



76th Annual CME Conference
Petronella Adomako, MD, Presiding

Infectious Disease

in Primary & Specialty Care 2021

October 6, 7, & 8, 2021



Accreditation

The Ogden Surgical-Medical Society designates this live activity for a maximum of *21.50 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing education to physicians. American Academy of Family Physician Accreditation application and awarded credits pending.

“Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 3 ABIM MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.”

ACGME Competencies: This course is designed to meet the following Accreditation Council of Graduate Medical Education Competencies: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism, and System-Based Practice.

Infectious Disease 2021

The 2.5-day Ogden Surgical-Medical Society (OSMS) conference will present national, regional, and local experts on infectious disease, primary care, and current medical issues. The OSMS conference will supply needed continuing medical education (CME) while focusing on topics in infectious disease such as antimicrobial stewardship, public health responses to infectious disease in the past and present, and recent and past cases of infectious disease. At the completion of the medical conference, attendees will have a better idea of how to treat, manage, and educate their patients by:

- Addressing what's new in specialty medicine** (and when to refer) concerning innovations in diabetes; testosterone treatment; infectious disease (ID) pediatrics; pediatric and adult immunizations; psychiatric medical clearance; cardiology; oncology; ID dermatology; hepatitis; and diabetic foot care;
- Identifying current medical issues** (and when to refer) concerning infectious disease cases; antimicrobial stewardship trends; infectious disease in public health; recent and past history of infectious diseases; COVID-19 testing; neuropsychological assessment; PrEP; scribes; Utah medical marijuana (Utah law and physiology, pathology, and pharmacology of the endocannabinoid system); and DOPL-approved opioid prescribing;
- Experiencing hands-on performance skill labs** concerning osteopathic manipulations for musculoskeletal neck and back pain; and epistaxis;
- Improving competence and performance in clinical practice for patient care** by addressing the mentioned current medical issues and through review or integration of new or improved discoveries of current medical issues;
- Identifying recent changes in health care laws and policies** and discussing how they impact the medical practice and practitioner;
- Enhancing competence and performance skills of the interdisciplinary team** to improve care of patients needing primary and/or specialty care. The intent is to facilitate productive, collegial action between the medical team, including physicians, physician assistants, nurses, nurse practitioners, social workers, and first responders.

2021 Board Members

Petronella Adomako, MD, President
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DID YOU KNOW?

1 in 3 American adults is at high risk for kidney disease (KD) • The risk of KD increases to **1 in 2** over the course of a lifetime • **1 in 7** American adults has KD, and most don't know it • **Diabetes and high blood pressure** are the two leading causes of KD • Nearly **30.3 million**

Americans have diabetes • More than **247,000** people are currently living with kidney failure caused by diabetes • **77.9 million** American adults have high blood pressure, and 20% don't know it • KD kills over **91,000** Americans every year—more than breast and prostate cancers combined • Because KD often has **no symptoms**, it can go undetected until it is very advanced • **Early detection** and treatment can slow or prevent the progression of KD • Of the over **121,678** Americans on the waiting list for a lifesaving organ transplant, more than **100,791** need a kidney. Fewer than **17,000** people receive one each year • Every day, over **13 people die** waiting for a kidney • Once the kidneys fail, dialysis or a kidney transplant is **required** • Over **468,000** Americans are on dialysis and approximately **193,000** live with a functioning kidney transplant • Annual medical payments for a patient with KD increase from **\$15,000** in stage 3 to **\$28,000** in stage 4 to more than **\$70,000** in stage 5 • The average annual number of physician visits for an individual with diagnosed KD is 10.28—second only to cancer • Almost **60 billion** us health care dollars are spent annually to treat people with KD



National Kidney Foundation™
of Utah and Idaho



Getting There



New Venue 2021

Ogden Surgical-Medical Society conference location:



Ogden Eccles Conference Center
2415 Washington Blvd., Ogden, UT
84401

Free parking for OSMS conference

Driving from south of Ogden:

1. Driving north on Highway I-15, take Exit 341, the 30th Street Exit.
2. Turn right onto 31st Street.
3. Turn left onto Wall Avenue.
4. Turn right onto 24th Street.
5. Turn left onto Grant Avenue.
6. On your right is the parking garage at 2300 Grant Avenue, Ogden, UT 84401-1408. Park in the southeast corner of the parking lot.
7. Cross 24th Street and enter the north or west doors of the Ogden Eccles Conference Center. The conference is on the 2nd floor for the full-day conference (Thursday through Friday, October 7-8, 2021), and the 1st floor for Wednesday evening, October 6, 2021. Go to the far east side of the respective floor for registration.

Driving from north of Ogden:

1. Driving south on Highway I-15, take Exit 343, the UT-104/21st Street Exit.
2. Turn immediately left onto W 2100 S/ UT-104. Continue to follow UT-104.
3. UT-104 becomes 21st Street.
4. Turn right onto Grant Avenue.
5. On your left, after the 22nd and 23rd stoplights, is the parking garage at 2300 Grant Avenue, Ogden, UT 84401-1408. Park in the southeast corner of the parking lot.
6. Cross 24th Street and enter the north or west doors of the Ogden Eccles Conference Center. The conference is on the 2nd floor for the full-day conference (Thursday through Friday, October 7-8, 2021), and the 1st floor for Wednesday evening, October 6, 2021. Go to the far east side of the respective floor for registration.

WHAT IS CUSTOM FIT?

The Custom Fit training program is an employer training service provided by Ogden-Weber Technical College (OTech) and Davis-Morgan Technical College (DTech). Custom Fit **funds may be available to medical professionals** of for-profit companies located in Weber and Davis counties, based on availability of funds. These funds assist with a portion of the training costs such as CME at the OSMS conference. OTech and DTech receive state funding to help **subsidize training costs** that may be used to help **pay or reimburse** the cost of the CME conference for you. Custom Fit Training: • Increases your **productivity** • Helps your company **grow** • Gives you and your company a **competitive edge**

How can Custom Fit benefit you and your organization? • **Funding:** Up to 40% of the Ogden Surgical-Medical Society (OSMS) fee may be subsidized. • **Flexibility:** Training courses such as the 2021 OSMS conference at the Ogden Eccles Conference Center are designed to meet the needs of you and your organization. • **Accessible:** Requesting funding is easy. It can be done quickly with one of our Custom Fit managers. **All funding requests must be approved prior to the start of the OSMS conference.** • **Customer service:** You will be assigned to a Custom Fit manager that will work with you. For Weber County, call 801-612-4178 or email custom.fit@otech.edu, or for Davis County, call 801-593-2318 or email jean.fowler@davistech.edu.



REGISTRATION FORM

Registration Information

Registration includes:

- ✓ Membership in Ogden Surgical-Medical Society
- ✓ Up to 21.50 CME credits at OSMS in-person conference
- ✓ Up to 15.25 CME credits at OSMS online 2020-2023
- ✓ Up to 10.50 CME credits at OSMS online 2021- 2024
(Go to ogdensurgical.com for OSMS online information)
- ✓ Conference materials
- ✓ Breakfasts, lunches, and breaks
- ✓ Free evening socials and dinner events

Special Needs

The Ogden Surgical-Medical Society and Ogden Eccles Conference Center fully comply with legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant needs accommodations, call Teresa at 801-564-5585.

Hotel Accommodations

Hampton Inn & Suites: 800-426-7866 or 801-394-9400
2401 Washington Blvd., Ogden, UT 84401
When making reservations, use **Group Code: sms**

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email address _____

Medical school graduation year _____

Check All That Apply

- Already paid
- \$400 Doctorate-Level Provider
(MD, DO, PhD, DPM, DDS, DMD, DNP)
- \$375 Doctorate-Level attending first time ever
(MD, DO, PhD, DPM, DDS, DMD, DNP)
- \$325 Nurse Practitioner & Physician Assistant
- \$275 Retired Doctorate-Level Provider, Nurse Practitioner, & Physician Assistant
- \$200 Nurse, Social Worker, & EMS Professional

All full-time military health care professionals receive a \$25 discount.

By paying registration fees, you become a member of the Ogden Surgical-Medical Society. Membership for one year includes in-person conference registration for October 6-8, 2021, in-person and online CME, CME certificates, breakfasts, lunches, breaks, and social/dinner activities during the in-person conference.

- Check here to be a VIP judge at the poster presentations

Conference attendees: breakfasts, lunches, and breaks are included in the registration fee.

- I am the guest of an existing member
If you are a **guest**, please select additional options:
 - Breakfast (\$20) x _____ days
 - Lunch (\$30) x _____ days

In Person, Streamed, and Recorded

For the safety of our conference attendees, we are providing three ways to attend the main ballroom lectures and earn CME:

1. **Join us in person at the Ogden Eccles Conference Center.** The social distancing norms and safety protocols related to COVID-19 will be according to the Weber-Morgan Health Department mandates at that time. Or, if you prefer,
2. **Join us virtually for the event, streamed live from the conference center.** The main ballroom lectures will be available for viewing from home or wherever you are in the world, or
3. **Download the recorded lectures, podcasts, and videos for CME at your convenience and enjoy them on your own time.** We will notify you as soon as they become available.

For More Information

Go to www.ogdensurgical.com
Contact Teresa Puskedra, OSMS Executive Director, at 801-564-5585; or email teresapuskedra@ogdensurgical.com

Registration Options

You may register online at **www.ogdensurgical.com** or mail completed form and check to **Ogden Surgical-Medical Society P.O. Box 9311 Ogden, Utah 84409**

Questions? Contact Teresa at 801-564-5585 or teresapuskedra@ogdensurgical.com

- I would not like to be included in mailings from Ogden Surgical-Medical Society-affiliated organizations.

The 2021 OSMS conference will not include Social Worker CEUs, or Nursing CEs, or Nurse Practitioner with Pharmacology contact hours.

The Ogden Surgical-Medical Society is a non-profit organization with 501(c)(3) status and all donations are tax-deductible to the extent allowed by law.

Be sure to fill out both sides of this form



REGISTRATION FORM (continued)

COVID-19 Information

For the safety of our conference attendees, the OSMS conference held at the David Eccles Conference Center will be compliant with the Utah Governor's COVID-19 Task Force and the Weber-Morgan Health Department Policy Standards at that time.

Can't Attend Live Conference?

You can stream the live conference of main ballroom lectures for at-home viewing and CME. Most of the in-person conference sessions will be recorded for OSMS 2021 Online CME.

Thursday, October 7, 2021

2:30 PM Skill Lab

- Scribes—*Michael Nielsen, MD*
- Epistaxis—*Douglas K. Anderson, MD*

2:30–4:30 PM Skill Lab

- Utah Medical Marijuana: Utah Law and Physiology, Pathology, and Pharmacology of the Endocannabinoid System—*Robert Oborn and Corey Anden, MD*

3:30 PM Skill Lab

- Scribes—*Michael Nielsen, MD*
- Epistaxis—*Douglas K. Anderson, MD*

4:30 PM Skill Lab

- Scribes—*Michael Nielsen, MD*
- Epistaxis—*Douglas K. Anderson, MD*

Friday, October 8, 2021

2:30 PM Skill Lab

- Osteopathic Manipulations for Musculoskeletal Neck and Back Pain—*Chris Edwards, DO*

3:30 PM Skill Lab

- Osteopathic Manipulations for Musculoskeletal Neck and Back Pain—*Chris Edwards, DO*

4:30 PM Skill Lab

- Osteopathic Manipulations for Musculoskeletal Neck and Back Pain—*Chris Edwards, DO*

2:30–6:45 PM Skill Lab Opioid Prescribing

- Pain Management and Opioids: Balancing Risks and Benefits—*Robin Ockey, MD, Jonathan Benfield, DO, Joshua Minori, DO, and Mathew Romankowski, MD*

Add More CME With our Online Activities

Our OSMS 2020 and 2021 online CME videos and podcasts are included with this in-person CME conference price. We are offering both years online and in-person for one cost. This in-person conference is 2.5 days, but the amount of CME with the online CME is much more than the usual OSMS 3.5 day annual in-person conference. Please visit ogdensurgical.com for more information or call Teresa Puskedra at 801-564-5545.

Free Socials & Other Events

Tuesday, October 5, 2021

- # Attending ____ Information coming soon!

Wednesday, October 6, 2021

- # Attending ____ Pre-Conference Registration, Social, & Dinner, 5:30 PM

Thursday, October 7, 2021

- # Attending ____ Ogden Regional Medical Center Reception Dinner, 6:00 PM

Friday, October 8, 2021

- # Attending ____ Davis Hospital and Medical Center-A Steward Family Hospital and Tanner Clinic Family Night at SeaQuest, 6:45 PM

Be sure to fill out both sides of this form



Download Our Conference App



Access the Conference from Your Smartphone!

- ✓ Report your CME credits
- ✓ View full conference agenda
- ✓ Access speakers' PowerPoint slides
- ✓ Complete gamification challenges
- ✓ Personalize your conference experience



Scan the QR code to get started

How to Download the App

(If you scanned the QR code, skip to step 3.)

1. Open the Apple App Store or Google Play Store
2. Search **EventMobi**
3. Download the app
4. Open the app and enter the following code: **osm**

How to Report Your CME

Follow these steps at the end of each day:

1. Log in to the app
2. Tap the menu icon in the upper-left corner
3. Scroll to **CME Surveys**
4. Tap the correct session date; follow the prompts

Be sure to answer all questions at the bottom of the event schedule. CME credit will not be given if surveys are not complete.

Need Help With the App?

We will have dedicated help-desk staff at the registration table, ready and waiting to answer your questions. They can help you get started or even enter your CME hours for you, if you wish.

Your Chance to Win a GoPro:

Complete Challenges in the App

During the breaks, you can earn points for checking out our exhibitors' tables.

Gamification lets you complete challenges in the app, receive points for each completed challenge, and climb the leaderboard for a chance to win a GoPro. Here is how to participate:

1. Tap the menu icon in the upper-left corner
2. Scroll to **Gamification**
3. Tap an exhibitor's name (under **Challenges**)
4. Visit the exhibitor's table and ask the secret question to receive the passcode
5. Enter the passcode in the app under the exhibitor's name to claim your points

On the last day of the conference, attendees with the most points will be entered into a drawing to receive a free GoPro! Teresa Puskedra will notify the winner by phone or email.

Good luck!

Wednesday, October 6

5:00 PM	What's New in My Specialty? Mental Health Crisis and Clearance from Emergency or Office Setting (.5 AMA PRA Category 1 Credit™) <i>O. Lamont McPherson, MD</i>
5:30 PM	What's New in My Specialty? What's New in Cardiology (Management/Catheter Based) (.5 CME) <i>Eric Lindley, MD</i> or Clinical Poster Presentation (1 CME) <i>Residents and Pre-Med Students</i>
6:00 PM	What's New in My Specialty? What's New in Interventional Radiology? (.5 CME) <i>Michael Sentome, MD</i>
6:30 PM	Are Hormones Neuroprotective? Saving Grandmother's Brain (1 CME) <i>Sarah L. Berga, MD</i>
7:30 PM	Stress, Emotional Eating, Obesity, and Reproductive Function (1 CME) <i>Sarah L. Berga, MD</i>

Thursday, October 7

7:00 AM	Welcome and Announcements
7:30 AM	What's New in My Specialty? What's New in Infectious Disease in Dermatology—From Acne to Zika (.5 CME) <i>Brooks Bahr, MD</i>
8:00 AM	What's New in My Specialty? What's New in Infectious Disease Pediatrics? (.5 CME) <i>TW Jones, MD</i>
8:30 AM	What's New in My Specialty? Update on Pediatric Immunizations (.5 CME) <i>TW Jones, MD</i>
9:00 AM	What's New in My Specialty? What's New in Wound Care—Diabetic Foot Care (.5 CME) <i>Jason Bruse, DPM</i>
9:30–10:00 AM	Break with Exhibitors
10:00 AM	Infectious Disease Case Discussion Panel (1 CME) <i>Kory Anderson, MD, Johnnie Cook, MD, Scott Fredrickson, MD, and Tamara Moores Todd, MD</i>
11:00 AM	Antimicrobial Stewardship Across the Continuum of Care (1 CME) <i>Eddie Stenehjem, MD, MSc</i>
12:00–12:30 PM	Lunch
12:30–1:15 PM	Keynote Lunch Speaker The Current Perspective on AIDS and HIV Infection: How Far Have We Advanced? (.75 CME) <i>Kristen Ries, MD, MACP</i>
1:15–2:00 PM	COVID-19 on the Front Line (.75 CME) <i>RJ Bunnell, MD</i>
2:00–2:30 PM	Break with Exhibitors
Lectures are 1 hour and are only offered once at the times listed below	
2:30 PM	Public Health Responses to Infectious Diseases in the Past and Present (1 CME) <i>Matthew Romaniello, PhD and M. Scott Moore, DO</i>
3:30 PM	COVID-19: Features and Management (1 CME) <i>Brandon Webb, MD</i> or Neuropsychological Assessment (1 CME) <i>Brandon Adams, PsyD</i>
4:30 PM	Utah Department of Health COVID-19 Response (1 CME) <i>Melissa Stevens Dimond, MPH</i> or Management of Abdominal Infections from the Surgical Perspective (1 CME) <i>Robert C. Moesinger, MD</i>

Thursday Skill Lab Options

All skill labs offered at 2:30, 3:30, & 4:30 PM (1 CME per session)	Skill Lab #1 Scribes <i>Michael Nielsen, MD</i> Skill Lab #2 Epistaxis <i>Douglas K. Anderson, MD</i>
2:30–4:30 PM (2 CME)	Skill Lab #3 Utah Medical Marijuana: Utah Law and Physiology, Pathology, and Pharmacology of the Endocannabinoid System <i>Robert Oborn and Corey Anden, MD</i>



Friday, October 8

7:00 AM	Welcome and Announcements	
7:30 AM	What's New in My Specialty? What's New in Endocrinology–Diabetes (.5 CME) <i>Steven Brown, DO</i>	
8:00 AM	What's New in My Specialty? What's New in Men's Health–Testosterone Treatment (.5 CME) <i>Steven Brown, DO</i>	
8:30 AM	What's New in My Specialty? What's New in Oncology? New Non-Chemotherapy Immunotherapy Treatments for Cancer (.5 CME) <i>Belisario A. Arango, MD</i>	
9:00 AM	What's New in My Specialty? End-Stage Liver Disease for the Primary Care Provider (.5 CME) <i>Richard K. Gilroy, MD</i>	
9:30–10:00 AM	Break with Exhibitors	
10:00 AM	History of Medicine (1 CME) <i>David M. Oshinsky, PhD</i>	
11:00 AM	Physician Burnout (1 CME) <i>Ryan Wilcox, MD</i>	
12:00–12:30 PM	Lunch	
12:30–2:00 PM	Keynote Lunch Speaker <i>Polio: An American Story</i> (1.5 CME) <i>David M. Oshinsky, PhD</i>	
2:00–2:30 PM	Break with Exhibitors	

The Accreditation Council for Continuing Medical Education (ACCME) and the American Board of Internal Medicine (ABIM) have collaborated to simplify the integration of Maintenance of Certification (MOC) and accredited CME.

OSMS is pleased to offer Medical Knowledge ABIM MOC points for the following nephrology lectures at 2:30 PM, 3:30 PM, and 4:30 PM.

Thursday afternoon session presented in conjunction with the National Kidney Foundation of Utah and Idaho



National Kidney Foundation™
of Utah and Idaho

Lectures are 1 hour and are only offered once at the times listed below

2:30 PM	Nephrology Lecture Ablation for Kidney Cancers (1 CME) ABIM MOC: 1 Point <i>Travis McKenzie, DO</i> or Skill Lab #2 Infectious Disease Lecture: PrEP (1 CME) <i>Harry Rosado-Santos, MD</i>
3:30 PM	Nephrology Lecture Antibiotics and Kidney Disease (1 CME) ABIM MOC: 1 Point <i>Ryan P. McDonald, MD</i> or Skill Lab #2 Infectious Disease Lecture: What to do about Lowered Immunoglobulins (1 CME) <i>Harry Hill, MD</i>
4:30 PM	Nephrology Lecture Viral Infections and Kidney Disease (1 CME) ABIM MOC: 1 Point <i>Marcellus Assiango, MD</i> or Skill Lab #2 Infectious Disease Lecture: COVID-19 Testing (1 CME) <i>Bert Lopansri, MD</i>

Friday Skill Lab Options

All skill labs offered at 2:30, 3:30, & 4:30 PM (1 CME per session)	Skill Lab #1 Osteopathic Manipulations for Musculoskeletal Neck and Back Pain <i>Chris Edwards, DO</i>
2:30–6:45 PM (4 CME)	Skill Lab #3 Pain Management and Opioids: Balancing Risks and Benefits* <i>Robin Ockey, MD, Jonathan Benfield, DO, Joshua Minori, DO, and Mathew Romankowski, MD</i> *4.0 Hours of CME which will fulfill the requirements of UCA (Utah Code Annotated) 58-37-6.5 continuing education for controlled substances prescribers.

Registration Options

You may register online at
www.ogdensurgical.com

or mail completed form and check to
Ogden Surgical-Medical Society
P.O. Box 9311
Ogden, Utah 84409

Free Socials & Other Events

Questions? Contact Teresa at 801-546-5585 or teresapuskedra@ogdensurgical.com.

Tuesday, October 5	Information coming soon! 
Wednesday, October 6	Pre-Conference Registration, Social, and Dinner with CME Spouses Free! Early registration 4:30 PM Social 5:30-6:30 PM Dinner 6:30-8:30 PM Ogden Eccles Conference Center 2415 Washington Blvd., Ogden, UT 84401 First floor; go to the far east side for registration 
Thursday, October 7	Ogden Regional Medical Center Reception Dinner Reception 6:00-6:30 PM Dinner 6:30 PM Entertainment 6:30-8:00 PM Honoring Petronella Adomako, MD, OSMS 2021 President Ogden Eccles Conference Center 2415 Washington Blvd., Ogden, UT 84401 First floor ballroom Entertainment: Code Blue Revival—a Utah band that is, and has been, reviving classic rock and roll since 1981. Their unique style of tight harmony lines, supported by superb musicianship, brings a balance to music not heard since the '60s and '70s. Come sing along, dance, and have fun! Seating is limited; reservations required. <i>Sponsored by Ogden Regional Medical Center</i> 
Friday, October 8	Davis Hospital and Medical Center - A Steward Family Hospital and Tanner Clinic Family Night 6:45-9:00 PM SeaQuest Interactive Aquarium Layton Hills Mall 1201 N. Hill Field Rd., Layton, UT 84041 Limited attendance. If you want to sign up for Premiere Interactions (feed and pet sloth, porcupine, otters, and others at your own expense at \$12 a person), call 801-544-4938 and refer to Ogden Surgical-Medical Society Family Event. Immediate family only; reservations required. <i>Sponsored by Davis Hospital and Medical Center - A Steward Family Hospital and Tanner Clinic</i>  

www.ogdensurgical.com

801-564-5585