



OGDEN SURGICAL-MEDICAL SOCIETY

*CME Excellence Since 1946*

79<sup>th</sup> Annual CME Conference

*Kirsten Baca, MD, Presiding*

# PATIENT SAFETY

In Primary & Specialty Medical Care 2024

May 14-17, 2024



## Accreditation

The Ogden Surgical-Medical Society designates this live activity for a maximum of 29.50 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing education to physicians.

American Academy of Family Physician Accreditation application and awarded credits pending.

ACGME Competencies: This course is designed to meet the following Accreditation Council of Graduate Medical Education Competencies: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism, and System-Based Practice.

# Program Description

The 3.5-day Ogden Surgical-Medical Society (OSMS) conference features national and local experts discussing patient safety, primary care, and current medical topics. Attendees will gain insights into specialty medicine, current medical challenges, opioid education, and medical cannabis laws. The conference also includes hands-on labs, quality improvement project presentations, and comprehensive education aimed at enhancing patient treatment and management.

## Board Members 2024

Kirsten Baca, MD, President	Douglas K. Anderson, MD, Trustee
M. Scott Moore, DO, Past President	Jason R. Hoagland, MD, Trustee
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Heather Heilesen, MD, Co-Chair	Brian Cowan, MPH, Member-at-Large
Steve Scharmann, MD, Treasurer	Michael Grant, MD, Member-at-Large
Kurt E. Rifleman, MD, CME Chair	Albert Hartman, MD, Member-at-Large
Bryan Campbell, MD, Secretary	Clark Madsen, MD, MS, Member-at-Large
Val Johnson, MD, Historian/Trustee	Robert Whipple, MD, Member-at-Large

## DID YOU KNOW?



National Kidney Foundation™  
of Utah and Idaho

**1 in 3** American adults is at high risk for kidney disease (KD) • The risk of KD increases to **1 in 2** over the course of a lifetime • **1 in 7** American adults has KD, and most don't know it • **Diabetes and high blood pressure** are the two leading causes of KD • Nearly **37.3 million** Americans (**1 in 10**) have diabetes • More than **247,000** people are currently living with kidney failure caused by diabetes • **122 million** American adults have high blood pressure, and 20% don't know it • KD kills over **100,000** Americans every year—more than breast and prostate cancers combined • Because KD often has **no symptoms**, it can go undetected until it is very advanced • **Early detection** and treatment can slow or prevent the progression of KD • Of the over **103,000** Americans on the waiting list for a lifesaving organ transplant, more than **93,000** need a kidney. Fewer than **25,000** people receive one each year • Every day, over **17 people die** waiting for a kidney • Once the kidneys fail, dialysis or a kidney transplant is required • Over **550,000** Americans are on dialysis and more than **200,000** live with a functioning kidney transplant • Annual medical payments for a patient with KD increase from **\$16,000** in stage 3 to **\$30,000** in stage 4 to more than **\$72,000** in stage 5 • The average annual number of physician visits for an individual with diagnosed KD is 10.28—second only to cancer • Over **120 billion** US health care dollars are spent annually to treat people with KD

5:30 PM	Poster Contest Presentation <i>(1 AMA PRA Category 1 Credit(s)™ Residents, Medical School Students, and Pre-med Students</i>
6:30 PM	<b>Keynote Lecture:</b> To Err is Human Documentary <i>(1 CME)</i> Mike Eisenberg <i>(Director)</i>
7:30 PM	<b>Keynote Lecture:</b> To Err is Human Documentary and Q&A <i>(1 CME)</i> Mike Eisenberg <i>(Director)</i>

7:00 AM	<b>Welcome and Announcements</b>
7:30 AM	<b>What's New in My Specialty?</b> Pulmonology - What's New in Asthma and COPD <i>(.50 CME)</i> Gurjeet Grover, MD
8:00 AM	<b>What's New in My Specialty?</b> Dermatology <i>(.50 CME)</i> David M. Allen, MD
8:30 AM	<b>What's New in My Specialty?</b> Interventional Radiology: Saphenous Endovascular Ablation <i>(.50 CME)</i> Christopher Parr, MD
9:00 AM	<b>What's New in My Specialty?</b> Interventional Pain: Options <i>(.50 CME)</i> Kirsten Baca, MD
9:30 AM	<b>Break with Exhibitors</b>
10:00 AM	Public Health Beyond Outbreaks <i>(1 CME)</i> Leisha Nolen, MD, PhD
11:00 AM	We are Irrational Humans - A Source of Medicine's Flaws/ Failures <i>(1 CME)</i> Alan H. Morris, MD
12:00 PM	<b>Lunch</b>
12:30 PM	<b>Keynote Lunch Lecture:</b> Federal Health Quality Measurement - Where We've Been, Where We're Going <i>(1.5 CME)</i> Ron Kline, MD (CSM)
2:00 PM	<b>Break with Exhibitors</b>
2:30 PM	Better, Simpler Care for Utah: Why and How <i>(1 CME)</i> Joseph Q. Jarvis, MD, MSPH
3:30 PM	Update of the Recent Utah Legislative Session from the Utah Perspective <i>(1 CME)</i> Michelle McOmber, MBA (UMA CEO)
4:30 PM	Culture of Safety, Preventing Medical Errors, & Quality Improvement <i>(1 CME)</i> Brent James, MD, MStat

2:30 PM Start, every 30 minutes	<b>Skill Lab #1</b> - Emergency Surgical Airway <i>(.50 CME) (8 people max)</i> Elizabeth M. Thackeray, MD
2:30 PM, 3:30 PM, & 4:30 PM	<b>Skill Lab #2</b> - ACLS Recertification <i>(1 CME) (8 people max)</i> Holy Cross Hospital-Davis Education Team
2:30 PM, 3:30 PM, & 4:30 PM	<b>Skill Lab #3</b> - NRP Recertification <i>(1 CME) (8 people max)</i> Holy Cross Hospital-Davis Education Team

Thursday, May 16

7:00 AM	Welcome and Announcements
7:30 AM	<b>What's New in My Specialty?</b> Ortho Spine (.50 CME) Casey Bachison, MD
8:00 AM	<b>What's New in My Specialty?</b> Sports Medicine (.50 CME) Brett Martindale, MD
8:30 AM	<b>What's New in My Specialty?</b> Vaccines (.50 CME) Candice Smith, MD
9:00 AM	<b>What's New in My Specialty?</b> Rheumatology (.50 CME) Daniel Lupash, MD
9:30 AM	Break with Exhibitors
10:00 AM	Drug Shortages (1 CME) Erin Fox, PharmD, MHA, BCPS
11:00 AM	Abortion Care in Utah (1 CME) Alexandra G. Eller, MD, MPH & Cara C. Heuser, MD
12:00 PM	Lunch
12:30 PM	<b>Keynote Lunch Lecture:</b> THE DR. EZEKIEL R. AND EDNA WATTIS DUMKE FOUNDATION PLENARY SPEAKER — Race Against Time and Tide: My Story of the Soccer Team Cave Rescue (1.50 CME) Joshua Morris
2:00 PM	Break with Exhibitors
2:30 PM	Diagnosis and Management of Hypertension in the Pediatric Population (1 CME) Matthew Grinsell, MD, PhD
or -	Hope Squad (.50 CME) Wendi Christensen, LCSW
and -	Exercise for Depression (.50 CME) Jeffery A. David, DO
3:30 PM	Secondary Hypertension Evaluation: Who, When, and How (1 CME) Sarah Gilligan, MD
or -	Prelitigation Committee (.50 CME) Michael D. Lichfield, JD
and -	Clinical Excellence (Hospital Review Committee) (.50 CME)
4:30 PM	Advances in Pharmacologic Therapy for Cardiovascular and Kidney Diseases: An Update on SGLT2i, GLP-1A, & MRA Trials (1 CME) Monique Cho, MD
4:30 PM	Medical Malpractice with CURI (.50 CME) Heather Meyer, MBA, BSN
5:00 PM	Workplace Violence with MICA (.50 CME) Juliana Stanley, MBA, FACMPE

Skills

2:30, 3:30, & 4:30 PM	<b>Skill Lab #1</b> - Teamwork/Communication Exercise (1 CME) Joshua Morris
2:30 PM to 4:30 PM	<b>Skill Lab #2</b> - Medical Cannabis in Utah: Utah Law and Key Aspects of Physiology, Pathology, and Pharmacology (2 CME) Richard Oborn, MPA & Matthew S. McIlff, MD
2:30, 3:30 & 4:30 PM	<b>Skill Lab #3</b> - Possible Abortion Care (1 CME) (Alexandra G. Eller, MD, MPH & Cara C. Heuser, MD)

# Friday, May 17

7:00 AM	<b>Announcements</b>
7:30 AM	<b>What's New in My Specialty?</b> Sexual Assault (.50 CME) Jeanlee Carver, APRN
8:00 AM	<b>What's New in My Specialty?</b> Medical Oncology & Hematology (.50 CME) Carl R. Gray, MD
8:30 AM	<b>What's New in My Specialty?</b> Pediatric & Adolescent Gynecology Pearls (.50 CME) Katherine G. Hayes, MD
9:00 AM	<b>What's New in My Specialty?</b> Cardiology (.50 CME) Mariam N. Nassif, MD
9:30 AM	<b>Break with Exhibitors</b>
10:00 AM	Utah State Chief Medical Examiner (1 CME) Neil Haycocks, MD, PhD
or-	<b>Resident Lectures (1 CME)</b>
11:00 AM	Electronic Medical Records: From Risks of Errors to Patient Safety Improvement (1 CME) David Classen, MD, MS
or-	<b>Resident Lectures (1 CME)</b>
12:00 PM	<b>Lunch</b>
12:30 PM	<b>Keynote Lunch Speaker: National Patient Safety Board</b> (1.5 CME) Karen Wolk Feinstein, PhD
2:00 PM	<b>Break with Exhibitors</b>
2:30 PM	Liver Transplant Politics (.50 CME) Richard Gilroy, MD
3:00 PM	Mohs Surgery (.50 CME) Emily Powell, MD
3:30 PM	Transgender MD Medical Talk (1 CME) Erika Sullivan, MD

# Skills

2:30 PM, 3:30 PM, & 4:30 PM	<b>Skill Lab #1</b> - Continuous Glucose Monitors (1 CME) Sarah Iannacone, PharmD, BCACP
2:30 PM, 3:30 PM, & 4:30 PM	<b>Skill Lab #2</b> - Death Certificate Class (1 CME) Neil Haycocks, MD, PhD
2:00 PM to 6:15 PM	<b>Skill Lab #3</b> - Striking a Balance: Understanding Pain Management & Opioids* Jonathan Benfield, DO, Lisa Hrushka, DO, Joshua Minori, DO & Mathew Romankowski, MD

\*4:00 Hours of CME which will fulfill the requirements of UCA (Utah Code Annotated) 58-37-6.5 continuing education for controlled substances prescribers.

REGISTRATION FORM (continued)

Wednesday, May 15, 2024 *\*All Wednesday skill labs have 8 clinician max*

**Skill Lab #1 - Emergency Surgical Airway** (.50 CME) (Elizabeth M. Thackeray, MD)  
\$25 additional per clinician to help cover costs of course.

- ☐ 2:30 PM
- ☐ 3:00 PM
- ☐ 3:30 PM
- ☐ 4:00 PM
- ☐ 4:30 PM
- ☐ 5:00 PM

**Skill Lab #2 - ACLS Recertification** (1 CME) (Holy Cross Hospital-Davis Education Team)

- ☐ 2:30 PM
- ☐ 3:30 PM
- ☐ 4:30 PM

**Skill Lab #3 - NRP Recertification** (1 CME) (Holy Cross Hospital-Davis Education Team)

- ☐ 2:30 PM
- ☐ 3:30 PM
- ☐ 4:30 PM

Thursday, May 16, 2024

**Skill Lab #1 - Teamwork/Communication Exercise** (1 CME) (Joshua Morris)

- ☐ 2:30 PM
- ☐ 3:30 PM
- ☐ 4:30 PM

**Skill Lab #2 - Medical Cannabis in Utah** (2 CME) (Richard Oborn, MPA & Matthew S. McIff, MD)

- ☐ 2:30 PM

**Skill Lab #3 - Possible Abortion Care** (1 CME) (Alexandra G. Eller, MD, MPH & Cara C. Heuser, MD)

- ☐ 2:30 PM
- ☐ 3:30 PM
- ☐ 4:30 PM

Friday, May 17, 2024

**Skill Lab #1 - Continuous Glucose Monitors** (1 CME) (Sarah Iannacone, PharmD, BCACP)

- ☐ 2:30 PM
- ☐ 3:30 PM
- ☐ 4:30 PM

**Skill Lab #2 - Death Certificate Class** (1 CME) (Neil Haycocks, MD, PhD)

- ☐ 2:30 PM
- ☐ 3:30 PM
- ☐ 4:30 PM

**Skill Lab #3 - Striking a Balance: Understanding Pain Management and Opioids** (4 CME) (Jonathan Benfield, DO, Lisa Hrushka, DO, Joshua Minori, DO, & Mathew Romankowski, MD)

- ☐ 2:00 PM

Free Socials & Other Events

Tuesday, May 14, 2024

☐ # Attending \_\_\_\_\_ Tuesday Evening Dinner with CME (6:30)

Wednesday, May 15, 2024

☐# Attending \_\_\_\_\_ McKay-Dee Physician Family Movie Night (6:30 PM)

Thursday, May 16, 2024

☐ # Attending \_\_\_\_\_ Ogden Regional Medical Reception Dinner with Entertainment (6:30 PM)

Friday, May 17, 2024

☐ # Attending \_\_\_\_\_ Holy Cross Hospital-Davis and Tanner Clinic Family Night (6:30 PM)

Be sure to fill out both sides of this form



# Getting There



## Venue 2024

Ogden Surgical-Medical Society conference location:  
Weber State University, Shepherd Union Building, 3rd floor



Weber State University  
3848 Harrison Boulevard  
Ogden, Utah  
84408

## Driving Directions

Driving from South of Ogden:

1. Turn right on 4600 South
2. Turn left into Dee Event Center Parking Lot
3. Board the free OGX bus to Ogden Central/Wildcat Shuttle
4. Get off the bus at Weber State Central Station
5. Turn left and enter the Shepherd Union Building
6. Go to the 3rd Floor by elevator or stairs

Driving from North of Ogden:

1. Turn left on 4600 South
2. Turn left into Dee Event Center Parking Lot
3. Board the free OGX bus to Ogden Central/Wildcat Shuttle
4. Get off the bus at Weber State Central Station
5. Turn left and enter the Shepherd Union Building.
6. Go to the 3rd Floor by elevator or stairs

## Parking

Free parking at Dee Events Center and free OGX bus.

**Free OGX bus leaves every 10 minutes from 4:30am-midnight**



Marriott Courtyard/Hampton Inn and Suites to Browning Center:

1. Exit the hotel through the North doors
2. Turn right on 24th Street
3. Turn right onto Washington Blvd
4. Continue walking straight 3-5 minutes to the Washington Blvd Station Bus Stop on the right (if you reach 25th street, you've gone too far)
5. Board the free OGX bus to Weber State Central
6. Take it 7 stops before exiting at Weber State Central
7. Enter the Shepherd Union Building to the left
10. Go to the 3rd floor elevator by the stairs

Hilton Garden Inn to Browning Center:

1. Exit the South doors of the hotel
2. Turn right onto 23rd Street
3. Walk straight to the stop sign
4. Turn left, then walk across the crosswalk
5. Turn right, then walk across the crosswalk (past the Megaplex Theatres)
6. On the left, stop at Kiesel Avenue Station Bus Stop
7. Board the free OGX bus
8. Take it 8 stops before exiting at Weber State Central
9. Take a left and walk about 50 feet to the Shepard Union Building
10. Go to the 3rd floor elevator by the stairs



# REGISTRATION FORM

## Registration Information

By registering for the conference, you receive:

- ✓ Membership in Ogden Surgical-Medical Society
- ✓ 50+ CME credits
- ✓ 29.50 CME live credits and
- ✓ 35+ CME recorded credits
- ✓ Breakfast, lunches and breaks
- ✓ Free evening events and dinner events

## Hotel Accommodations

Hampton Inn & Suites:  
800-426-7866 or 801-394-9400

Hilton Garden Inn:  
801-399-2000

Courtyard by Marriott:  
801-627-1190

Name

Address

City  State  Zip

Phone  Email

Medical school graduation year

## Special Needs

The Ogden Surgical-Medical Society and Weber State University fully comply with legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant needs accommodations, call Teresa at 801-564-5585.

## For More Information

Go to [www.ogdensurgical.com](http://www.ogdensurgical.com)

Contact Teresa Puskedra, OSMS Executive Director, at 801-564-5585 or email [teresapuskedra@ogdensurgical.com](mailto:teresapuskedra@ogdensurgical.com)

## Check all that apply:

- ☐ I will be attending only in-person meetings
- ☐ I will be attending only online meetings
- ☐ I will be attending a hybrid of in-person and online meetings

### Select the days you plan to attend:

Breakfast

Lunch

Wednesday

☐☐

Thursday

☐☐

Friday

☐☐

☐ Already paid

☐ \$550 **Doctorate Level Provider**  
(MD, DO, PhD, DPM, DDS, DMD, DNP)

☐ \$525 **Doctorate Level attending first time ever**  
(MD, DO, PhD, DPM, DDS, DMD, DNP)

☐ \$450 **Advanced Practice Clinicians**

☐ \$300 **Retired Doctorate Level Provider, and Advanced Practice Clinicians**

☐ \$275 **Nurse, Social Worker, & EMS Professional**

☐ All registration fees paid after April 15, 2023 will have an added \$50 late fee.

☐ Member Guest Lunch \$30

☐ Member Guest Breakfast \$20

## Dietary Restrictions

- ☐ Vegetarian
- ☐ Vegan
- ☐ Gluten-Free
- ☐ Food Allergy
- ☐ Other
- ☐ None

## Registration Options

You may register online at  
**[www.ogdensurgical.com](http://www.ogdensurgical.com)**

or mail completed form and check to  
**Ogden Surgical-Medical Society**  
**P.O. Box 9311**  
**Ogden, Utah 84409**

**Questions? Contact Teresa at 801-564-5585**  
**or [teresapuskedra@ogdensurgical.com](mailto:teresapuskedra@ogdensurgical.com)**

☐ I would not like to be included in mailings from Ogden Surgical-Medical Society-affiliated organizations.

*The 2024 OSMS conference will not include Social Worker CEUs, or Nursing CEs, or Nurse Practitioner with Pharmacology contact hours.*

*The Ogden Surgical-Medical Society is a non-profit organization with 501(c)(3) status and all donations are tax-deductible to the extent allowed by law.*



<p><b>Tuesday, May 14</b></p>	<p><b>Tuesday Evening Dinner with CME</b></p> <p>4:30 PM: Pre-Registration Starts</p> <p>5:30 PM - 6:30 PM: Poster Contest with pre-med students, medical school students, and residents (1 CME)</p> <p>6:30 PM - 8:30 PM: Dinner with CME (2 CME)</p> <p>Seating is limited. Reservations required. +1 free.</p> <p><i>Sponsored by Stephen G. &amp; Susan E. Denkers Family Foundation</i></p>
<p><b>Wednesday, May 15</b></p>	<p><b>McKay-Dee Physician Family Movie Night</b></p> <p>Movie &amp; Treats, movie start time between 6-7 PM</p> <p>Megaplex Theaters at The Junction</p> <p>2351 Kiesel Ave, Ogden, UT 84401</p> <p>Seating is limited. Reservations are required</p> <p><i>Sponsored by Intermountain McKay-Dee Hospital</i></p>
<p><b>Thursday, May 16</b></p>	<p><b>Ogden Regional Medical Center Reception Dinner</b></p> <p>Honoring Kirsten Baca, MD OSMS 2024 President</p> <p>6:30 PM - 7:00 PM: Dinner</p> <p>7:00 PM - 8:00 PM: Entertainment – Scott Andrews Stage Show, Mystery/Mind Reading/Metaphor Seating is limited. Reservations required. No children under 12.</p> <p><i>Sponsored by Ogden Regional Medical Center</i></p>
<p><b>Friday, May 17</b></p>	<p><b>Holy Cross Hospital-Davis and Tanner Clinic Family Night</b></p> <p>6:30 - 9:00 PM</p> <p>Seaquest Interactive Aquarium</p> <p>Layton Hills Mall, 1201 N. Hill Field Rd., Layton, UT 84041</p> <p>Limited attendance.</p> <p>Reservations required.</p> <p><i>Sponsored by Holy Cross Hospital-Davis and Tanner Clinic</i></p>