	Break with Exhibitors
	Lectures are 1 hour and only offered at the times listed below
2:30 PM	Utah Public Health (1 CME) <i>Leisha Nolen, MD, PhD</i>
3:30 PM	Ogden Civic Action Network (1 CME) <i>Brenda Marsteller Kowalewski, PhD</i>
4:30 PM	Women in Medicine Group Discussion (1 CME) <i>Megan Ramsey, MD - Moderator</i>



Wednesday: Skill Lab Options

2:30 PM	Skill Lab #1 - Poster Contest Presentation (1 CME) <i>Residents and Pre-Med Students</i>
3:30 PM	Skill Lab #1 - Update of the Recent Utah State Legislative Session from the UMA Perspective (1 CME) <i>Noel Nye, DO</i>
4:30 PM	Skill Lab #1 - Best Practices for Gender Affirming Care (1 CME) <i>Ariel Lee Malan, MHA</i>
Skill Lab offered at 2:30, 3:30, & 4:30 PM (1 CME per session)	Skill Lab #2 - Navigating the Crossroads of Diagnostic Error and Telemedicine <i>Karen Everitt, JD, BSN, Vice President, MICA Risk Management Services</i>

Thursday, May 19

7:00 AM	Welcome and Announcements
7:30 AM	What's New in My Specialty? Neurology - Multiple Sclerosis Update for Primary Care (.50 CME) <i>Chris Hammond, DO</i>
8:00 AM	What's New in My Specialty? Perioperative Opioid Stewardship (.50 CME) <i>Lyen Huang, MD</i>
8:30 AM	What's New in My Specialty? What's New in Vascular Anomalies? (.50 CME) <i>Bryan A. Sisk, MD</i>
9:00 AM	What's New in My Specialty? Sports Medicine (.50 CME) <i>Anthony Beutler, MD</i>
9:30 - 10:00 AM	Break with Exhibitors
10:00 AM	Goals and Strategies for Having Difficult Conversations: Views from a Communication Researcher and Pediatric Oncologist (1 CME) <i>Bryan A. Sisk, MD</i>
11:00 AM	The Ancient History and Future of the Human Microbiome (1 CME) <i>Rob Dunn, PhD</i>
12:00 - 12:30 PM	Lunch
12:30 PM	Keynote Lunch Speaker <i>The Man Who Touched His Own Heart and Never Home Alone: How Physicians Think About Ecology in Medicine</i> (1.5 CME) <i>Rob Dunn, PhD</i>
2:00 - 2:30 PM	Break with Exhibitors
	Thursday afternoon session presented in conjunction with the National Kidney Foundation of Utah and Idaho
	 Lectures are 1 hour and are only offered once at the times listed below
2:30 PM	SGLT2i, GLP-1A and MRA in Cardiorenal Protection (1 CME) <i>Moniqué Cho, MD</i>
3:30 PM	Systemic Effects of Air Pollution Including the Kidney (1 CME) <i>Robert Paine, MD</i>
4:30 PM	Nephrotoxicity of Common Drugs (1 CME) <i>Bruce Horowitz, MD</i>
Thursday: Skill Lab Options	
skill labs offered at 2:30, 3:30, & 4:30 PM (1 CME per session)	Skill Lab #1: Joint Injections <i>Brett Martindale, MD</i>
2:30 - 4:30 pm (2 CME)	Skills Lab #2 - Medical Cannabis in Utah: Utah Law and Key Aspects of Physiology, Pathology, and Pharmacology <i>Richard Oborn, MPA, and Marc E. Babitz, MD</i>
Recertification 8:00 AM-12:00 PM & 12:30 PM-4:30 PM (4 CME per session)	Skill Lab #3 - ACLS Advanced Cardiovascular Life Support Recertification - Limited to 6 attendees per 4 hour session. Education Department Providers must complete an online course for ACLS before attending this Skills Session at the OSMS Conference. This ensures that the provider will come ready for the hands-on portion and that they have access to CME provided by the American Heart Association. It is up to the provider to purchase access to this course with detailed instruction. Providers who do not complete the online course before attending will not be able to attend the skills training and receive their recertification. ACLS HeartCode Courses may be purchased from onlineaha.org and select Advanced Cardiovascular Life Support (ACLS) for \$151/ OSMS Faculty Physician: <i>Dr. William (Bill) Robertson</i>

Friday, May 20

7:00 AM	Welcome and Announcements
7:30 AM	What's New in My Specialty? Rheumatology (.50 CME) <i>Gregory Austad, MD</i>
8:00 AM	What's New in My Specialty? Utah Artificial Hand I (.50 CME) <i>Gregory Clark, PhD</i>
8:30 AM	What's New in My Specialty? Utah Artificial Hand II (.50 CME) <i>Gregory Clark, PhD</i>
9:00 AM	What's New in My Specialty? Neurology (.50 CME) <i>Michael Karsy, MD, PhD</i>
9:30–10:00 AM	Break with Exhibitors
10:00 AM	Resident Lectures - (1 CME)
11:00 AM	Resident Lectures - (1 CME)
12:00 PM	Lunch
12:30 PM	Keynote Lunch Speaker - Mindfulness in Medicine: Practices for Recognizing, Recovering & Rebuilding (1.5 CME) <i>David Sandweiss, MD & Trinh Tuyet Mai, LCSW</i>
2:00 - 2:30 PM	Break with Exhibitors
	Lectures are 1 hour and are only offered once at the times listed below
2:30 PM	Hill Air Force Base Mental Health Care - Serving our Service Families (1 CME) <i>HAFB Team-Col. Lance M. Nussbaum & Col. Tracie L. Swingle</i>
3:30 PM	Lecture - 2023 Preview (.50 CME) <i>M. Scott Moore, DO, DipIBLM, MLS(ASCP)^{cm}</i>
4:00 PM	Lecture - Curious Physician Case (1 CME) <i>Clark Madsen, MD, MS</i>



Friday: Skill Lab Options

skill labs offered at 2:30, 3:30, & 4:30 PM (1 CME per session)	Skill Lab #1: Supporting Patients with Mindfulness-Based Strategies - <i>David Sandweiss, MD & Trinh Tuyet Mai, LCSW</i>
Recertification 8:00 AM-12:00 PM & 12:30 PM-4:30 PM (4 CME)	Skill Lab #2: NRP - NRP (4 CME) Karen Williams, RN, BSN, MN, CANNP
2:30–6:45 PM (4 CME)	Skill Lab #3 - Pain Management & Opioids: Balancing Risks and Benefits 4.00 Hours of CME which will fulfill the requirements of UCA (Utah Code Annotated) 58-37-6.5 continuing education for controlled substances prescribers. Robin Ockey, MD, Jonathan Benfield, DO, Joshua Minori, DO, and Mathew Romankowski, MD



REGISTRATION FORM (continued)

Wednesday, May 18, 2022

2:30 PM Skill Lab

- Poster Contest Presentation - Residents and Pre-Med Students
- Navigating the Crossroads of Diagnostic Error and Telemedicine - Karen Everitt, JD, BSN

3:30 PM Skill Lab

- Update of the Recent Utah State Legislative Session from the UMA Perspective - Noel Nye, DO
- Navigating the Crossroads of Diagnostic Error and Telemedicine - Karen Everitt, JD, BSN

4:30 PM Skill Lab

- Best Practice for Gender Affirming Care - Ariel Lee Malan, MHA
- Navigating the Crossroads of Diagnostic Error and Telemedicine - Karen Everitt, JD, BSN

Thursday, May 19, 2022

8 AM - 12:00 PM Skill Lab

- ACLS - Dr. (Bill) Robertson

12:30 - 4:30 PM Skill Lab

- ACLS - Dr. (Bill) Robertson

2:30 PM Skill Lab

- Joint Injections - Brett Martindale, MD

2:30 - 4:30 PM Skill Lab

- Medical Cannabis in Utah - Richard Oborn, MPA and Marc E. Babitz, MD

3:30 PM Skill Lab

- Joint Injections - Brett Martindale, MD

4:30 PM Skill Lab

- Joint Injections - Brett Martindale, MD

Friday, May 20, 2022

8 AM - 12:00 PM Skill Lab

- NRP - Karen Y. Williams, RN, BSN, MN, CNNP

12:30 - 4:30 PM Skill Lab

- NRP - Karen Y. Williams, RN, BSN, MN, CNNP

2:30 - 3:30 PM Skill Lab

- Supporting Patients with Mindfulness-Based Strategies - David Sandweiss, MD and Trinh Tuyet Mai, LCSW

2:30 - 6:45 PM Skill Lab

- Pain Management & Opioids: Balancing Risks and Benefits - Robin Ockey, MD, Jonathan Benfield, DO, Joshua Minori, DO, and Mathew Romankowski, MD

3:30 PM Skill Lab

- Supporting Patients with Mindfulness-Based Strategies - David Sandweiss, MD and Trinh Tuyet Mai, LCSW

4:30 PM Skill Lab

- Supporting Patients with Mindfulness-Based Strategies - David Sandweiss, MD and Trinh Tuyet Mai, LCSW

Free Socials & Other Events

Tuesday, May 17, 2022

- # Attending ____ Tuesday Evening Pre-conference Registration (4:30 PM), Social (5:30 PM), & Dinner, with CME (6:30 PM)

Wednesday, May 18, 2022

- # Attending ____ McKay-Dee Hospital Physician Family Night, 6:00 PM

Thursday, May 19, 2022

- # Attending ____ Pre-Med & Health Professional Tour 2022, 5:30 PM

- # Attending ____ Ogden Regional Medical Center Reception Dinner with Entertainment, 6:00 PM

Friday, May 20, 2022

- # Attending ____ Davis Hospital and Medical Center-A Steward Family Hospital and Tanner Clinic Family Night at SeaQuest, 6:45 PM

Registration Options

You may register online at
www.ogdensurgical.com

or mail completed form and check to
 Ogden Surgical-Medical Society
 P.O. Box 9311
 Ogden, Utah 84409

Free Socials & Other Events

Questions? Contact Teresa at 801-546-5585 or
teresapuskedra@ogdensurgical.com

<p>Tuesday, May 17</p>	<p>Tuesday Evening Pre-Conference Registration, Social, and Dinner with CME—Spouses Free! Pre-registration starts at 4:30 PM Social 5:30–6:30 PM Dinner with CME 6:30–8:30 PM Weber State University Shepherd Union Building, 3rd- floor 3910 West Campus Drive, Ogden Utah 84408 <i>Sponsored by Davis Hospital and Medical Center - A Steward Family Hospital</i></p> <div style="text-align: right;">  <p>Davis Hospital and Medical Center <small>A STEWARD FAMILY HOSPITAL</small></p> </div>
<p>Wednesday, May 18</p>	<p>Information Coming Soon!</p> <div style="text-align: right;">  <p>Intermountain McKay-Dee Hospital</p> </div>
<p>Thursday, May 19</p>	<p>Weber State University State-of-the-Art Facility Tour 5:30–6:00 PM Pre-Med + Health Professions Tour "Cutting Edge Collaboration" Tour the state-of-the-art labs and life-like learning environment where the next generation of physicians and health professionals are preparing for practice. Meet at registration tables.</p> <div style="text-align: right;">  <p>WEBER STATE UNIVERSITY <small>Dumke College of Health Professions</small> WEBER STATE UNIVERSITY <small>College of Science</small></p> </div> <p>Ogden Regional Medical Center Reception Dinner 6:00–6:30 PM reception 6:30 PM dinner 6:30–8:00 PM entertainment Honoring Clark Madsen, MD, MS OSMS 2022 President Weber State University Shepherd Union Building, 3rd Floor 3910 West Campus Drive, Ogden, Utah 84408 Entertainment: Code Blue Revival—a Utah band that is, and has been, reviving classic rock and roll since 1981. Their unique style of tight harmony lines, supported by superb musicianship, brings a balance to music not heard since the '60s and '70s. Come sing along, dance, and have fun! Seating is limited; reservations required. <i>Sponsored by Ogden Regional Medical Center</i></p> <div style="text-align: right;">  <p>MOUNTAINSTAR Ogden Regional Medical Center</p> </div>
<p>Friday, May 20</p>	<p>Davis Hospital and Medical Center - A Steward Family Hospital and Tanner Clinic Family Night 6:45–9:00 PM SeaQuest Interactive Aquarium Layton Hills Mall 1201 N. Hill Field Rd., Layton, UT 84041 Limited attendance; immediate family only; reservations required. <i>Sponsored by Davis Hospital and Medical Center - A Steward Family Hospital and Tanner Clinic</i></p> <div style="text-align: right;">  <p>Davis Hospital and Medical Center <small>A STEWARD FAMILY HOSPITAL</small></p>  <p>TANNER CLINIC</p> </div>

Getting There



New Venue 2022

Ogden Surgical-Medical Society conference location:
Weber State University, Shepherd Union Building, 3rd Floor



Weber State University
3848 Harrison Boulevard
Ogden, Utah
84408

Driving Directions

Driving from south of Ogden:

1. Drive north on Highway 89
2. Right turn Harrison Boulevard
3. Right turn 3950 South
4. Right turn South Dixon Drive
5. Left turn Playfield Way
6. Arrived — park in lots W8, A9.

Driving from north of Ogden:

1. Drive south on Highway I-15
2. Exit 344, 12th Street
3. Left turn 12th Street
4. Right turn Harrison Boulevard
5. Left turn 3950 South
6. Right turn South Dixon Drive
7. Left turn Playfield Way
8. Arrived — park in lots W8, A9.

Parking

Free parking for OSMS conference at WSU: Parking Lots W8 and A9. A parking attendant with a golf cart will be at W8 for transportation. The WSU Shepherd Union Building is straight north of Parking Lot W8.

Free Shuttle Service

As you plan your OSMS 2022 conference schedule and prepare to travel, take a few moments to view the conference shuttle schedule (if you are not driving to the WSU conference parking lot).

Shuttle service from downtown Ogden Hotels to WSU location for OSMS conference: continuous shuttle service is provided **every 30 minutes** between conference hotels and WSU Shepherd Union Building on the following schedule.

Shuttles are provided only for downtown Ogden hotels:

- Hilton Garden Inn
- Marriott Courtyard
- Hampton Inn
- Bigelow Hotel and Residences

If you booked at any other hotel, transportation is not provided.

Boarding locations

Hilton Garden Inn: front entrance
Marriott Courtyard: front entrance

Hampton Inn: front entrance
Bigelow Hotel and Residences: go to the 25th Street door for boarding

Tuesday, May 17 4:30 PM–9:30 PM

Continuous shuttle service between OSMS hotels and the OSMS conference location: WSU Shepherd Union Building.

Wednesday, May 18 6:00 AM–6:00 PM

Continuous shuttle service between OSMS hotels and the OSMS conference location: WSU Shepherd Union Building.

Thursday, May 19 6:00 AM–9:30 PM

Continuous shuttle service between OSMS hotels and the OSMS conference location: WSU Shepherd Union Building.

(Later shuttle time includes service for attendees who want to attend the WSU tour and/or Ogden Regional Medical Center Reception Dinner.)

Friday, May 20 6:00 AM–7:00 PM

Continuous shuttle service between OSMS hotels and the OSMS conference location: WSU Shepherd Union Building.

REGISTRATION FORM

Registration Information

By registering for the conference, you receive:

- ✓ Membership in Ogden Surgical-Medical Society
- ✓ Up to 28.50 CME credits
- ✓ Conference materials
- ✓ Breakfasts, lunches, and breaks
- ✓ Free evening socials and dinner events

Special Needs

The Ogden Surgical-Medical Society and Weber State University fully comply with legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant needs accommodations, call Teresa at 801-564-5585.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Medical school graduation year _____

Check all that apply:

- Already paid
- \$450 **Doctorate Level Provider**
(MD, DO, PhD, DPM, DDS, DMD, DNP)
- \$425 **Doctorate Level attending first time ever**
(MD, DO, PhD, DPM, DDS, DMD, DNP)
- \$375 **Nurse Practitioner & Physician Assistant**
- \$300 **Retired Doctorate Level Provider, Nurse Practitioner, & Physician Assistant**
- \$250 **Nurse, Social Worker, & EMS Professional**
All full-time military health care professionals receive a \$25 discount.

Dietary Restrictions

- Vegetarian
- Vegan
- Gluten-Free
- Food Allergy
- Other
- None

Hotel Accommodations

Hampton Inn & Suites:
800-426-7866 or 801-394-9400

2401 Washington Boulevard
Ogden, Utah 8440

When making reservations, use group code:
CHHOS2

For More Information

Go to www.ogdensurgical.com

Contact Teresa Puskedra, OSMS Executive Director, at 801-564-5585 or email teresapuskedra@ogdensurgical.com

Registration Options

You may register online at www.ogdensurgical.com or mail completed form and check to **Ogden Surgical-Medical Society P.O. Box 9311 Ogden, Utah 84409**

Questions? Contact Teresa at 801-564-5585 or teresapuskedra@ogdensurgical.com

- I would not like to be included in mailings from Ogden Surgical-Medical Society-affiliated organizations.

The 2022 OSMS conference will not include Social Worker CEUs, or Nursing CEs, or Nurse Practitioner with Pharmacology contact hours.

The Ogden Surgical-Medical Society is a non-profit organization with 501(c)(3) status and all donations are tax-deductible to the extent allowed by law.

Be sure to fill out both sides of this form

