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&



Postgraduate Institute
for Medicine

72nd Annual CME Conference
Jason R. Hoagland, MD, Presiding

Primary and Specialty Care

Medicine in Tomorrowland 2017:
Preparing for the Future of Medicine

May 16, 17, 18, & 19, 2017



Accreditation

The Ogden Surgical-Medical Society designates this live activity for a maximum of 27 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing education to physicians.

American Academy of Family Physician Accreditation application and awarded credits pending.

ACGME Competencies: This course is designed to meet the following Accreditation Council of Graduate Medical Education Competencies: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism, and System-Based Practice.

Other Accreditation

*Nurses and Nurse Practitioners including
Pharmacology hours: Contact hours
Social Workers: CEUs
Utah EMS Professionals: CME*

Tuesday, May 16

Tuesday Evening Pre-Conference Registration & CME presented in conjunction with Ogden Clinic

5:30 PM	Pre-Conference Registration & Social for all conference attendees: hors d'oeuvres, drinks, and music included.
6:30 PM	Dinner with CME lectures
6:30 PM	Hereditary Cancer Syndromes: Why should I be testing? (1 AMA PRA Category 1 Credits™) Megan Grunander, MD and Amber Bradshaw-Whitear, MD
7:30 PM	Status of American Medicine 2017 (1 CME) - Brent James, MD



Wednesday, May 17

7:00 AM	Registration & Breakfast Welcome & Announcements
7:30 AM	What's New in My Specialty? Food Allergies: New Evidence for Early Introduction and Treatment (.5 CME) Douglas H. Jones, MD
8:00 AM	What's New in My Specialty? Telemedicine in Dermatology (.5 CME) Cheryl Lee Eberting, MD
8:30 AM	What's New in My Specialty? Update of the Recent Utah State Legislative Session from the UMA Perspective (.5 CME) William L. Hamilton, MD
9:00 AM	What's New in My Specialty? Patient-Centered Visit (.5 CME) Arlen K. Jarrett, MD, Chief Medical Officer at IASIS Healthcare Utah Division
9:30 AM	Break with Exhibitors
10:00 AM	Clinical Poster Presentation (1 CME) Residents and Pre-Med Students or Digital Health - Future of Care Delivery <i>Tension: The Energy of Innovation - How Harnessing Tension Accelerates Innovation and Fuels Your Creative Genius</i> (1 CME) Chris Wasden, EdD
11:00 AM	Clinical Poster Presentation (1 CME) Residents and Pre-Med Students or Transforming Patient Experiences through "Digital Health" (1 CME) David Vinson, Founder & CEO SocialWELL th
12:00 PM Lunch Lecture	<i>The Longevity Plan: Seven Life-Transforming Lessons from Ancient China</i> (1.5 CME) John D. Day, MD
1:30 PM	Break with Exhibitors
Lectures are one hour and are only offered once at the times listed below	
2:00 PM	International Infectious Disease (1 CME) DeVon Hale, MD
3:00 PM	Wilderness Medicine (1 CME) Richard J. Ingebretsen, MD, PhD
4:00 PM	Evolving Models of Care: Eight Risks to Consider When Diving into Telemedicine (1 CME) Emily J. Clegg, JD, MBA, CPHRM, Senior Risk and Patient Safety Consultant, UMIA



Wednesday, May 17 (cont.)

Skill Lab Options

All labs offered at: 2:00 PM 3:00 PM 4:00 PM 1 CME Hour per session	#1 SKILL LAB: Innovating in Healthcare <i>Todd Dunn, Director of Innovation: Intermountain Healthcare Transformation Lab at Intermountain Health</i>
	#2 SKILL LAB: DHX mHealth App Curation, Prescribing & Certification Process <i>David Vinson Team</i>
	#3 SKILL LAB: Telemedicine Experience <i>Cheryl Lee Eberling, MD</i>

Thursday, May 18

7:00 AM	Registration & Breakfast Welcome & Announcements
7:30 AM	What's New in My Specialty? Maternal-Fetal Medicine (.5 CME) <i>Erin A.S. Clark, MD</i>
8:00 AM	What's New in My Specialty? Pediatric Headache (.5 CME) <i>Denise Morita, MD</i>
8:30 AM	What's New in My Specialty? Cardiology (.5 CME) <i>Jon Melman, MD</i>
9:00 AM	What's New in My Specialty? Aesthetics (.5 CME) <i>Scott K. Thompson, MD</i>
9:30 AM	Break with Exhibitors
10:00 AM	Moving from Urgent Care to On Demand Care: Technology as the Catalyst (1 CME) <i>John Barrett, MD; Joseph Vance, MHA; and Nate Gladwell, RN, MHA</i>
11:00 AM	Dealing with Digital Distractions in the 21st Century: What Science Says (1 CME) <i>Adam Schwebach, PhD</i>
12:00 PM Lunch Lecture	Raising Children in an Entitled World <i>The Entitlement Trap: How to Rescue Your Child with a New Family System of Choosing, Earning, and Ownership (1.5 CME)</i> <i>Richard and Linda Eyre, Authors</i>
1:30 PM	Break with Exhibitors



Thursday Afternoon Session Presented in Conjunction with the National Kidney Foundation of Utah & Idaho



National Kidney Foundation*

of Utah and Idaho

Lectures are one hour and are only offered once at the times listed below

2:00 PM	Effect of Novel Hypoglycemic Agents on the Kidney (1 CME) <i>Katherine Tuttle, MD</i> or Medical Scribes (1CME) <i>Rama Aysola, MD</i>
3:00 PM	What the HEC? H+ and Electrolyte Cases (1 CME) <i>Kalani Raphael, MD</i> or The Doctor is Linked In: An Overview of Social Media for Physicians (1 CME) <i>Duo Group: Lance Lyons, Managing Partner & Elise Egbert, Creative Content Director</i>
4:00 PM	Work up and Medical Treatment of Kidney Stone Disease (1 CME) <i>Robert Yenckel, MD</i> or Disruptive Innovation in Healthcare (1 CME) <i>Kurt Sandholtz, PhD</i>

Thursday, May 18 (cont.)

Skill Lab Options

All labs offered at: 2:00 PM 3:00 PM 4:00 PM 1 CME Hour per session	#1 SKILL LAB: A Clinical Update on ADHD & Autism Spectrum Disorders: Assessment, Treatment, and Support (1 CME) <i>Adam Schwebach, PhD</i> #2 SKILL LAB: Medical Devices in Tomorrowland (1 CME) <i>John Barrett, MD; Joseph Vance, MHA; and Nate Gladwell, RN, MHA</i>
2 – 5 PM 3 CME Hours	#3 SKILL LAB: Basic Life Support (BLS) Certification <i>Sandra Rudh, MN, RN and Kristyn Steedley, MN, RN</i>

Friday, May 19

7:00 AM	Registration & Breakfast Announcements
7:30 AM	What's New in My Specialty? Understanding Teen Suicide in Utah I (.5 CME) <i>Gregory A. Hudnall, EdD</i>
8:00 AM	What's New in My Specialty? Understanding Teen Suicide in Utah II (.5 CME) <i>Gregory A. Hudnall, EdD</i>
8:30 AM	Annual Business Meeting <i>OSMS Chair Marc Johnson, MD</i>
9:00 AM	What's New in My Specialty? Traumatic Brain Injury Evaluation Tools, Rehab, & Treatment (.5 CME) <i>Benjamin D. Christiansen, PsyD</i>
9:30 AM	Break with Exhibitors
10:00 AM	Resident Presentation (1 CME) or Future Payment Models (1 CME) <i>Carter Dredge, MHA, Director of Healthcare Transformation at Intermountain Healthcare</i>
11:00 AM	Resident Presentation (1 CME) or Medical Consumerism (1 CME) <i>Stephen D. Neeleman, MD, Founder & Vice Chairman at HealthEquity, Inc.</i>
12:00 PM Lunch Lecture	Overcoming Adversity: The Elizabeth Smart Story (1.5 CME) <i>Elizabeth Smart</i>
1:30 PM	Break with Exhibitors



Lectures are one hour and are only offered once at the times listed below

2:00 PM	Genomics (1 CME) <i>E. Robert Wassman, MD, Chief Medical Officer at Lineagen, Inc.</i>
3:00 PM	International Doping (1 CME) <i>Bruce H. Woolley, PharmD</i>
4:00 PM	Through Endurance We Conquer - Surgical Volunteerism (1 CME) <i>Jordy Cox, MD</i>

Skill Lab Options

All labs offered at: 2:00 PM 3:00 PM 4:00 PM 1 CME Hour per session	#1 SKILL LAB: National Alliance on Mental Illness (NAMI) Resources in the Community <i>Kimball Gardner, JD, Interim Executive Director & Program Director, Prevention by Design</i> #2 SKILL LAB: Minors... What You Need to Know <i>Julie Ritzman, MBA; Jeremy Hodder, RN; and Jaryl Rencher, JD</i>
2 – 5 PM 3 CME Hours	# 3 SKILL LAB: Pediatric Advanced Life Support (PALS) Certification <i>Sandra Rudh, MN, RN and Kristyn Steedley, MN, RN</i>

REGISTRATION OPTIONS



You may register online at:
www.ogdensurgical.com



or mail completed form and check to:
Ogden Surgical-Medical Society
P.O. Box 9311
Ogden, Utah 84409

FREE SOCIAL & OTHER EVENTS

Questions? Contact Teresa at 801-564-5585 or teresapuskedra@ogdensurgical.com

Tuesday, May 16	<p>Tuesday Evening Pre-conference Registration, Social, & Dinner Spouses Free! 5:30 - 6:30 PM Social, 6:30 PM Dinner Weber State University Shepherd Union Building, 3rd Floor Sponsored by Ogden Clinic</p>	
Wednesday, May 17	<p>McKay-Dee Hospital Physician Family Night Buffet 6:00 - 8:00 PM George S. Eccles Dinosaur Park 1544 Park Blvd., Ogden Sponsored by McKay-Dee Hospital</p>	
Thursday, May 18	<p>Weber State University College of Science Tour 5:00 - 6:30 PM "Weber blinded me with Science" Tour of Tracy Hall Meet at registration tables.</p>	
Thursday, May 18	<p>Ogden Regional Medical Center Reception Dinner Honoring Jason R. Hoagland, MD, OSMS 2017 President Weber State University Shepherd Union Building, 3rd Floor, 6:30 PM Featuring Ziegfeld Theater Singers Reception from 6:30 - 7:00 PM; Dinner at 7:00 PM Entertainment 7:00 - 8:30 PM Seating is limited. Reservations required. Sponsored by Ogden Regional Medical Center</p>	
Friday, May 19	<p>Davis Hospital and Medical Center & Tanner Clinic Family Night 6:00 - 9:00 PM SeaQuest Interactive Aquarium & Dartside Indoor Dart Tag Arena Layton Hills Mall 1201 N. Hill Field Rd., Layton Limited attendance. Immediate family only. Reservations required. Sponsored by Davis Hospital and Medical Center & Tanner Clinic</p>	 

ogdensurgical.com

(801) 564-5585



REGISTRATION FORM

REGISTRATION INFORMATION

Registration includes:

Membership in the Ogden Surgical-Medical Society
Up to 27 Continuing Medical Education Credits
Conference Materials
Breakfast - Lunch - Breaks
Free Evening Social and Dinner Events

SPECIAL NEEDS

The Ogden Surgical-Medical Society and the Weber State University fully comply with the legal requirements of the American Disabilities Act and the rules and regulations thereof. If any participant is in need of accommodations, please call Teresa Puskedra at (801) 564-5585.

FOR MORE INFORMATION

Web Page: www.ogdensurgical.com
Executive Director:
Teresa Puskedra, (801) 564-5585
teresapuskedra@ogdensurgical.com

HOTEL ACCOMMODATIONS

Hampton Inn & Suites
(800) 426-7866 or (801) 394-9400
2401 Washington Blvd. Ogden, Utah 84401
Free parking for hotel guests
When making reservations, use

Group Code: OSM

To make reservations on-line, go to link:
www.ogdensuites.hamptoninn.com
After entering the dates of your stay,
Click on the link "add special rate codes"

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email Address _____

Food Allergies (check all that apply): Dairy Egg Gluten Peanuts
 Seafood Shellfish Soy Tree nuts Wheat

Check All That Apply

- Already Paid
- \$325 Doctorate Level Provider
(MD, DO, DPM, PHD)
- \$300 Doctorate Level First-Time Ever
(MD, DO, DPM, PHD)
- \$250 Nurse Practitioner & Physician Assistant
- \$200 Retired Doctorate Level Provider, Nurse
Practitioner & Physician Assistant
- \$125 Nurse, Social Worker, & EMS Professional

All full-time military healthcare professionals receive a \$25 discount.

All registration fees paid after April 14, 2017, will have an added \$50 late fee.

By paying registration fees, you become a member of the Ogden Surgical-Medical Society. Membership includes: Registration; CME Certificate; Breakfast, Lunch, and Breaks; and all Social & Dinner Activities during the conference.

Conference attendees: breakfast, lunches, and breaks are included in their registration fee.

I am the guest of an existing member

If you are a **guest**, please select your additional options:

- Breakfast (\$20.00) x _____ days.
- Lunch (\$30.00) x _____ days.

Registration Options

You may register online at:
www.ogdensurgical.com

or mail completed form and check to:
Ogden Surgical-Medical Society
P.O. Box 9311
Ogden, Utah 84409

Questions? Contact Teresa at 801-564-5585 or
teresapuskedra@ogdensurgical.com

I would not like to be included in mailings from Ogden Surgical-Medical Society affiliated organizations.

The Ogden Surgical Society is a non-profit organization with 501(c)(3) status and all donations are tax-deductible to the extent allowed by law.

BE SURE TO FILL OUT BOTH SIDES OF THIS FORM

REGISTRATION FORM (cont.)

WEDNESDAY, MAY 17, 2017

2:00 PM SKILLS LAB

- Innovating in Healthcare* - Todd Dunn
- SocialWELLth - Experience Hi-Tech meeting Hi-Touch: A Prescription for Digital Health* - David Vinson Team
- Telemedicine Experience* - Cheryl Lee Eberling, MD

3:00 PM SKILLS LAB

- Innovating in Healthcare* - Todd Dunn
- SocialWELLth - Experience Hi-Tech meeting Hi-Touch: A Prescription for Digital Health* - David Vinson Team
- Telemedicine Experience* - Cheryl Lee Eberling, MD

4:00 PM SKILLS LAB

- Innovating in Healthcare* - Todd Dunn
- SocialWELLth - Experience Hi-Tech meeting Hi-Touch: A Prescription for Digital Health* - David Vinson Team
- Telemedicine Experience* - Cheryl Lee Eberling, MD

THURSDAY, MAY 18, 2017

2:00 PM SKILL LAB

- A Clinical Update on ADHD & Autism Spectrum Disorders* - Adam Schwebach, PhD
- Medical Devices in Tomorrowland* - John Barrett, MD; Joseph Vance, MHA; and Nate Gladwell, RN, MHA

3:00 PM SKILL LAB

- A Clinical Update on ADHD & Autism Spectrum Disorders* - Adam Schwebach, PhD
- Medical Devices in Tomorrowland* - John Barrett, MD; Joseph Vance, MHA; and Nate Gladwell, RN, MHA

4:00 PM SKILL LAB

- A Clinical Update on ADHD & Autism Spectrum Disorders* - Adam Schwebach, PhD
- Medical Devices in Tomorrowland* - John Barrett, MD; Joseph Vance, MHA; and Nate Gladwell, RN, MHA

2:00-5:00 PM SKILLS LAB

- Basic Life Support (BLS) Certification* – Kristyn Steedley, MN, RN and Sandra Rudh, MN, RN

FRIDAY, MAY 19, 2017

2:00 PM SKILL LAB

- National Alliance on Mental Illness (NAMI) Resources in the Community* - Kimball Gardner, JD
- Minors... What You Need to Know* - Julie Ritzman, MBA; Jeremy Hodder, RN; and Jaryl Rencher, JD

3:00 PM SKILL LAB

- National Alliance on Mental Illness (NAMI) Resources in the Community* - Kimball Gardner, JD
- Minors... What You Need to Know* - Julie Ritzman, MBA; Jeremy Hodder, RN; and Jaryl Rencher, JD

4:00 PM SKILL LAB

- National Alliance on Mental Illness (NAMI) Resources in the Community* - Kimball Gardner, JD
- Minors... What You Need to Know* - Julie Ritzman, MBA; Jeremy Hodder, RN; and Jaryl Rencher, JD

2:00 – 5:00 PM SKILL LAB

- Pediatric Advanced Life Support (PALS) Certification* – Kristyn Steedley, MN, RN & Sandra Rudh, MN, RN

FREE SOCIAL & OTHER EVENTS

TUESDAY, MAY 16, 2017

- # Attending ____ Tuesday Evening Pre-conference Registration, Social, & Dinner, 5:30 PM
Sponsored by Ogden Clinic

WEDNESDAY, MAY 17, 2017

- # Attending ____ McKay-Dee Hospital Physician Family Night Buffet, 6:00 PM
Sponsored by McKay-Dee Hospital

THURSDAY, MAY 18, 2017

- # Attending ____ Weber State University College of Science Tour of Tracy Hall Science Center, 5:00 PM
Sponsored by Weber State University College of Science
- # Attending ____ Ogden Regional Medical Center Reception Dinner, 6:30 PM
Sponsored by Ogden Regional Medical Center

FRIDAY, MAY 19, 2017

- # Attending ____ Davis Hospital and Medical Center & Tanner Clinic Family Night
at SeaQuest Aquarium & Dartside, 6:00 PM
Sponsored by Davis Hospital and Medical Center & Tanner Clinic



**WEBER STATE
UNIVERSITY**
College of Science

Getting there...

Ogden Surgical-Medical Society Conference Location: Shepherd Union Building, 3rd Floor.
Weber State University Address: 3848 Harrison Blvd., Ogden, Utah 84408

Free Parking for OSMS Conference at Weber State University-Parking Lots W8 and A9

Driving from South:

1. Drive north on Hwy. 89
2. Right turn Harrison Blvd
3. Right turn 3950 South
4. Right turn S. Dixon Drive
5. Left turn Playfield Way
6. Arrived-Parking Lots W8 and A9

Shepherd Union Building is straight north of Parking Lots W8 and A9. (Signage and Greeting WSU Ambassadors with golf carts will be at W8 and A9 Parking Lots for any location questions.)

Driving From North:

1. Drive south on Hwy I-15
2. Exit 344, 12th Street
3. Left turn 12th street
4. Right turn Harrison Blvd
5. Left turn 3950 South
6. Right turn S. Dixon Drive
7. Left turn Playfield Way
8. Arrived-Parking Lots W8 and A9

Free Shuttle Service

As you plan your OSMS 2017 conference schedule and prepare to travel, take a few moments to view the conference shuttle schedule, if you are not driving to the WSU conference parking lot.

Shuttle Service from Downtown Ogden Hotels to Weber State University Location for OSMS Conference: Continuous **Shuttle Service is provided every 30 minutes** between conference hotels and WSU Shepherd Union Building on the following schedule.

Shuttles are only provided for Downtown Ogden Hotels: Hilton Garden Inn, Marriott Courtyard, Hampton Inn, and Ben Lomond. If you booked at any other hotel, transportation is not provided.

Boarding Locations: Hilton Garden Inn Front Entrance, Marriott Courtyard Front Entrance, Hampton Inn Front Entrance, and Ben Lomond - Go to the 25th Street door for boarding.

Tuesday, May 16 4:30 PM – 9:30 PM

Continuous shuttle service between OSMS hotels and the OSMS Conference Location WSU Shepherd Union Building.

Wednesday, May 17 5:30 AM – 6:00 PM

Continuous shuttle service between OSMS hotels and the OSMS Conference Location WSU Shepherd Union Building.

Thursday, May 18 6:00 AM – 9:30 PM

Continuous shuttle service between OSMS hotels and the OSMS Conference Location WSU Shepherd Union Building. (Later shuttle time includes service for attendees that want to attend the WSU Tour and/or Ogden Regional Medical Center Reception Dinner.)

Friday, May 19 6:00 AM – 6:30 PM

Continuous shuttle service between OSMS hotels and the OSMS Conference Location WSU Shepherd Union Building.



Medicine in Tomorrowland 2017

The future of medical practice and current medical issues with pediatric emphasis will be addressed in the upcoming 3.5 day Ogden Surgical-Medical Society (OSMS) conference with National, Regional, and Local Experts at our Weber State University venue. The 72nd annual OSMS conference (which has rich history dating back to 1946) is unique in that it truly represents an effort to engage all medical practitioners. At the completion of this medical conference, attendees will be able to:

1. Identify the future of medical practice concerning patient visits, care delivery, legalities, urgent care, medical scribes, social media, consumerism, and hands-on performance telemedicine;
2. Identify pediatric issues concerning digital addiction, allergy, headache, entitlement, PTSD, ADHD, autism, suicide, traumatic brain injury, mental health issues, home fetal non-stress testing, and child legalities. Identify current medical issues of hereditary cancer syndrome testing, international infectious disease, wilderness medicine, cardiology, aesthetics, diabetic kidney effects, kidney electrolyte studies, kidney stones, and a healthy-longevity-life-plan;
3. Address the mentioned current medical issues and through review or the integration of new or improved discoveries of current medical issues, improve competence and performance in clinical practice for patient care;
4. Identify recent changes in healthcare laws and policies and discuss how these impact the medical practitioner and medical practice;
5. Enhance competence and performance skills of the interdisciplinary team to improve care of patients needing primary and/or specialty care and facilitate productive, collegial interaction between the total medical team including physicians, nurse practitioners, physician assistants, nurses, social workers, and first responders.

2017 BOARD MEMBERS

Jason R. Hoagland, MD, *President*
 Kurt E. Rifleman, MD, *President-Elect*
 Albert Hartman, MD, *Past President*
 Marc Johnson, MD, *Chair*
 Heather Heileson, MD, *Co-Chair*
 Frank Brown, MD, *Treasurer*
 Steve Scharmann, MD, *CME Chair*

Bryan Campbell, MD, *Secretary*
 Val Johnson, MD, *Historian/Trustee*
 Douglas K. Anderson, MD, *Trustee*
 Rhonda Lehr, MD, *Trustee*
 Chad M. Gonzales, MD, *Member-at-Large*
 Harry O. Senekjian, MD, *Member-at-Large*
 Robert Whipple, MD, *Member-at-Large*

DID YOU KNOW?

1 in 3 American adults is at high risk for Kidney Disease (KD) • The risk of KD increases to 1 in 2 over a the course of a lifetime • 1 in 9 American adults has KD – and most don't know it • Diabetes and high blood pressure are the two leading causes of KD • Nearly 26 million Americans have diabetes • More than 224,000 people are currently living with kidney failure caused by diabetes • 73 million American adults have high blood pressure, 20% don't know it • KD kills over 90,000 Americans every year – more than breast and prostate cancers combined • Because KD often has no symptoms, it can go undetected until it is very advanced • Early detection and treatment can slow or prevent the progression of KD • Of the over 120,000 Americans on the waiting list for a lifesaving organ transplant, more than 96,000 need a kidney. Fewer than 17,000 people receive one each year • Every day 13 people die waiting for a kidney • Once the kidneys fail, dialysis or a kidney transplant is required • Over 415,000 Americans are on dialysis and approximately 180,000 live with a functioning kidney transplant • Annual medical payments for a patient with KD increase from \$15,000 in stage 3 to \$28,000 in stage 4 to more than \$70,000 in stage 5 • The average annual number of physician visits for an individual with diagnosed KD is 10.28 – second only to cancer • Almost 60 billion US health care dollars are spent annually to treat people with KD



With specialty services

for all ages,

we've got you covered.



Ogden Clinic has been meeting the healthcare needs of Weber and Davis County families for over 65 years. Independent and physician-owned, Ogden Clinic has grown from a single location with eight physicians to 14 locations and more than 120 healthcare providers. Today, we proudly serve the community with 20 medical specialties.

OUR SPECIALTY SERVICES INCLUDE:

Allergy	Hand & Upper Extremity	Physical Therapy
Audiology	Medical Weight Loss	Podiatry
Dermatology	Neurology	Radiology
Ear, Nose & Throat	Nutrition	Speech Pathology
Family Medicine	Orthopedics	Urgent Care
Gastroenterology	Pediatrics	Urology
General Surgery		Women's Health



OGDENCLINIC

801.475.3000
OgdenClinic.com



WINNER
BEST OF STATE

