

WEBER STATE UNIVERSITY
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Hospital and Medical Ce

National Kidney Foundatio





Primary and Specialty Care
Bringing Health Care
to the World 2019

May 14, 15, 16, & 17, 2019



#### **DID YOU KNOW?**

- 1 in 3 American adults is at high risk for kidney disease (KD)
- The risk of KD increases to 1 in 2 over the course of a lifetime
- 1 in 7 American adults has KD, and most don't know it
- Diabetes and high blood pressure are the two leading causes of KD
- Nearly **30.3 million** Americans have diabetes
- More than 226,000 people are currently living with kidney failure caused by diabetes
- 75 million American adults have high blood pressure, and 20% don't know it
- KD kills over 91,000 Americans every year—more than breast and prostate cancers combined
- Because KD often has no symptoms, it can go undetected until it is very advanced
- Early detection and treatment can slow or prevent the progression of KD
- Of the over 121,678 Americans on the waiting list for a lifesaving organ transplant, more than 100,791 need a kidney, and fewer than 17,000 people receive one each year
- Every day, over **13 people die** waiting for a kidney
- Once the kidneys fail, dialysis or a kidney transplant is **required**
- Over 468,000 Americans are on dialysis and approximately 193,000 live with a functioning kidney transplant
- Annual medical payments for a patient with KD increase from \$15,000 in stage 3 to \$28,000 in stage 4 to more than \$70,000 in stage 5
- The average annual number of physician visits for an individual with diagnosed KD is **10.28**—second only to cancer
- Almost 60 billion Us health care dollars are spent annually to treat people with KD



### Trust the specialists.

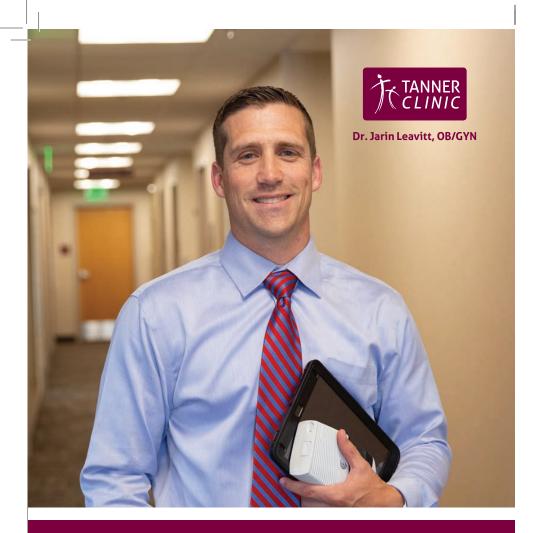
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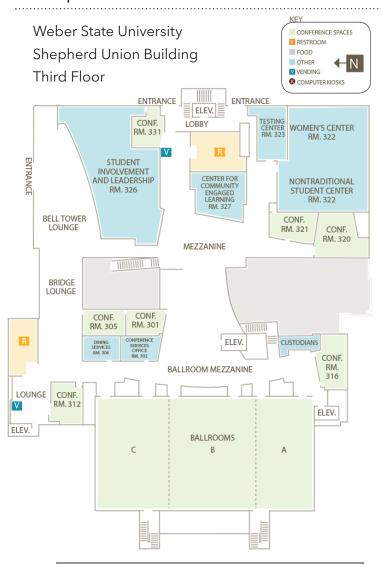
### Stay Healthy, Stay Happy

Tanner Clinic offers more than 30 diverse specialties—including family medicine, OB/GYN, orthopedics and dermatology—to serve the health care needs of your family. With access to 130 providers across seven locations, our team is here to help your family stay healthy and happy all year long.



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### Map & 2020 Conference Dates



### **Looking Ahead!**

Save the dates for the 2020 Ogden Surgical-Medical Society Conference:

May 12, 13, 14, & 15, 2020

### President's Message



Colleagues,

It is with great pleasure that I invite you to the Ogden Surgical-Medical Society's 74<sup>th</sup> annual conference.

As important as the opportunity for Continuing Medical Education (CME), the annual meeting also provides the opportunity for Community Medical Association (CMA). The OSMS offers attendees an unparalleled chance to get acquainted with new colleagues and refresh relationships with old friends.

The meeting will once again feature an outstanding series of *What's New in My Specialty* plenary lectures in the mornings. Afternoon sessions will consist of elective skills labs, workshops, and additional lectures. Below are some of 2019's featured speakers:

**Abdul Nasser Kaadan, MD, PhD** is a Visiting International Professor at Weber State University. An orthopedic surgeon, he is the founder and president of the International Society for the History of Islamic Medicine, and was a professor and department chairperson at Aleppo University in Syria. In 2012 he was nominated for a Nobel Prize in literature. He will discuss the challenges of providing care in a conflict zone.

**Richard Gunderman, MD, PhD** is a contributing writer for *The Atlantic*. He is a professor of radiology, pediatrics, medical education, philosophy, liberal arts, and philanthropy, and vice-chair of the Radiology Department at Indiana University. His most recent book is *We Come to Life with Those We Serve: Fulfillment through Philanthropy*.

**Gary Green, MD** is the Medical Director for Major League Baseball, and is their Research Director and Consultant on Anabolic Steroids and Performance-Enhancing Drugs. He is also the head team physician for Pepperdine University. He will discuss some of his experiences regarding the use and detection of performance-enhancing drugs.

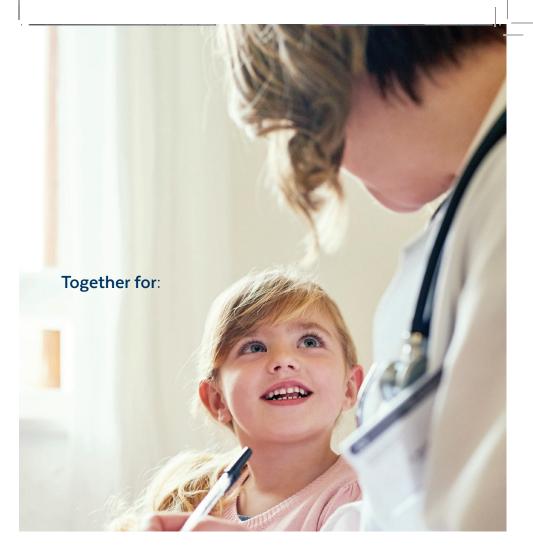
**Samuel Shem, MD** is a novelist, playwright, essayist, and activist. His novels *House* of *God*, *Fine*, and *Mount Misery* have sold over 3 million copies. We will be privileged to hear his thoughts on the current state of medicine as he prepares to release *Man's* 4<sup>th</sup> *Best Hospital*, the sequel to *The House of God*, on November 12, 2019.

I look forward to seeing you at the meeting!

meswws

Sincerely,

Mike Webb, MD 2019 President, Ogden Surgical-Medical Society



Every day you're reminded why it's so important to work together to improve care. But hurdles arise, competition grows, regulations increase. What if your insurance company could help? Working together with Constellation, it can. Constellation offers solutions that reduce risk, support care teams and improve the bottom line. See how working together can benefit you at **ConstellationMutual.com** 







# You don't have to go far to get well.

Davis Hospital and Medical Center is proud to support the Ogden Surgical-Medical Society Conference. Thank you for all you do for the health of our community.

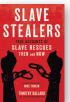
### **Davis Hospital and Medical Center**

A STEWARD FAMILY HOSPITAL



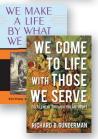
In Partnership with Physician Owners.

### Authors & Book Signings



Tim Ballard, Founder and CEO of Operation Underground Railroad, CEO of The Nazarene Fund, and best-selling author, will lecture on Tuesday, May 14 at 7:30 PM. His book, Slave Stealers: True Accounts of Slave Rescues Then and Now, alternates two riveting stories, weaving them together to expose the persistent evil of trafficking and sexual exploitation that has existed for centuries and inspiring us to find a way to end it.

Book signing will follow the lecture at 8:30 PM.



Richard Gunderman, MD, PhD, radiologist, professor, and author, will lecture on two of his books on Thursday, May 16 at 12:30 PM; We Make a Life by What We Give draws from his experiences as a physician and educator to build a case for giving as an essential element in a full career and life, and We Come to Life with Those we Serve: Fulfillment *Through Philanthropy* reminds health providers that we are most enriched not in taking from others but in sharing the best we have to offer through a life of service.

Book signings will follow the lecture at 2:00 PM.



James Dahle, MD, a practicing emergency physician, will lecture on his book, White Coat Investor, on Thursday, May 16 at 4:30 PM. His book is a high-yield manual that deals with the financial issues facing medical students, residents, physicians, dentists, and similar high-income professionals. It will teach you how to use income to escape from student loans, provide for family, build wealth, and stop getting ripped off by unscrupulous financial professionals.

Book signing will follow the lecture at 5:30 PM.



**Samuel Shem, MD**, author of the widely known novel *House of God*, will present the lecture "How to Stay Human in Medicine: From the House of God to Man's 4th Best Hospital" on Friday, May 17 at 12:30 PM. *House of God* is a mesmerizing and provocative novel about Roy Basch and five of his fellow interns, based on Shem's own grueling internship experiences at Harvard Medical School's Beth Israel Hospital. His new novel, Man's 4th Best Hospital will be released November 12, 2019.

Book signing will follow the lecture at 2:00 PM.



**Twila Bird** is the editor of *Let Me Tell You My Story: Their Story* is Our Story. This book documents the flood of refugees pouring into the West from the Middle East and Africa over the course of two years by a group of award-winning photographers, filmmakers, painters, and writers. Spare, haunting, utterly magnificent, and profoundly human, it is an inspiring collection that creates a portrait of the greatest humanitarian crisis of modern history.

Book signing will be held on Tuesday, May 14 at 8:30 PM and throughout the conference, May 15–17.

### General Information

#### Registration

Please check in at the registration desk to pick up conference materials.

To obtain credit for attendance, please use the conference app. If you wish, the staff members, Karinna Ly and Jason Gomez, can help you with this process at the registration tables.

#### **CME Information**

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing medical education for physicians.

This meeting was one of the first of its kind to meet the standards established by national medical accrediting bodies, and over the years has been attended by thousands of physicians.

#### **Course Goals**

This program will offer a selection of topics to benefit a variety of medical professionals. The course strategy is to provide quality CME subjects that cover a broad range of topics in medicine.

The Ogden Surgical-Medical Society designates this live activity for a maximum of 28.50 AMA PRA *Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **ACGME Competencies**

This course is designed to meet the following Accreditation Council of Graduate Medical Education

Competencies: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism, and System-Based Practice.

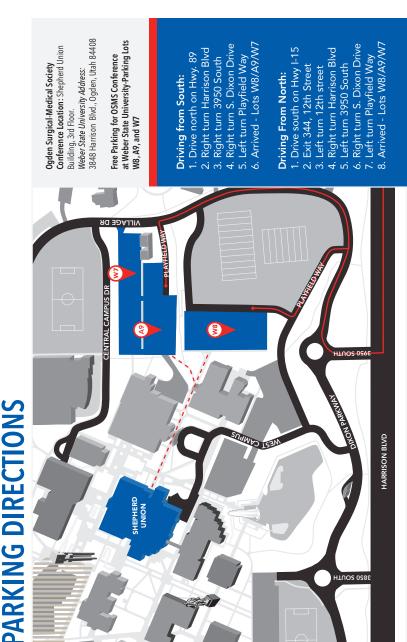
This Live activity, Primary and Specialty Medicine: Bringing Health Care to the World 2019, with a beginning date of 05/14/2019, has been reviewed and is acceptable for up to 27.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note: "Essential Oils and Medicinal Garden" and "White Coat Investor" are not eligible for CME credit. Application # 84339

This Live activity, Pain Management and Opioids: Balancing Risks and Benefits, with a beginning date of 05/17/2019, has been reviewed and is acceptable for up to 4.00 Prescribed credit(s) and 4.00 Elective credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Application #84175

#### **EMS**

This activity has been approved for up to 28.50 Hours by the Utah Department of Health-Bureau of **Emergency of Medical Services** for Utah EMS Professionals (28.50 BEMSP Approved CME).



Walk from W8/A9/W7 to Shepherd Union Drive to W8/A9/W7 Parking Lots

# In Memory of

The Ogden Surgical-Medical Society extends their sympathy to the family and friends of our colleagues. Their presence and contribution to medicine will be greatly missed.

#### 2015

Charles Berwald, MD
Jeffory Deiss, PA-C
Oliver Marwin Lewis, MD
Morgan Reed Merrill, MD
Edward Dwayne Morton, MD
Von S. Pratt, MD

#### 2016

Ralph Blaine Foley, MD
Chris Christensen, MD
Leon H. White, MD
Dean Linford Bunderson, MD
N. Blaine Belnap, MD
Ronald B. Simmons, MD
Paul Faddies Naisbitt, MD
John Barron Taylor, MD

#### 2017

Jesse Lee Wallace, MD Richard Eugene Nilsson, MD Chelton Feeny, MD

#### 2018

Farrell Marlon Calton, MD Turham S. Dogu, MD John Robert Hawkes, MD Lawrence Michael Janeway, MD Steven Edward Kammeyer, MD Rhonda Lehr, MD Donald Moore, MD

### General Information

#### **Overall Program Objectives**

At the completion of the medical conference, attendees will have a better idea of how to treat, manage, and educate their patients by:

- 1. Addressing what's new in specialty medicine (and when to refer) concerning innovations in: treatment of sleep apnea, pediatric ophthalmology, whole blood transfusion, usage of procedural sedation, medical marijuana, cochlear implantation, lung cancer screening, cognitive behavioral therapy, treatment of anaphylaxis, treatments of iliofemoral DVT, and treatment of pulmonary embolism;
- Identifying current medical issues (and when to refer) concerning 3D patient-specific health care, mammography, traumatic brain injury, infertility, stroke or tumor ablation, testing in GI, cancer and the kidney, and public health;
- 3. Experiencing hands-on performance skill labs concerning vertigo, pediatric vision screening, shoulder and knee exams with injection skills for the primary care physician, new techniques and technology in radiology (from handheld to when to refer), PT for the primary care physician, opioid prescribing, BLS certification, PALS certification, and death certificate training;

- 4. Addressing the mentioned current medical issues, and through review or integration of new or improved discoveries of current medical issues, improve competence and performance in clinical practice for patient care;
- 5. Identifying recent changes in health care laws and policies and discussing how they impact the medical practice and practitioner;
- 6. Enhancing competence and performance skills of the interdisciplinary team to improve care of patients needing primary and/or specialty care. The intent is to facilitate productive, collegial action between the medical team, including physicians, physician assistants, nurses, nurse practitioners, social workers, and first responders.

### General Information

### Free Social Events with OSMS Conference

#### Tuesday, May 14, 2019

Tuesday Evening Pre-Conference Registration, Social & Dinner-with CME. Spouses Free!

Social 5:30 – 6:30 PM Music provided by Gilbert E. Caillouet, MD Dinner-with CME 6:30 PM

Weber State University Shepherd Union Building Third Floor

#### Wednesday, May 15, 2019

McKay-Dee Hospital Physician Family Night Dinner

Dinner 6:00 - 8:00 PM

George S. Eccles Dinosaur Park/ Museum 1544 Park Blvd., Ogden

Sponsored by McKay-Dee Hospital

#### Thursday, May 16, 2019

Weber State University Medicine State-of-the-Art Facility Tour

Pre-Med + Health Professions
Tour 5:30 – 6:30 PM
"Cutting Edge Collaboration"
Tour the state-of-the-art labs and
lifelike learning environment where
the next generation of physicians and
health professionals are preparing
for practice.

Meet at registration tables.

#### Thursday, May 16, 2019

Ogden Regional Medical Center Reception Dinner Honoring Michael S. Webb, MD OSMS 2019 President

Reception 6:30 – 7:00 PM
Dinner 7:00 PM
Entertainment 7:00 – 8:30 PM
Featuring taiko drums by
Ogden Buddhist Taiko Group
Director: Stan Hirai
Seating is limited. Reservations
required.

Weber State University Shepherd Union Building Third Floor

Sponsored by Ogden Regional Medical Center

#### Friday, May 17, 2019

Davis Hospital and Medical Center - A Steward Family Hospital & Tanner Clinic Family Night

6:45 - 9:00 PM

SeaQuest Interactive Aquarium & Dartside Indoor Dart Tag Arena Layton Hills Mall, 1201 N. Hill Field Rd., Layton

Limited attendance; immediate family only; reservations required.

Sponsored by Davis Hospital and Medical Center - A Steward Family Hospital & Tanner Clinic

# Thank You to our Generous Sponsors

Ogden Regional Medical Center

Ralph Friz, MD

Rocky Vista University College of Osteopathic Medicine

Spencer S. & Hope Fox Eccles Family

Steve F. Johnson, Md, Joyce Johnson Stillwell, & Val B. Johnson, Md In Memory of Vernal H. Johnson, Md

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McKay-Dee Hospital

McKay-Dee Surgical Center and Orthopedics

McKay ent – Michael Scheuller, MD & Alexander Ramirez, MD

Mountain Medical

National Kidney Foundation of Utah and Idaho

Northern Utah Surgeons – Steve Carabine, мD, Robert C. Moesinger, мD, Joe Hansler, мD & Victor Varela, мD

Ogden Clinic

### General Information

#### Membership

As a member of the Ogden Surgical-Medical Society, you may attend the entire medical conference, receive dedicated CME Credits, conference materials, breakfasts, lunches, and breaks. An audio version and PowerPoint slides of the presentations will be available on our conference app and our website after the conference: www.ogdensurgical.com

#### Annual dues are:

| \$375 | Doctorate Level<br>Provider  |
|-------|--|
| \$350 | Doctorate Level,<br>attending first<br>time ever                                       |
| \$300 | Nurse Practitioner and<br>Physician Assistant  |
| \$250 | Retired Doctorate<br>Level Provider, Nurse<br>Practitioner, and<br>Physician Assistant |
| \$175 | Nurse, Social Worker,<br>and EMS Professional  |

A late fee of \$50 is added after April 12, 2019.

#### **Special Needs**

The Ogden Surgical-Medical Society and Weber State University fully comply with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If you need assistance, please call Teresa Puskedra at 801-564-5585.

#### History

The Ogden Surgical-Medical Society originated from a cloak-room discussion between Doctors E. R. Dumke, C. L. Rich, and G. M. Fister. In their effort to bring quality medical education to the community of Ogden, they held the first "Spring Surgical Clinic" on April 16, 1946 in the lecture hall of the old Thomas D. Dee Memorial Hospital.

Since that time the Society has grown in membership and still provides a faculty that is comprised of eminent medical scientists, teachers, and practitioners from the leading medical centers of America and, on occasion, the world.

This meeting was one of the first of its kind to meet the standards established by the national medical accrediting bodies, and over the years has been attended by thousands of physicians.

We gratefully acknowledge the beneficence and significant contributions of our loyal friends of the Society. Their endowment and perpetual memorials set the foundation for the Ogden Surgical-Medical Society to continue their mission.

### OSMS Officers 2019

#### **President**

Michael S. Webb, мр

#### **President-Elect**

Petronella Adomako, MD

#### **Past President**

Kurt E. Rifleman, мр

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Albert Hartman, мр

Heather Heileson, мр

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Marc Johnson, мр

Val Johnson, мD

Barbara Kerwin, DO

Clark Madsen, мр, мѕ

Scott Moore, do

Kurt. E. Rifleman, мр

Steve Scharmann, MD

Harry O. Senekjian, мр

Robert Whipple, мр

Trina White, RN

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Michael S. Webb, MD, Chair Board Members

#### **Finance Committee**

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Bryan Campbell, мр

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Marc Johnson, MD

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Douglas K. Anderson, MD

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Jason R. Hoagland, мр, Trustee

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Family Literacy Program

# Thank You to our Exhibitors

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McKay-Dee Hospital

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**MICA** 

Midtown Community Health Center

Lilly

Mountain Medical

Mountain Plains-Prevention Technology Transfer Center

Operation Underground Railroad (OUR)

NAMI

North American Recovery

Novo Nordisk

Ogden Clinic

Ogden Regional Medical Center

### Tuesday, May 14 Meeting Schedule

#### 6:30 PM

Islamic Medicine's Contributions to the World and the Impact of the Syrian War on Health Facilities

(1 AMA PRA Category 1 Credits™) Abdul Nasser Kaadan, MD, PhD Ballroom A, B, C

#### 7:30 PM

Human Trafficking—Operation Underground Railroad (OUR) (1 CME) Timothy Ballard, Author, Founder of OUR Ballroom A, B, C

### Wednesday, May 15 Meeting Schedule

#### 7:00 AM

Welcome and Announcements

#### 7:30 AM

What's New in My Specialty?

Updates in the Treatment of Sleep Apnea: Hypoglossal Nerve Stimulator Implantation (.5 CME)

Douglas K. Anderson, мD

Ballroom A, B, C

#### 8:00 AM

What's New in My Specialty?

What's New in Pediatric Ophthalmology? (.5 CME)

Michael Bullard, MD

Ballroom A, B, C

#### 8:30 AM

What's New in My Specialty?

Updates in the Management of Craniofacial Deformities (.5 CME)

Devan Griner, MD

Ballroom A, B, C

#### 9:00 AM

What's New in My Specialty?

Whole Blood Transfusions (.5 CME)

David Morris, MD

Ballroom A, B, C

#### 9:30 - 10:00 AM

Break with Exhibitors

#### 10:00 AM

3D Patient-Specific Health Care: 3D Present and Future as related to Medical Models, Medical Guides, Implants, BioPrinting, 3D Printed

Drugs, and AR/VR (1 CME)

Jerry Ropelato, CEO WhiteClouds

Ballroom A, B, C

or

#### Clinical Poster Presentation (1 CME)

Residents and wsu Students

Room 320

### Annual Hall of Fame 2018 - 2019

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F. Neal Mortenson, MD

Allen Olsen, MD

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George Snell, MD

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Marlon Haslam, мD

### Past Officers of the Society

| Past                 | t Presidents          | 2001 J. D. Wahlen, мD             |
|----------------------|-----------------------|-----------------------------------|
| 40.4                 | C I Dish ven          | 2002 J. R. Wood, мр               |
| 1947                 | C. L. Rich, MD        | 2003 D. J. Reinhart, мD           |
| 1948                 | E. Z. Dumke, MD       | 2004 J. W. Starley, мD            |
| 1949                 | Conrad Jensen, мD     | 2005 S. D. Scharmann, мD          |
| 1950                 | V. L. Ward, MD        | 2006 R. D. Whipple, мD            |
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| 1952                 | G. M. Fister, MD      | 2008 D. K. Anderson, мD           |
| 1953                 | I. B. McQuarrie, MD   | 2009 M. L. Johnson, MD            |
| 1954                 | H. C. Strangquist, мр | 2010 H. O. Senekjian, MD          |
| 1955                 | D. W. Tanner, MD      | 2011 H. L. Heileson, MD           |
| 1956                 | W. J. Thomson, MD     | 2012 D. M. Allen, MD              |
| 1957                 | R. N. Hirst, мD       | 2013 С. M. Gonzales, мр           |
| 1958                 | R. F. Howe, MD        | 2014 N. K. Varma, MD              |
| 1959                 | N. Z. Tanner, MD      | 2015 R. C. Moesinger, MD          |
| 1960                 | С. С. Hetzel Jr., мр  | 2016 A. R. Hartman, MD            |
| 1961                 | J. E. Rich, мD        | 2017 J. R. Hoagland, MD           |
| 1962                 | O. E. Grua, мD        | 2018 K. E. Rifleman, MD           |
| 1963                 | L. S. Peery, MD       | 2019 M. S. Webb, MD               |
| 1964                 | R. W. Pugmire, мD     | 2019 111. 0. 11000, 1110          |
| 1965                 | L. R. Curtis, MD      | Past Secretaries                  |
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| 1967                 | A. J. Lund, мD        | 1947 to 1951 G. M. Fister, MD     |
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| 1970                 | K. F. Farr, MD        | 1961 to 1968 А. J. Lund, мр       |
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| 1972                 | W. G. Harline, MD     | 1971 to 1977 С. S. Feeny, мр      |
| 1973                 | W. L. Richards, MD    | 1977 to 1981 Harvey Ruskin, мD    |
| 1974                 | J. W. McEntire, MD    | 1981 to 1985 A. F. Budge, мр      |
| 1975                 | T. M. Feeny, MD       | 1985 to 1989 R. L. Alder, мD      |
| 1976                 | V. R. Kelly, MD       | 1989 to 1994 R. J. Alley, мD      |
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| 1978                 | D. C. Hunter Jr., MD  | 1998 to 2001     J. R. Wood, мр   |
| 1979                 | C. S. Feeny, MD       | 2001 to 2005 A. A. Gabrielsen, мр |
| 1980                 | D. F. Hammond, мD     | 2005 to 2006 D. J. Reinhart, мD   |
| 1981                 | V. H. Johnson, MD     | 2006 to 2011                      |
| 1982                 | N. Nellis, MD         | 2011 to 2013 H. L. Heileson, мр   |
| 1983                 | M. J. Haslam, мр      | 2013 to date В. J. Campbell, мр   |
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| 1985                 | R. E. Nilsson, MD     | Past Treasurers                   |
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| 1987                 | A. F. Budge, MD       | 1949 to 1952 D. M. Moore, мD      |
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| 1989                 | R. B. Foley, MD       | 1957 to 1959 V. H. Johnson, мD    |
| 1990                 | M. A. Godfrey, мр     | 1960 to 1962 W. G. Harline, MD    |
| 1991                 | R. L. Alder, MD       | 1963 to 1965 L. G. Merril, мD     |
| 1992                 | V. B. Johnson, MD     | 1966 to 1970 J. Amano, MD         |
| 1993                 | B. T. Neville, MD     | 1971 to 1975 L. W. Spenser, мD    |
| 1994                 | R. Lehr, MD           |                                   |
| 1994                 | R. C. Newman, MD      |                                   |
| ±223                 |                       |                                   |
| 1006                 |                       | 1982 to 1990 V. B. Johnson, MD    |
| 1996                 | C. M. Campbell, мр    | 1991 to 1996 A. H. Wagnon, MD     |
| 1996<br>1997<br>1998 |                       |                                   |

2004 to 2017 F. H. Brown, MD

2018 to date S. D. Scharmann, MD

### Wednesday, May 15 (continued)

#### 11:00 AM

Bringing Health Care to the World with Statistics (1 CME)

Brent C. James, MD

Ballroom A, B, C

01

Clinical Poster Presentation (1 CME)

Residents and WSU Students

Room 320

#### 12:00 - 12:30 PM

Lunch

#### 12:30 - 2:00 PM

Keynote Lunch Speaker

Past, Present, and Future of Antidoping and Performance-Enhancing Drugs in Sports (1.5 CME)

Gary Green, MD

Ballroom A, B, C

#### 2:00 - 2:30 PM

Break with Exhibitors

#### 2:30 PM

Aligning Community Initiatives to Address Social Determinants of Health (1  $\mbox{\scriptsize CME})$ 

Brian Bennion, MPA, LEHS, Melissa Freigang, MOL, Angela Choberka, MA Ballroom A  ${\mathcal B}$  B

#### 2:30 PM Skill Lab #1 — Neuroimaging for the Non-Radiologist (1 CME)

David Francom, MD

Room 321

#### **2:30 PM** Skill Lab #2 — Vertigo (1 CME)

Neil Van Leeuwen, MD

Ballroom C

#### 2:30 PM Skill Lab #3 — Photoscreening-Pediatric Vision Screening

(1 CME)

Michael Bullard, мр

Room 404B

1999 J. R. Anderson, MD

2000 C. H. Merkley, MD

### Wednesday, May 15 (continued)

2:30 PM Skill Lab #4 — Shoulder Exam/Injection Skills for the Primary Care Physician (1 CME)

Steve Scharmann, MD, Joel Bass, MS, Christopher Bell, MD, Jason Blackham, MD, Clark Madsen, MD, MS, Brett Martindale, MD, Todd May, DO, Daniel Tensmeyer, мр, and David Tensmeyer, мр

Room 312

**2:30 PM** Skill Lab #5 — Knee Exam/Injection Skills for the Primary Care Physician (1 CME)

Steve Scharmann, MD, Joel Bass, MS, Christopher Bell, MD, Jason Blackham, MD, Clark Madsen, MD, MS, Brett Martindale, MD, Todd May, DO, Daniel Tensmeyer, мр, and David Tensmeyer, мр

Room 305

#### 3:30 PM

Rocky Vista University College of Osteopathic Medicine (1 CME)

David Park, DO

Ballroom A & B

**3:30 PM** Skill Lab #1 — Neuroimaging for the Non-Radiologist (1 CME)

David Francom, MD

Room 321

**3:30 PM** Skill Lab #2 — Vertigo (1 CME)

Neil Van Leeuwen, MD

Ballroom C

**3:30 PM** Skill Lab #3 — Photoscreening–Pediatric Vision Screening (1 CME)

Michael Bullard, мр

Room 404B

**3:30 PM** Skill Lab #4 — Shoulder Exam/Injection Skills for the Primary Care

Physician (1 CME)

Steve Scharmann, MD, Joel Bass, MS, Christopher Bell, MD, Jason Blackham, MD, Clark Madsen, MD, MS, Brett Martindale, MD, Todd May, DO, Daniel Tensmeyer, мD, and David Tensmeyer, мD

Room 312

# Heartfelt Acknowledgment to our Endowment & Perpetual Memorial Contributors

Ruth Eleanor Bamberger & John Ernest Bamberger

The Hope Eccles Behle Family

Val A. Browning Foundation

William P. Daines, MD

Lawrence T. & Janet T. Dee Foundation

In Memory of William Riley Brown, MD

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Willard Eccles and Mrs. Ruth Pierpont Eccles

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The Wade & Harold Mack Family

The Maude Dee Porter Memorial Fund

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Junior Edward Rich, мр

Harlo B. Rigby Charitable Trust

Donnell and Elizabeth Shaw Stewart

A. Z. Tanner, MD

R. Joseph Watson, MD Memorial Fund

Elvaretta Littlefield Wattis

### Poster Presentation

- The Clinical Poster Presentation Sessions will be held on Wednesday, May 15, 2019 at 10:00 AM and 11:00 AM in Ballroom C. The posters will stay up for voting until 5:00 PM.
- 2 Doctorate Level and wsu students will be presenting their Research Clinical Posters.
- All Attendees of the conference are encouraged to attend and cast your vote for the top three presentations in the doctorate level category and the student category.
- When voting, please consider:
  - Originality/innovative nature of project
  - Statement of purpose/goals
  - Project description
  - Evidence-based nature of content
  - Validity of conclusions

### Wednesday, May 15 (continued)

### **3:30 PM** Skill Lab #5 — Knee Exam/Injection Skills for the Primary Care Physician (1 CME)

Steve Scharmann, MD, Joel Bass, Ms, Christopher Bell, MD, Jason Blackham, MD, Clark Madsen, MD, Ms, Brett Martindale, MD, Todd May, DO, Daniel Tensmeyer, MD, and David Tensmeyer, MD
Room 305

#### 4:30 PM Update on Mammography (1 CME)

Brett T. Parkinson, MD

### **4:30 PM** Skill Lab #1 — Neuroimaging for the Non-Radiologist (1 CME) David Francom, MD

Room 321

#### **4:30 PM** Skill Lab #2 — Vertigo (1 CME)

Neil Van Leeuwen, MD

Ballroom C

### **4:30 PM** Skill Lab #3 — Photoscreening-Pediatric Vision Screening (1 CME) Michael Bullard, MD

Room 404B

### **4:30 PM** Skill Lab #4 — Shoulder Exam/Injection Skills for the Primary Care Physician (1 CME)

Steve Scharmann, MD, Joel Bass, Ms, Christopher Bell, MD, Jason Blackham, MD, Clark Madsen, MD, Ms, Brett Martindale, MD, Todd May, DO, Daniel Tensmeyer, MD, and David Tensmeyer, MD

Room 312

### **4:30 PM** Skill Lab #5 — Knee Exam/Injection Skills for the Primary Care Physician (1 CME)

Steve Scharmann, MD, Joel Bass, Ms, Christopher Bell, MD, Jason Blackham, MD, Clark Madsen, MD, Ms, Brett Martindale, MD, Todd May, DO, Daniel Tensmeyer, MD, and David Tensmeyer, MD

Room 305

### Thursday, May 16 Meeting Schedule

#### 7:00 AM

Welcome and Announcements

#### 7:30 AM

What's New in My Specialty? **Procedural Sedation** (.5 CME) William Sheffield, MD Ballroom A, B, C

#### 8:00 AM

What's New in My Specialty?

Update of the Recent Utah State Legislative Session from the UMA

Perspective (.5 CME)

Michelle McOmber, MBA, CAE, CEO Utah Medical Association

Ballroom A, B, C

#### 8:30 AM

What's New in My Specialty? **Update on Ear Implants for Hearing Loss** (.5 CME)

Richard Gurgel, MD

Ballroom A, B, C

#### 9:00 AM

Essential Oils (.5 CME) Brannick Riggs, MD Ballroom A, B, C

#### 9:30 - 10:00 AM

Break with Exhibitors

#### 10:00 AM

Management of Traumatic Brain Injury in Primary Care (1 CME) Adam Schwebach, PhD & Josh Matyi, MS, Doctoral Candidate Ballroom A, B, C

#### 11:00 AM

**Unthinkable** (1 CME) Scott Rigsby Ballroom A, B, C or (see next page)

### McKay-Dee Family Medicine Residents



Jeff David DO Arizona College of Osteopathic Medicine



Valeria Dias
MD
University of Washington



Derrick Hall MD Medical College of Wisconsin



Jonas Peterson MD
University of Utah



Rusty Stodtmeister MD
University of Nevada



Derek Wille MD University of Washington

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Medical Group
Intermountain Layton
Clinic
Layton, Utah



Neil Van Leeuwen MD Otolaryngologist Tanner Clinic Ogden, Utah

### Thursday, May 16 (continued)

Bringing Financial Knowledge to the Physician Community (No CME)
Patrick Brady, CRPS®, AIF®, Eric Halvorsen, MBA, CFP®, CIMA®, & Chad Kelley, CFP®
Room 301

#### 12:00 - 12:30 PM

Lunch

Ballroom A, B, C

#### 12:30 - 2:00 PM

Keynote Lunch Speaker

We Make A Life by What We Give and We Come to Life with Those We Serve

(1.5 CME)

Richard Gunderman, MD, PhD

Ballroom A, B, C

#### 2:00 - 2:30 PM

Break with Exhibitors

#### 2:30 PM

Nephrology Lecture

Managing Liver Disease Complications in CKD (1 CME)

ABIM MOC: 1.00 Point Trevor Smith, MD

Ballroom A & B

OΥ

#### State of Medical Marijuana in Utah/Evidence in Support of Medical

Marijuana (1 CME)

Michelle McOmber, MBA, CAE, CEO Utah Medical Association &

Courtney Ladika, MD

Ballroom C

#### 2:30 PM Skill Lab #1 — Chest Imaging for the Non-Radiologist (1 CME)

Talmage Shill, мD

Room 321

#### 2:30 PM Skill Lab #2 — Hand-Held Ultrasound (1 CME)

Clark Madsen, MD, MS

Room 312

#### 2:30 PM Skill Lab #3 — BLS (1 CME)

Sandra Rudh, MN, RN & Kristyn Steedley, MN, RN

Room 320

### Thursday, May 16 (continued)

#### 3:30 PM

Nephrology Lecture

Disorders of Phosphorous Metabolism (1 CME)

ABIM MOC: 1.00 Point Bruce L. Horowitz, MD Ballroom A & B

0

Taking Procedural Health Care out of the Hospital (.5 CME)

and Medicinal Garden (.5 CME)

Christopher Kim, MD & Angela Decker, Horticulturist from Red Butte Gardens Ballroom A, B, C

**3:30 PM** Skill Lab #1 — Chest Imaging for the Non-Radiologist (1 CME)

Talmage Shill, мD

Room 321

**3:30 PM** Skill Lab #2 — Hand-Held Ultrasound (1 CME)

Clark Madsen, MD, MS

Room 312

**3:30 PM** Skill Lab #4 — **PALS** (2 CME)

Sandra Rudh, mn, rn & Kristyn Steedley, mn, rn

Room 320

#### 4:30 PM

Nephrology Lecture

What's New in Nephrology? (1 CME)

ABIM MOC: 1.00 Point

Harry O. Senekjian, мD

Ballroom A & B

or

Principles of Financial Success for Medical Providers (1 CME)

James Dahle, мр

Ballroom C

**4:30 PM** Skill Lab #1 — Chest Imaging for the Non-Radiologist (1 CME)

Talmage Shill, MD

Room 321

**4:30 PM** Skill Lab #2 — Hand-Held Ultrasound (1 CME)

Clark Madsen, MD, MS

Room 312

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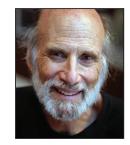
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Jerry Ropelato CEO WhiteClouds Ogden, Utah



Sandra Rudh MN, RN Education Coordinator Staff Development Ogden Regional Medical Center Ogden, Utah

### Friday, May 17 Meeting Schedule

#### 7:00 AM

Welcome and Announcements

#### 7:30 AM

What's New in My Specialty?

Cognitive Behavioral Therapy by Primary Care (.5 CME)

Ben Christiansen PSYD, LP

Ballroom A, B, C

#### 8:00 AM

What's New in My Specialty? **Action Plan for Anaphylaxis** (.5 CME) Glen Porter, MD Ballroom A, B, C

#### 8:30 AM

What's New in My Specialty?

Thrombolic I-Iliofemoral DVT (.5 CME)
Carl Black, MD
Ballroom A, B, C

#### 9:00 AM

What's New in My Specialty? Thrombolic II- Pulmonary Embolism Update (.5 cme) Carl Black, MD Ballroom A, B, C

#### 9:30 - 10:00 AM

Break with Exhibitors

#### 10:00 AM

Resident Presentation (1 CME) Ballroom A, B, C

#### 11:00 AM

Resident Presentation (1 CME) Ballroom A, B, C

#### 12:00 - 12:30 PM

Lunch

### Friday, May 17 (continued)

#### 12:30 - 2:00 PM

Keynote Lunch Speaker

How to Stay Human in Medicine: From the House of God to Man's  $4^{th}$  Best Hospital (1.5 CME)

Samuel Shem, MD

Ballroom A, B, C

#### 2:00 - 2:30 PM

Break with Exhibitors

#### 2:30 PM

Update on Infertility (1 CME)

C. Matthew Peterson, MD

Ballroom A & B

2:30 PM Skill Lab #1 — Musculoskeletal Imaging for the Non-Radiologist

(1 CME)

Phillip Fairbourn, мр

Room 321

2:30 PM Skill Lab #2 — PT for Primary Care Providers (1 CME)

Naomi Harris, Mpt, Deana Aure, pt, Pam Frinkman, pt, Ms, dpt, Nathan Goff, pt, cert mdt

Room 320

2:30 PM Skill Lab #3 — Utah Health Examiner: Life and Truth in the Medical Offices (1 CME)

Erik D. Christensen, MD, Chief Medical Examiner, Office of the Medical Examiner, Utah Department of Health

Room 312

2:30 - 6:45 PM Skill Lab #4 Opioid Prescribing — Pain Management and Opioids: Balancing Risks and Benefits\* (4 CME)

Timothy Houden, MD, Gaylinn Breeze, APRN, AGNP-C, DNP, Robin Ockey, MD, and Gary MacDonald, DO, MS

\*4.0 Hours of CME which will fulfill the requirements of UCA (Utah Code Annotated) 58-37-6.5 continuing education for controlled substances prescribers.

Acknowledgment: Presented in cooperation with the California Academy of Family Physicians, a member of the Collaborative on REMS Education (CO\*RE), 11 interdisciplinary organizations working together to improve pain management and prevent adverse outcomes.

RPC Commercial Support Disclosure Statement: This educational activity is supported by an independent educational grant from the ER/LA Opioid Analgesic REMS Program Companies (RPC). Please see http://ce.er-la-opioidrems.com/IwgCEUI/rems/pdf/List\_of\_RPC\_Companies.pdf for a listing of the member companies.

This activity is intended to be fully-complaint with the ER/LA Opioid Analgesic REMS education requirements issued by the US Food & Drug Administration (FDA).

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### Friday, May 17 (continued)

#### 3:30 PM

Advances in Acute Stroke Care (1 CME)

Megan Donohue, MD, Coleman Herrod, MD, and Maria Jepperson, MD Ballroom A  $\mathop{\mathcal{S}^{}}\nolimits$  B

**3:30 PM** Skill Lab #1 — Musculoskeletal Imaging for the Non-Radiologist (1 CME)

Phillip Fairbourn, MD

Room 321

**3:30 PM** Skill Lab #2 - PT for the Primary Care Physician–Who, What, & When (1 CME)

Naomi Harris, mpt, Deana Aure, pt, Pam Frinkman, pt, ms, dpt, Nathan Goff, pt, cert mdt

Room 320

**3:30 PM** Skill Lab #3 — Utah Health Examiner: Life and Truth in the Medical Offices (1 CME)

Erik D. Christensen, MD, Chief Medical Examiner, Office of the Medical Examiner, Utah Department of Health

Room 312

#### 4:30 PM

GI Testing in Primary Care, When and What to Order (1 CME)

Chad M. Gonzales, MD

Ballroom A & B

**4:30 PM** Skill Lab #1 — Musculoskeletal Imaging for the Non-Radiologist

(1 CME)

Phillip Fairbourn, MD

Room 321

4:30 PM Skill Lab #2 — PT for the Primary Care Physician—Who, What,

& When (1 CME)

Naomi Harris, mpt, Deana Aure, pt, Pam Frinkman, pt, ms, dpt, Nathan Goff, pt, cert mdt

Room 320

**4:30 PM** Skill Lab #3 — Utah Health Examiner: Life and Truth in the Medical Offices (1 CME)

Erik D. Christensen, MD, Chief Medical Examiner, Office of the Medical Examiner, Utah Department of Health

Room 312

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