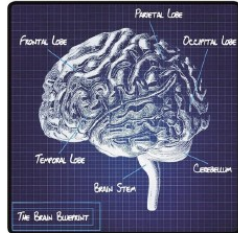
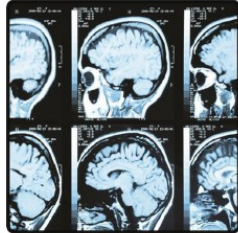
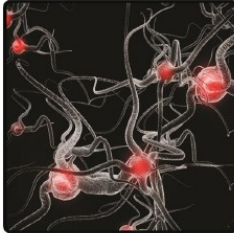
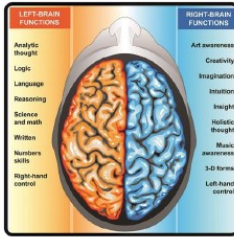
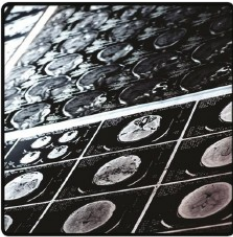


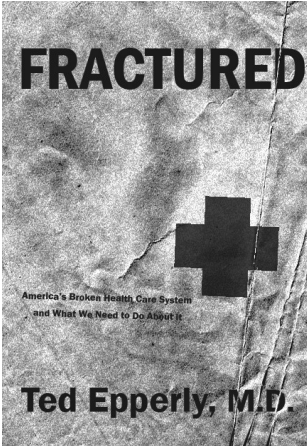


OGDEN SURGICAL-MEDICAL SOCIETY

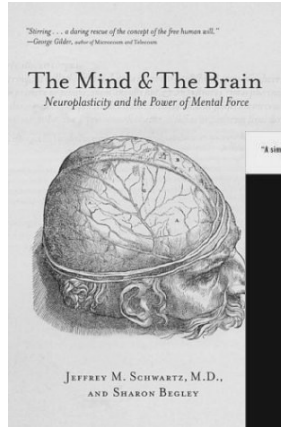
69TH ANNUAL SURGICAL-MEDICAL SOCIETY CONFERENCE
Primary & Specialty Care Medicine
NEUROLOGY & ME 2014



Book Signings

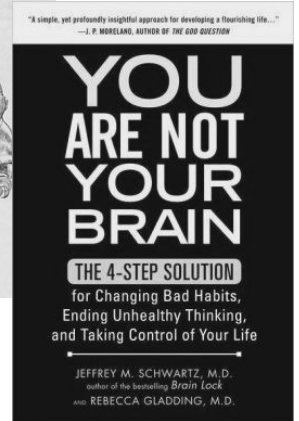


Ted Epperly, MD
*at 1:30 PM on
Wednesday, May 14*



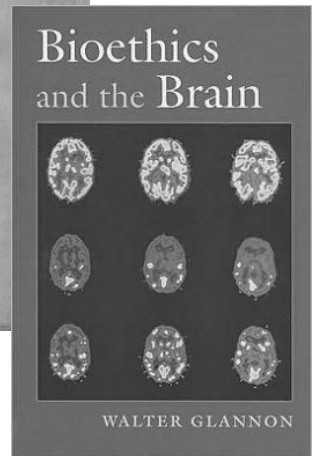
**Jeffrey
Schwartz,
MD**

*at 1:30 PM on Thursday,
May 15*



**Walter
Glannon,
PhD**

*at 1:30 PM on Friday,
May 16*



President's Message

Colleagues,



It is with great pleasure and humility that I invite you to the 69th Ogden Surgical-Medical Society (OSMS) Annual Conference on May 13, 14, 15, and 16, 2014. We remember that on an April day in 1946 Doctors E.R. Dumke, Clark L. Rich, and George M. Fister created this now nationally recognized Ogden Surgical-Medical Society. It was their compassion for their patients, their love for medicine, and their humble attitude to lifelong learning in dedication to this community that formed the OSMS. It is those same virtues in our ever growing physician community that

has sustained this organization over the years becoming the premiere education and collegial setting for physicians in Utah.

Charged with carrying forward this history of excellence by this community, I have been privileged to work over the last years with the Board of Directors to develop this year's curriculum. We hope "*Neurology and Me*" will offer the practitioner a practical educational choice of opportunities to hone medical and neurological knowledge and skills. This year we continue the tradition of *What's New in My Specialty* with discussions on immunology, urology, gastroenterology, cardiology, and oncology updates. The National Kidney Foundation of Utah and Idaho's generous support will allow you to join in lectures on fructose consumption and lectures listed below.

With a focus on neurology, we hope to deepen your office care of patients with epilepsy, stroke, headache, dementia, neuropathy, vertigo, sleep, and other illnesses. Dr. House from the University of Utah will update us as to novel neurosurgical procedures. We hope to fan your passion in medicine as we investigate how the brain is hardwired to see the world and then leap to beauty. We hope to give you and your patients' tools to deepen understanding of personhood and self as we cross from brain through mind to self. Skill labs will allow intimate understanding of evaluation of concussion, neuropathy, the hand, sleep, radiology of the CNS, and the effect of meditation in health and you.

Please join me for the Tuesday evening reception and pre-registration sponsored by Ogden Clinic, Wednesday evening at the Ogden Dinosaur Park sponsored by McKay-Dee Hospital, Thursday evening for the Presidential Reception sponsored by Ogden Regional Medical Center at the Ogden Union Station, and Friday night for the 2014 OSMS Golf Tournament.

Over this last year I have been privileged to work with champions of the medical community in Ogden, the Board of Directors at the Ogden Surgical-Medical Society. On their behalf, I ask you to peruse our web site (www.ogdensurgical.com), and welcome you to this program for yet another wonderful opportunity to learn and grow together.

Sincerely,

A handwritten signature in black ink, appearing to read "Navin K. Varma". The signature is fluid and cursive, with a long horizontal stroke at the end.

2014 President, Ogden Surgical-Medical Society,
Navin K. Varma, MD, MBA,
ABPN, ABCN

General Information

Registration

Please check in at the registration desk to pick up conference materials. Our registration staff will have your CME Certificate ready for pick up at the end of the conference.

Special Needs

The Ogden Surgical-Medical Society fully complies with the legal requirements of the American with Disabilities Act and the rules and regulations thereof. If you need assistance, please call Teresa Puskedra at 801-564-5585.

CME Information

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing medical education for physicians.

This meeting was one of the first of its kind to meet the standards established by national medical accrediting bodies, and over the years has been attended by thousands of physicians.

Course Goals

This program will offer a selection of topics to benefit a variety of medical professionals. The course strategy is to provide quality CME subjects that cover a broad range of topics in Medicine.

The Ogden Surgical-Medical Society designates this live activity, the 69th Annual Medical Conference “*Primary & Specialty Care Medicine, Neurology & Me 2014,*” for a maximum of 27 *AMA PRA Category 1 Credits*™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

To obtain credit for attendance, please complete and return the daily evaluation form at the end of each day. You may pick up your certificate on Friday afternoon.

This activity has been reviewed and is pending acceptability for up to 27 Prescribed Credits by the American Academy of Family Physicians.

This activity has been reviewed and is pending acceptability for up to 16.50 CE Prescribed Credits by the Utah Psychological Association.

This activity has been accepted for up to 16.50 CEU Prescribed Credits by the UTNASW.

Free Social Events with Membership

May 13, 2014 Tuesday Evening
Ogden Clinic Pre-conference
Registration & Social
5:30 PM - 6:30 PM
Hors d'oeuvres, drinks, & music
Music provided by
Gilbert E. Caillouet, MD
Ogden Eccles Conference Center

Sponsored by:
Ogden Clinic

May 14, 2014
6:00 PM - 8:00 PM.
McKay-Dee Hospital Physician
Family Night Buffet
George S. Eccles Dinosaur
Park-Museum

Sponsored by:
McKay-Dee Hospital

May 15, 2014
11:30 AM - 2:30 PM
Revival of the Ladies Social:
Luncheon & Fashion Show
All Partners & Guests Invited
Sponsored by:
**Weber County Medical Society
& Alliance**

May 15, 2014
6:30 PM - 8:30 PM
Ogden Regional Medical Center
Reception Honoring
Navin K. Varma, MD
OSMS 2014 President
Union Station
Old Timer's Room
6:30 PM Social
7:00 PM Dinner
7:15 PM - 8:00 PM
Dancing from India
Divya School of Dance
Sponsored by:
Ogden Regional Medical Center

May 15, 2014
5:00 PM
Utah Academy of Family
Physicians Annual Meeting
Reception 5:00 PM
Dinner 5:30 PM
Guest Speaker:
Reid Blackwelder, MD
Ogden Eccles Conference Center
Sponsored by:
**Utah Academy of Family
Physicians**

Social Events with Membership

May 16, 2014
After 5 PM. OSMS Golf
Tournament. El Monte Golf
Course. 9-hole Scramble
Tournament. \$23 per player.
Includes green fees, cart, and
driving range use. Fee to be paid
at El Monte Golf Course Friday,
May 16.

General Information

History

The Ogden Surgical-Medical Society originated from a cloak-room discussion between Doctors E.R. Dumke, C.L. Rich, and G.M. Fister. In their effort to bring quality medical education to the community of Ogden, they held the first “Spring Surgical Clinic” on April 16, 1946 in the lecture hall of the old Thomas D. Dee Memorial Hospital.

Since that time the Society has grown in membership and still provides a faculty that is comprised of eminent medical scientists, teachers, and practitioners from the leading medical centers of America and, on occasion, the world.

This meeting was one of the first of its kind to meet the standards established by the national medical accrediting bodies, and over the years has been attended by thousands of physicians.

We gratefully acknowledge the beneficence and significant contributions of our loyal friends of the Society. Their endowment and perpetual memorials set the foundation for the Ogden Surgical-Medical Society to continue their mission.

Membership

As a member of the Ogden Surgical-Medical Society, you may attend the entire medical conference, receive dedicated CME Credits, a copy of the syllabus (DVD), conference materials, breakfasts, lunches, and breaks as well as download an audio of the conference off our website after the conference (www.ogdensurgical.com).

Annual Dues are: \$325 for physicians, \$250 for mid-level providers, \$150 for retired physicians, and \$100 for nurses. Spouses and non-members may also register by purchasing either a membership or purchase individual meal tickets and CME credits.

Looking Ahead!
May 13, 14, and 15, 2015 -
Save the Dates for the 2015
Ogden Surgical-Medical
Society Conference!

MAY 13,14,15,

2014 Ogden Surgical-Medical Society Officers

Navin K. Varma, MD	President
Robert C. Moesinger, MD	President-Elect
Chad M. Gonzales, MD	Past President

2014 Advisory Board Members

Navin K. Varma, MD, Chair	King Hom, MD
David M. Allen, MD,	Jim Jacobs, MS
Chris Anderson, MD	Audrey Jiricko, MD
Douglas K. Anderson, MD	Marc Johnson, MD
Jamie Brass, PsyD	Val Johnson, MD
Frank Brown, MD	Rhonda Lehr, MD
Bryan Campbell, MD	Sudhir Sahasrabudhe, PhD
Nancy X. Card, LCSW	Steve Scharmann, MD
Chad M. Gonzales, MD	Harry O. Senekjian, MD
Heather Heilesen, MD	Robert Whipple, MD

Finance Committee

Frank Brown, MD, Treasurer	Robert Whipple, MD
Navin K. Varma, MD	Marc Johnson, MD
Robert C. Moesinger, MD	Val Johnson, MD
Chad M. Gonzales, MD	Teresa Puskedra

CME Committee

Heather Heilesen, MD, Chair
Douglas K. Anderson, MD
Marc Johnson, MD
Chad M. Gonzales, MD
Bryan Campbell, MD
Ryan McDonald, MD
Teresa Puskedra

Nominating Committee

Chad M. Gonzales, MD Chair
Navin K. Varma, MD
Rhonda Lehr, MD

Registration Staff

Kayla T. Bell	Erin Groninga
Faith McCardle	

Tuesday May 13 Meeting Schedule

5:30 PM-Pre-conference Registration Social - Hallway by Junior Ballroom
Hors d'ouvres, drinks & music

6:30 PM-**Medical Breakthroughs Developed in Ogden:
Sinuplasty - a Disruptive Technology**
Nadim Bikhazi, MD

7:30 PM-**How Utah Healthcare Compares with World Healthcare:
State of the Medical State**
Greg Poulsen
Intermountain Healthcare Senior Vice President and Chief Strategy Officer

Wednesday May 14 Meeting Schedule

7:00 AM-Registration & Breakfast - Ballroom A

Welcome-Announcements

7:30 AM-What's New in My Specialty?

Urology

Robert Wayment, MD

8:00 AM-What's New in My Specialty?

Dermatology

Chad Tingey, MD

8:30 AM-What's New in My Specialty?

Protecting Our Patients

Curtis Giles, Child Welfare Administrator of DCFS

9:00 AM-What's New in My Specialty?

HealthInsight Utah's Top 5:

Quality Issues You Need to Know About This Year

Sarah Woolsey, MD

9:30 - 10:00 AM-Break with Exhibitors

Hallway

10:00 AM-**Dementia -**

The Changing Paradigm for Evaluation of Cognitive Complaints:

Practical & Ethical Considerations

- Ballroom B-E

Norman Foster, MD

11:00 AM-**Neurology of Art:**

Neurological, Cognitive, & Evolutionary Perspectives

(Brain, Behavior & Cognition)

- Ballroom B-E

Dahlia W. Zaidel, PhD

12:00 - 1:30 PM-**Fractured: Affordable Care Act & Update of the Recent Utah State Legislative Session from the UMA Perspective**

- Ballroom A

Ted Epperly, MD & Steven K. Miller, MD

Wednesday May 14 Meeting Schedule

1:30 - 2:00 PM-Break with Exhibitors
Hallway

2:00 PM-**Novel Intracranial Interventions** - Ballroom B-E
Paul A. House, MD

2:00 PM-Skill Lab #1: **Office Concussion Management
and Return to Play Decision Making** - Room 201
Steve Scharmann, MD

2:00 PM-Skill Lab #2: **Neuro Imaging:
Selecting the Right Tests** - Room 202
Mike Webb, MD

2:00 PM-Skill Lab #3: **Peripheral Neuropathy Evaluation:
What to Order & What it Means** - Room 203
A. Gordon Smith, MD

3:00 PM: **Stroke** - Ballroom B-E
Jennifer Majersik, MD

3:00 PM-Skill Lab #1: **Office Concussion Management
and Return to Play Decision Making** - Room 201
Steve Scharmann, MD

3:00 PM-Skill Lab #2: **Neuro Imaging:
Selecting the Right Tests** - Room 202
Mike Webb, MD

3:00 PM-Skill Lab #3: **Peripheral Neuropathy Evaluation:
What to Order & What it Means** - Room 203
A. Gordon Smith, MD

4:00 PM-**Parkinson's Disease and Other Tremors** - Ballroom B-E
Chris Hammond, DO

Wednesday May 14 Meeting Schedule

4:00 PM-Skill Lab #1: **Office Concussion Management and Return to Play Decision Making** - Room 201
Steve Scharmann, MD

4:00 PM-Skill Lab #2: **Neuro Imaging: Selecting the Right Tests** - Room 202
Mike Webb, MD

4:00 PM-Skill Lab #3: **Peripheral Neuropathy Evaluation: What to Order & What it Means** - Room 203
A. Gordon Smith, MD

Thursday May 15 Meeting Schedule

7:00 AM-Registration & Breakfast - Ballroom A
Announcements

7:30 AM-What's New in My Specialty? **Occupational Medicine**
Phil Jiricko, MD

8:00 AM-What's New in My Specialty? **Gynecology**
Amber Bradshaw, MD

8:30 AM-What's New in My Specialty?
Starwars of the Body Besieged;
a Review of Immunology and Immunodeficiencies
Harry R. Hill, MD

9:00 AM-What's New in My Specialty?
Gastroenterology Myths and Misperceptions
Chad M. Gonzales, MD

9:30 - 10:00 AM-Break with Exhibitors - Hallway

10:00 AM-**Pediatric Headache** - Ballroom B-E
Lynne Kerr, MD

11:00 AM-**Neurocritical Care/Neuro Red Flags** - Ballroom B-E
Paul Vespa, MD

12:00 - 1:30 PM-**The Willful Direction of Consciousness**
in Medical Practice - Ballroom A
Jeffrey Schwartz, MD

1:30 - 2:00 PM-Break with Exhibitors - Hallway

2:00 PM-**What is all the Buzz About Fructose?** - Ballroom B-E
Kimber Stanhope, PhD, RD

Thursday May 15 Meeting Schedule

2:00 PM-Skill Lab #1: **Splinting: In a Bind** - Room 201
Bryan Campbell, MD & Doug Campbell, MD

2:00 PM-Skill Lab #2: **Assessment of Vertigo** - Room 202
Alexander Ramirez, MD

2:00 PM-Skill Lab #3: **Unmasking the Sleep Lab** - Room 203
Chris Anderson, MD

3:00 PM-**Cardio-Renal Syndrome** - Ballroom B-E
Alfred Cheung, MD

3:00 PM-Skill Lab #1: **Splinting: In a Bind** - Room 201
Bryan Campbell, MD & Doug Campbell, MD

3:00 PM-Skill Lab #2: **Assessment of Vertigo** - Room 202
Alexander Ramirez, MD

3:00 PM-Skill Lab #3: **Unmasking the Sleep Lab** - Room 203
Chris Anderson, MD

4:00 PM-**What to do When the Lytes go out** - Ballroom B-E
Kalani Raphael, MD

4:00 PM-Skill Lab #1: **Splinting: In a Bind** - Room 201
Bryan Campbell, MD & Doug Campbell, MD

4:00 PM-Skill Lab #2: **Assessment of Vertigo** - Room 202
Alexander Ramirez, MD

4:00 PM-Skill Lab #3: **Unmasking the Sleep Lab** - Room 203
Chris Anderson, MD

Friday May 16 Meeting Schedule

7:00 AM-Registration & Breakfast - Ballroom A
Announcements

7:30 AM-What's New in My Specialty?
Infectious Diseases-Latent TB
Petronella Adomako, MD

8:00 AM-What's New in My Specialty?
Dysrhythmia
Peter G. Forstall, MD

8:30 AM-**Business Meeting**
Robert Whipple, MD & Marc Johnson, MD

9:00 AM-What's New in My Specialty?
Side Effects of Cancer Treatment
Sunil Sharma, MD

9:30 - 10:00 AM-Break with Exhibitors
Hallway

10:00 AM-12:00 PM-**Resident Program Presentation**
Ballroom B-E

12:00 - 1:30 PM - **Neuroskepticism:
Why Patients are More Than Their Brains**
- Ballroom A
Walter Glannon, PhD

1:30 - 2:00 PM-Break with Exhibitors
Hallway

2:00 PM-**Epilepsy in Children** - Ballroom B-E
Lalitha Sivaswamy, MD

Friday May 16 Meeting Schedule

2:00 PM-Skill Lab #1: **A Low Tech/No Tech Approach to Common Hand Problems** - Room 201
M. Felix Freshwater, MD

2:00 PM-Skill Lab #2: **Addressing Chronic Stress and PTSD with Breath-based Meditation** - Room 202
Dara G. Ghahremani, PhD

2:00 PM-Skill Lab #3: **Understanding EMG/NCV Electromyogram Nerve Conductive Velocity** - Room 203
Summer Gibson, MD

2:00 PM - 4:00 PM-Skill Lab #4: **Prescription Drug Abuse** - Room 101
Glen Hanson, DDS, PhD & Tom Harper from DOPL

3:00 PM-Epilepsy in Adults
Ballroom B-E
Jaideep Kapur, MD

3:00 PM-Skill Lab #1: **A Low Tech/No Tech Approach to Common Hand Problems** - Room 201
M. Felix Freshwater, MD

3:00 PM-Skill Lab #2: **Addressing Chronic Stress and PTSD with Breath-based Meditation** - Room 202
Dara G. Ghahremani, PhD

2:00 PM-Skill Lab #3: **Understanding EMG/NCV Electromyogram Nerve Conductive Velocity** - Room 203
Summer Gibson, MD

Friday May 16 Meeting Schedule

4:00 PM-**Autoimmune Neurology, Paraneoplastic Disorders,
and Multiple Sclerosis -
The Latest in Diagnostics and Treatment** - Ballroom B-E
Stacey Clardy, MD

4:00 PM-Skill Lab #1: **A Low Tech/No Tech Approach
to Common Hand Problems** - Room 201
M. Felix Freshwater, MD

4:00 PM-Skill Lab #2: **Addressing Chronic Stress
and PTSD with Breath-based Meditation** - Room 202
Dara G. Ghahremani, PhD

4:00 PM-Skill Lab #3:
Understanding EMG/NCV
Electromyogram Nerve Conductive Velocity - Room 203
Summer Gibson, MD



Petronella Adomako
MD

Infectious Disease
Physician Specialist
Intermountain Medical
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Chris Anderson
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Pulmonologist
Ogden Pulmonary
Ogden, Utah



Nadim Bikhazi
MD

Otolaryngologist
Ogden Clinic
Ogden, Utah



Amber Bradshaw
MD

Gynecologist
Gynecology Specialists
of Utah
Ogden, Utah



Bryan Campbell
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Family Medicine
Physician
McKay-Dee Porter Family
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Full-Time Faculty McKay-Dee
Family Medicine Residency
Program
Ogden, Utah



Douglas Campbell
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Oaklawn Family
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Prescott, Arizona

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**Alfred Cheung
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Director of Dialysis
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Salt Lake City, Utah



**Stacey Clardy
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Neurologist
Autoimmune Neurology;
Imaging and
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**Ted Epperly
MD**

Author: *Fractured*
Family Medicine Physician
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Board Chair and President of
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**Peter G. Forstall
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Cardiologist
Northern Utah
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Ogden, Utah



**Norman Foster
MD**

Board Certified in Neurology
& Geriatric Neurology;
Director, Center for
Alzheimer's Care, Imaging and
Research; Chief, Division of
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Professor, Department of
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Investigator, The Brain
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**M. Felix Freshwater
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Hand Surgeon
Plastic Surgeon
Orthopedic Hand Surgery
Miami Institute of Hand and
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Miami, Florida



Dara G. Ghahremani
PhD

Associate Research Faculty
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UCLA Semel Institute for
Neuroscience &
Human Behavior
Los Angeles, California



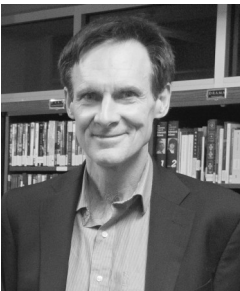
Summer Gibson
MD

Clinical Neurophysiologist
Assistant Professor
of Neurology, Division of
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University of Utah
School of Medicine
Salt Lake City, Utah



Curtis Giles
Administrator

Child Welfare Administrator
of the Division of Child and
Family Services
Ogden, Utah



Walter Glannon
PhD

**Author: *Brain, Body &
Mind and Bioethics &
The Brain***
Professor of Philosophy
University of Calgary
Calgary, Canada



Chad M. Gonzales
MD

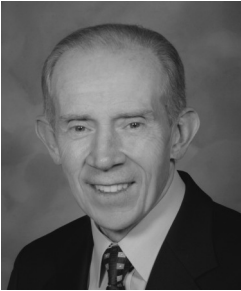
Gastroenterologist
Digestive Health
Specialties
Ogden, Utah



Chris Hammond
DO

Neurologist
Ogden Clinic
Ogden, Utah

Faculty



Glen Hanson
DDS, PhD

Professor, Department of Pharmacology & Toxicology; Associate Dean for Research, U of U School of Dentistry; Director, Utah Addiction at the University of Utah Salt Lake City, Utah



Tom Harper
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DOPL
Salt Lake City, UT



Harry R. Hill
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Medical Professor Pathology, Pediatrics, and Medicine Head Clinical Immunology/ Immunodeficiencies, University of Utah School of Medicine Salt Lake City, Utah



Paul A. House
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Phil Jiricko
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Medical Director
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Occupational Health
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Jaideep Kapur
MB,BS PhD

Eugene Meyer III Professor of Neuroscience; Professor, Neurology, Director, Neuroscience Center of Excellence; University of Virginia Charlottesville, Virginia



Lynne Kerr
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Pediatric Neurologist
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University of Utah School
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Salt Lake City, Utah



Jennifer Majersik
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Director of Stroke Center
University of Utah
Clinical Neuroscience Center
Salt Lake City, Utah



Steven K. Miller
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UMA President
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Intermountain
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Salt Lake City, Utah



Greg Poulsen
ADMINISTRATOR

Senior Vice President
and Chief Strategy Officer
Intermountain Healthcare
Salt Lake City, Utah



Alexander Ramirez
MD

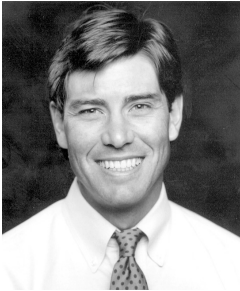
Otolaryngologist
Other Specialty:
Facial Plastic Surgery
Intermountain Healthcare
Layton Clinic
Layton, Utah



Kalani Raphael
MD

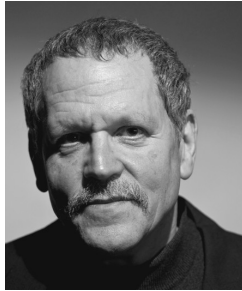
Nephrologist
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University of Utah
Salt Lake City, Utah

Faculty



**Steve Scharmann
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Family Medicine & Primary
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Assistant Residency Director
McKay-Dee Family
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Ogden, Utah



**Jeffrey Schwartz
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**Author: *The Mind & The
Brain and You Are Not
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**Sunil Sharma
MD**

Chief of Medical Oncology
Dept of Internal Med;
Sr Director, Clinical Research,
Huntsman Cancer Institute (HCI);
Director, Center for
Investigational Therapeutics, HCI;
U of U Prof School of Medicine,
Jon & Karen Huntsman
Presidential Professor in Cancer
Research
Salt Lake City, Utah



**Lalitha Sivaswamy
MD**

Medical Director, Headache
Clinic; Associate Professor of
Pediatrics; Clinical Educator;
Children's Hospital
of Michigan; Department of
Neurology
Detroit, Michigan



**A. Gordon Smith
MD**

Medical Professor, Vice Chair of
Research, Department
of Neurology, U of U;
Department of Neurology,
U of U; Chief, Division of
Neuromuscular Medicine;
Director, Peripheralpathy Study
Group & Cutaneous
Innervation Laboratory
Salt Lake City, Utah



**Kimber Stanhope
PhD, RD**

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Nutritional Biologist;
Department Molecular
Biosciences; University of
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Davis, California



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**Paul Vespa
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Professor of Neurosurgery
and Neurology
David Geffen School of
Medicine at UCLA;
Director of the Neurocritical
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**Robert Wayment
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Urologist
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**Mike Webb
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Interventional
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**Sarah Woolsey
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Family Medicine
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**Dahlia W. Zaidel
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Head of Brain,
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Neuropsychology Lab Brain
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Los Angeles, California

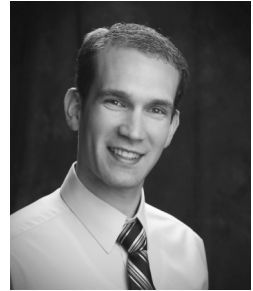
McKay-Dee Family Medicine Residents



Benjamin Brennan
MD
University of Utah
2011



Daniel Flanagan
MD
University of Texas
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at Houston
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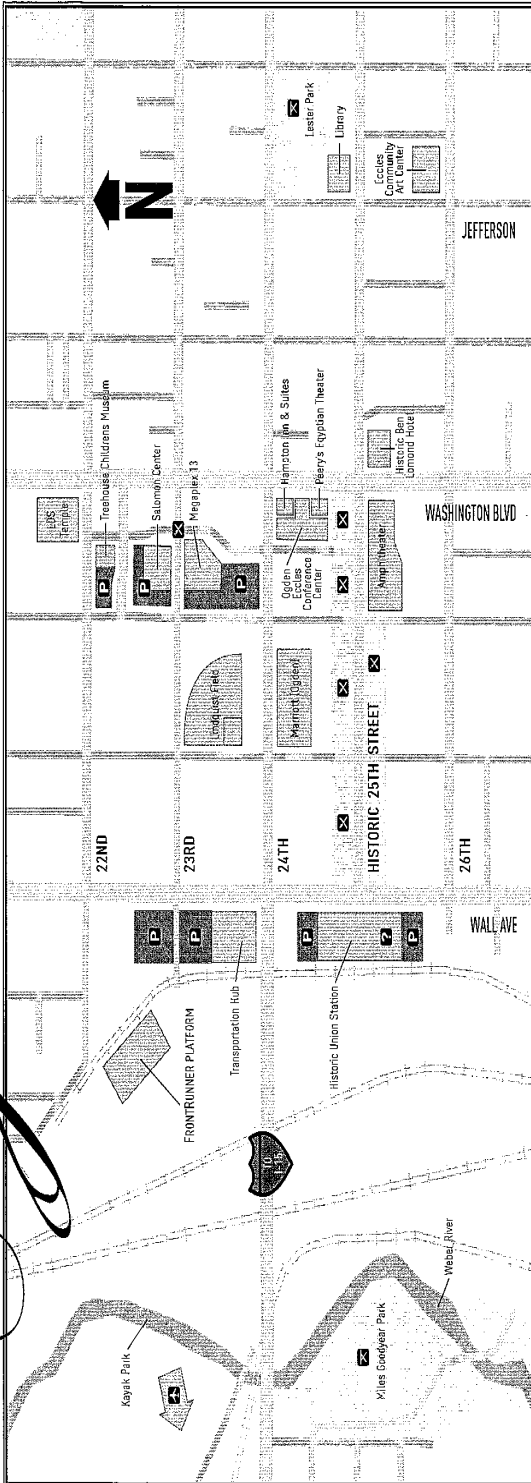
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The Ogden Surgical-Medical Society extends their sympathy to the family and friends of our colleagues, their presence and contribution to medicine will be greatly missed.



Parking-Free Parking is available at the Junction garage at 24th Street & Grant. It is recommended attendees park in the far southeast corner closest to the conference center. Daytime street parking is limited to two hours and is strictly monitored and ticketed. Hampton Inn guests receive garage parking passes.

PARKING GARAGE: Enter on Kiesel Ave. between 24th & 25th Streets where there are two entrances. The attendant parking has a gated entrance. Attendees will be charged \$5 for entry (cash or charge). Once the garage is full, the attendant will direct parking to the Self-Pay Honor Lot. The attendant will collect the \$5 and give the guest a voucher that must be placed in the payment box that matches their numbered parking spot. Guests must put money or the voucher from the attendant into the slot that matches their numbered parking spot. Conference organizers do not have control of the honor lot. The parking management company will ticket anyone who fails to provide payment or a voucher in the pay box.

Did you know?

- **1 in 3** American adults are at high risk for Kidney Disease (KD)
- The risk of KD increases to **1 in 2** over a course of a lifetime
- **1 in 9** American adults has KD — and most don't know it
- **Diabetes and high blood pressure** are the two leading causes of KD
- Nearly **26 million** Americans have diabetes
- More than **224,000** people are currently living with kidney failure caused by diabetes
- **73 million** American adults have high blood pressure, 20% don't know it
- KD kills over **90,000** Americans every year — more than breast and prostate cancers combined
- Because KD often has **no symptoms**, it can go undetected until it is very advanced
- **Early detection** and treatment can slow or prevent the progression of KD
- Of the over **120,000** Americans on the waiting list for a lifesaving organ transplant, more than **96,000** need a kidney. Fewer than **17,000** people receive one each year.
- Every day, **13 people die** waiting for a kidney
- Once the kidneys fail, dialysis or a kidney transplant is **required**
- Over **415,000** Americans are on dialysis and approximately 180,000 live with a functioning kidney transplant
- Annual medical payments for a patient with KD increase from **\$15,000** in stage 3 to **\$28,000** in stage 4 to more than **\$70,000** in stage 5
- The average annual number of physician visits for an individual with diagnosed KD is **10.28** — second only to cancer
- Almost **60 billion** US health care dollars are spent annually to treat people with KD



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