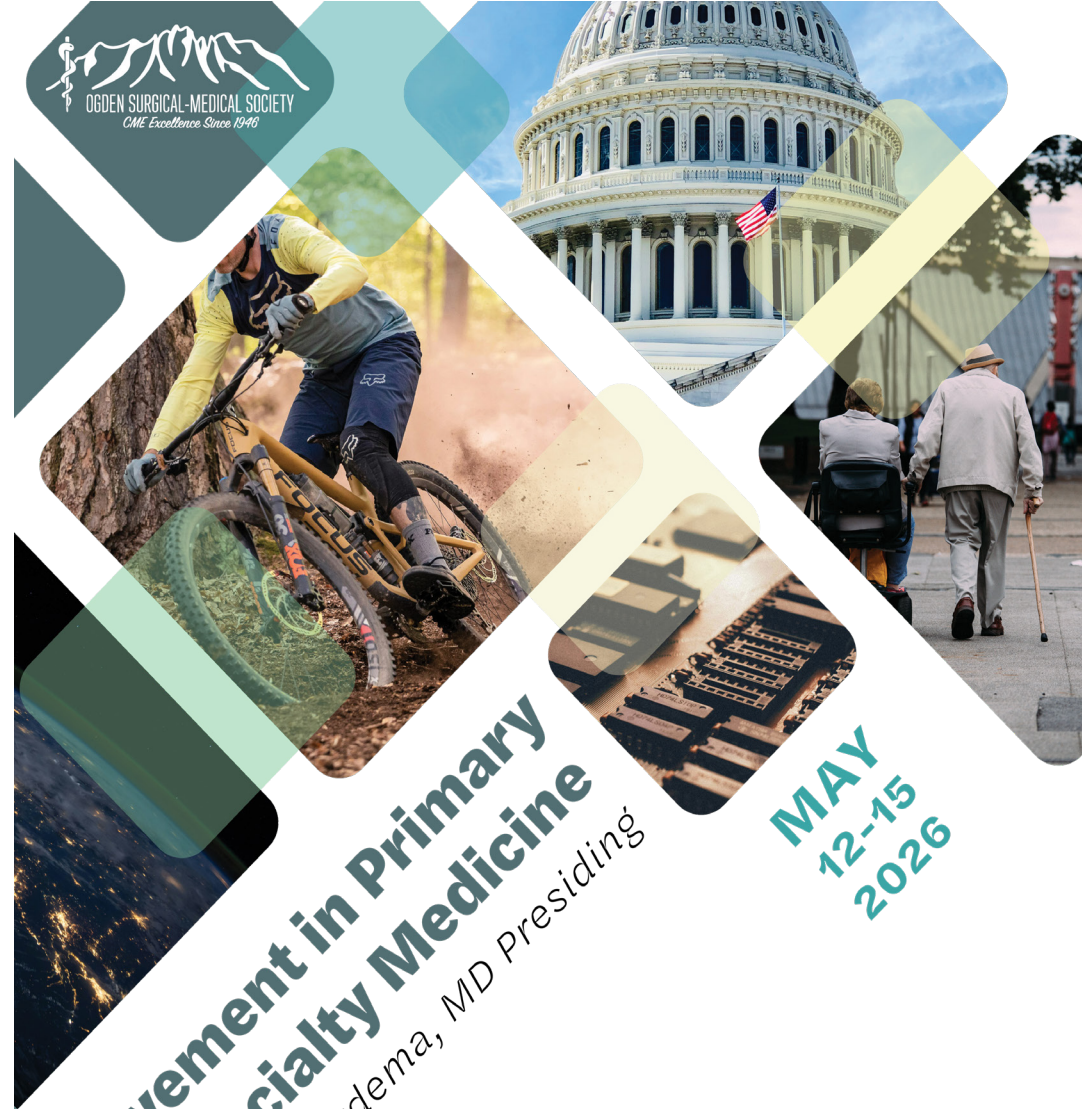




Movement in Primary & Specialty Medicine

Critt Aardema, MD Presiding

**MAY
12-15
2026**

Accreditation

The Ogden Surgical-Medical Society designates this live activity for a maximum of *29.75 AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing education to physicians.

The Ogden Surgical-Medical Society is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. The AOA designates this program for a maximum of 29.75 AOA Category 1A credits. Physicians should claim only the credit commensurate with the extent of their participation.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

ACGME Competencies: This course is designed to meet the following Accreditation Council of Graduate Medical Education Competencies: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism, and System-Based Practice.

Did You Know?



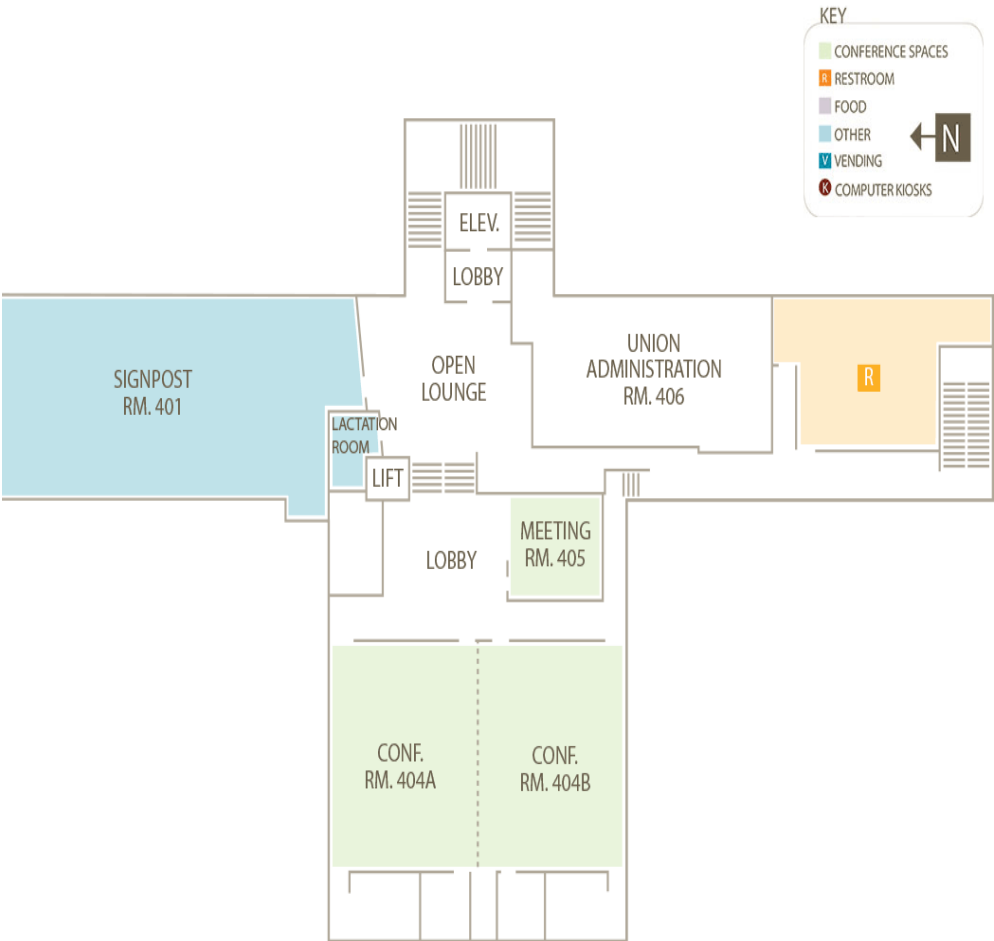
National Kidney Foundation™
of Utah and Idaho

- **1 in 3** American adults is at high risk for kidney disease (KD)
- About **1 in 2** U.S. adults aged 30–64 will develop chronic kidney disease over the course of their lifetime.
- **1 in 7** American adults has KD, and most don't know it
- **Diabetes and high blood pressure** are the two leading causes of KD
- Nearly **38.4 million** Americans (**1 in 10**) have diabetes
- Diabetes is the leading cause of kidney failure in the U.S., accounting for roughly **40–45% of the more than 800,000** Americans living with end-stage kidney disease
- **About half** of American adults have high blood pressure, and roughly **1 in 5** of them don't know it
- Kidney Disease causes over **50,000** deaths in the U.S. each year and is a leading cause of death.
- Because KD often has **no symptoms**, it can go undetected until it is very advanced
- **Early detection** and treatment can slow or prevent the progression of KD
- Of the **100,000** Americans on the waiting list for a lifesaving organ transplant, over **90,000** need a kidney, and about **27,000** kidney transplants are performed each year
- Every day, about **12 people die** waiting for a kidney transplant in the U.S.
- Once the kidneys fail, dialysis or a kidney transplant is **required**
- Over **540,000** Americans are on dialysis and more than **260,000** live with a functioning kidney transplant
- People with Kidney Disease often require frequent medical care to manage their condition
- CKD and end-stage kidney disease together cost the U.S. healthcare system over **130 billion** each year.

Contents

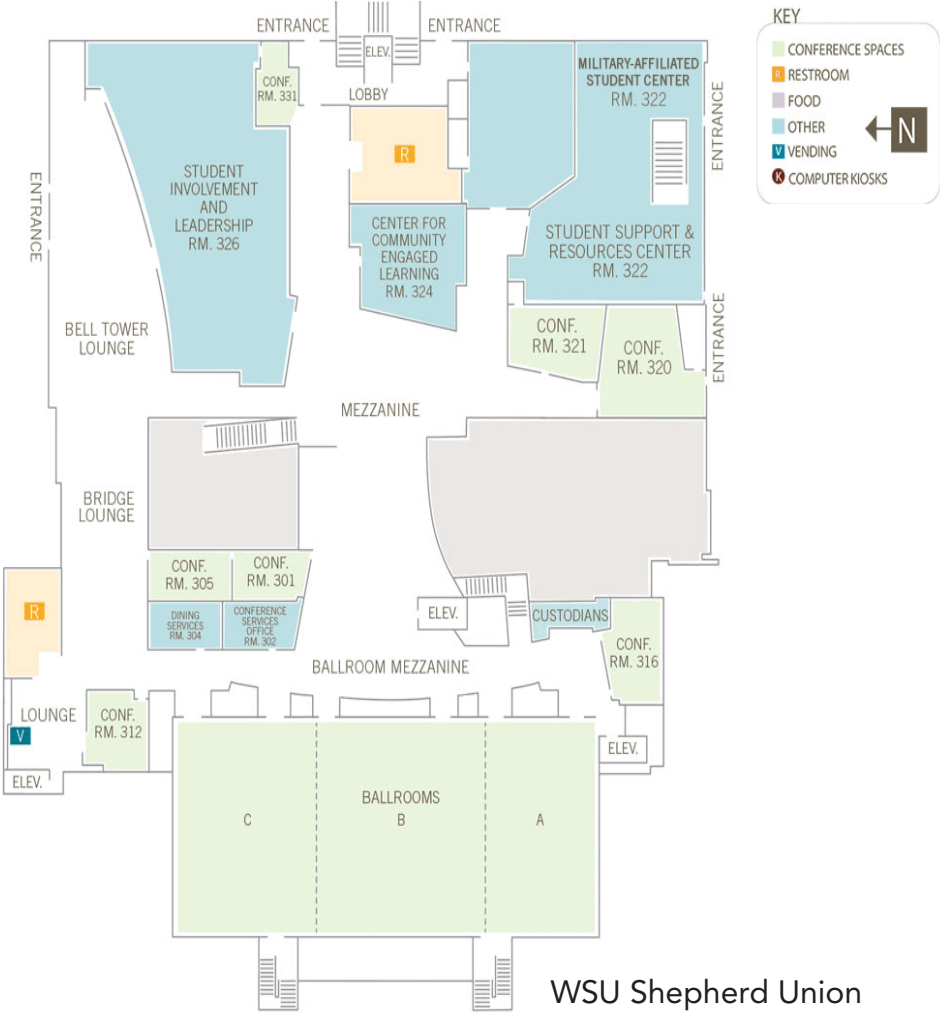
Map & 2027 Conference Dates.....	02
President's Message.....	04
Authors & Book Signings.....	05
General Information.....	06
OSMS Officers 2026.....	10
Meeting Schedule for Tuesday, May 12.....	11
Meeting Schedule for Wednesday, May 13.....	12
Meeting Schedule for Thursday, May 14.....	14
Meeting Schedule for Friday, May 15.....	17
Faculty.....	20
Poster Presentations.....	29
Heartfelt Acknowledgment to our Endowment & Perpetual Memorial Contributors.....	30
Past Officers of the Society.....	31
Annual Hall of Fame 2026 – 2027.....	32
Thank You to our Exhibitors.....	33
Thank You to our Generous Sponsors.....	34
In Memory of.....	36

Map & 2027 Conference Dates



WSU Shepherd Union Building
Fourth Floor

Map & 2027 Conference Dates



WSU Shepherd Union
Building Third Floor

Looking Ahead!

Save the dates for the 2027 Ogden Surgical-Medical Society conference: May 11, 12, 13, & 14, 2027

President's Message



Dear Esteemed Colleagues,

I am honored to invite you to the **81st Annual Ogden Surgical-Medical Society Conference**, held May 12–15, 2026, at Weber State University. The theme of this year is "**Movement in Medicine**," this year's program will offer insight, motivation, and professional inspiration.

To ensure maximum accessibility, we are offering a flexible hybrid format featuring in-person, streamed, and recorded sessions. Attendees can earn up to **29.75 AMA PRA Category 1 Credits™** while engaging with a diverse curriculum.

Conference Highlights

Our keynote lineup features exceptional leaders across sports, academia, government, and literature:

- **Coach Ed Eyestone:** Two-time Olympian on the science of athletic performance.
- **Dr. Mark Ott:** Founding Dean of BYU Medical School on the future of global medicine.
- **Congressman Blake Moore:** Insights into healthcare policy and Washington advocacy.
- **Michael Easter:** Bestselling author exploring the intersection of ancient wisdom and modern health.

Beyond the keynotes, the program features clinical "Pearls" across specialties—from Orthopedic Surgery and Psychiatry to Adventure Medicine and Medical Cannabis. You will also hear the powerful story of Sarah Frei's recovery and receive vital legislative updates from the Utah Medical Association.

With available NRP/ACLS recertifications. Evening social events will be hosted by our generous hospital and clinic sponsors.

Sincerely,

Critt Aardema, M.D.
2026 Ogden Surgical-Medical Society President

Authors & Book Signings

Michael Easter

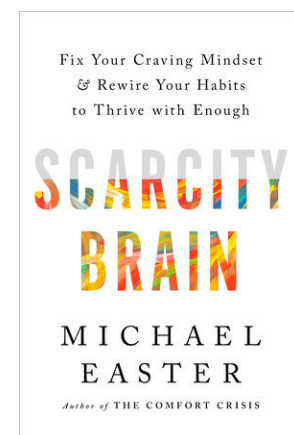
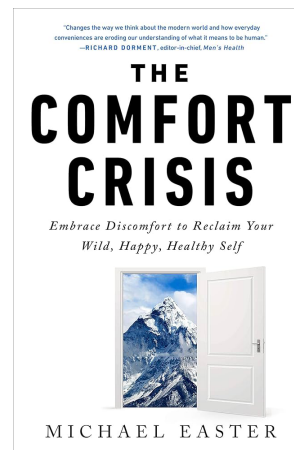
Michael Easter is the Wednesday Keynote Lunch Speaker: ***The Comfort Crisis***

Book Signing will be from 2:00 PM to 2:30 PM at the registration desk, Wednesday, May 13, 2026.

Michael Easter is a **New York Times bestselling author**, journalist, and professor known for exploring how modern comfort, technology, and scarcity psychology shape human health and performance.

He is the author of ***The Comfort Crisis*** and ***Scarcity Brain***, and his work has appeared in *Men's Health*, *Outside*, *Vice*, *Scientific American*, *Esquire*, and more. He teaches at the **University of Nevada, Las Vegas (UNLV)** and writes the popular **Two Percent** newsletter focused on health, mindset, and performance.

His research has taken him from the Arctic to war zones to remote jungles, where he investigates how discomfort, challenge, and behavioral science can help people live healthier, more meaningful lives.



General Information

Registration

Please check in at the registration desk to pick up conference materials.

To get credit for attendance, please use the conference app. If you wish, the staff members can help you with this process at the registration tables.

Course Goals

This program will offer a selection of topics to benefit a variety of medical professionals. The course strategy is to provide quality CME subjects that cover a broad range of topics in medicine.

ACGME Competencies

This course is designed to meet the following Accreditation Council of Graduate Medical Education Competencies: Patient Care, Medical Knowledge, Practice-Based Learning and Improvement, Interpersonal and Communication Skills, Professionalism, and System-Based Practice.

CME Accreditations

The Ogden Surgical-Medical Society is accredited by the Utah Medical Association to provide continuing medical education for physicians.

The Ogden Surgical-Medical Society designates this live activity for a maximum of 29.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This meeting was one of the first of its kind to meet the standards established by national medical accrediting bodies, and over the years has been attended by thousands of physicians.

AAFP

The AAFP has reviewed Movement in Primary & Specialty Medicine 2026 and deemed it acceptable for up to 29.00 Live AAFP Prescribed credit(s). Term of Approval is from 05/12/2026 to 05/15/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The AAFP has reviewed Pain Management & Opioids: A Patient-Centered Approach and deemed it acceptable for up to 4.00 Live AAFP Prescribed credit(s). Term of Approval is from 05/15/2026 to 05/15/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AOA

The Ogden Surgical-Medical Society is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians.

The AOA designates this program for a maximum of 29.75 AOA Category 1A credits. Physicians should claim only the credit commensurate with the extent of their participation.

General Information

Overall Program Objectives

At the completion of the medical conference, attendees will have a better idea of how to treat, manage, and educate their patients by:

1. Addressing pearls from specialty medicine (and when to refer) concerning orthopedics; vaccine politics; weight loss medicines (GLP-1); hospice & palliative care; alternative treatments for depression; genetics/Ehlers-Danlos syndrome; new guidelines for pediatric obesity; new concussion protocol & health approach; complex regional pain syndrome & testing; urology-prostate cancer screening and the evolution of active surveillance; and tobacco data and enforcement in Weber & Morgan Counties.
2. Identifying current medical issues (and when to refer) concerning wound care: adventure medicine; nephrology lectures: home dialysis modalities, polycystic kidney disease, and hemodialysis and peritoneal dialysis access; women's health: women in sports/balance needed, menopause, and sexual medicine; and modern mechanisms for old medicine part 1: leveraging osteopathic neuromusculoskeletal medicine for enhanced patient outcomes.
3. Providing education of interest concerning the comfort crisis; lessons on movement from a runner, Olympian, and Team USA coach; what the health is happening; creating BYU medical school; vascular & lead surgeon for project recovery; and project recovery: Sarah's Story.
4. Completing an opioid education CME course to fulfill the Utah DOPL prescription licensure.
5. Completing a medical cannabis course, Medical Cannabis in Utah: Law Update And Best Practices for Safe Use of Medical Cannabis
6. Experiencing hands-on performance skill labs concerning exercise science regime for clinicians and their patients; hands-on wound care; prescribing movement: yoga (floor & chair); OMT implementation; vestibular rehab; taping skill lab (ankles & knees); NRP recertification; and ACLS recertification.
7. Identifying resident, medical student, and undergraduate quality improvement research and/or clinical project lectures and posters.
8. Addressing the current medical issues, and through review or integration of new or improved discoveries of current medical issues, improve competence and performance in clinical practice for patient care.
9. Identifying recent changes in healthcare laws and policies from the update of the recent Utah legislature from the UMA perspective. With this information, it is important to discuss the impact on the medical practice and practitioner.
10. Enhancing competence and performance skills of the interdisciplinary team to improve care of patients needing primary and/or specialty care. The intent is to facilitate productive, collegial action between the medical team, including physicians, physician assistants, nurses, nurse practitioners, social workers, and first responders.

General Information

Free Events with OSMS Conference

Tuesday, May 12, 2026
Tuesday Evening Dinner with CME

4:30 PM: Pre-Registration Starts

4:30 PM - 6:30 PM: Poster Contest with pre-med students, medical school students, and residents (2 CME)

6:30 PM - 8:00 PM: Dinner with CME (1.5 CME)

Seating is limited. Reservations required. Plus 1 free.

Weber State University, Shepherd Union Building, 3rd Floor
3910 West Campus Drive
Ogden UT 84408

Sponsored by Stewart Education Foundation

Wednesday, May 13, 2026
McKay-Dee Physician Family Movie Night:
Movie & Treats, movie seating
6:30 PM, 7:00 PM Start

Megaplex Theaters at The Junction
2351 Kiesel Ave., Ogden UT 84401

Seating is limited. Reservations are required.

Sponsored by Intermountain Health McKay-Dee Hospital

Thursday, May 14, 2026
Ogden Regional Medical Center Pickleball Tournament OR Dinner

6:30 PM - 8:00 PM: Dinner

6:00 PM - 9:00 PM: Pickleball

Thursday night entertainment: Live music by Peter Breinholt

Seating is limited. Reservations required.

Weber State University, Shepherd Union Building, 3rd Floor
3910 West Campus Drive
Ogden UT 84408

The Picklr @
2491 E 6700 S, Uintah, UT 84405

Sponsored by Ogden Regional Medical Center

Friday, May 15, 2024
CommonSpirit Holy Cross Hospital-Davis and Tanner Clinic Family Night

6:30 - 9:00 PM

Layton Aquarium & Wildlife (formerly Seaquest)
Layton Hills Mall, 1201 N. Hill Field Rd., Layton, UT 84041

Reservations required.

Sponsored by CommonSpirit Holy Cross Hospital-Davis & Tanner Clinic

General Information

Membership

As a member of the Ogden Surgical-Medical Society, you receive membership in Ogden Surgical - Medical Society, 50+ CME credits, 29.75 CME live credits, and 35+ CME recorded credits. Breakfasts, lunches, and breaks with free evening events and dinner events are also included.

Annual dues are:

\$595	DoctorateLevelProvider
\$570	Doctorate Level, attending first time ever
\$495	Advanced Practice Clinician
\$345	Retired Doctorate Level Provider & Advanced Practice Clinician
\$320	Nurse, Social Worker, and EMS Professional

Special Needs

The Ogden Surgical-Medical Society and Weber State University fully comply with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant needs accommodations, please call Teresa Puskedra at 801-564-5585.

History

The Ogden Surgical-Medical Society originated from a cloak-room discussion between Doctors E. R. Dumke, C. L. Rich, and G. M. Fister. In their effort to bring quality medical education to the community of Ogden, they held the first “Spring Surgical Clinic” on April 16, 1946, in the lecture hall of the old Thomas D. Dee Memorial Hospital.

Since that time the Society has grown in membership and still provides a faculty that is comprised of eminent medical scientists, teachers, and practitioners from the leading medical centers of America and, on occasion, the world.

This meeting was one of the first of its kind to meet the standards established by the national medical accrediting bodies, and over the years has been attended by thousands of physicians.

We gratefully acknowledge the beneficence and significant contributions of our loyal friends of the Society. Their endowment and perpetual memorials set the foundation for the Ogden Surgical-Medical Society to continue their mission.

OSMS Officers 2026

President

Critt Aardema, MD

President Elect

Brian Heaton, MD

Past President

Adam Taintor, MD

Advisory Board Members

Adam Taintor, MD

Douglas K. Anderson, MD

Kirsten Baca, MD

Frank H. Brown, MD

Bryan Campbell, MD

Micheal Grant, MD

Josh Hansen, MD

Albert Hartman, MD

Michaela Harris, MPH

Heather Heilesen, MD

Jason R. Hoagland, MD

Marc Johnson, MD

Val Johnson, MD

Jeremy Kessler, MD

Clark Madsen, MD, MS

M. Scott Moore, DO

Kurt E. Rifleman, MD

Robert Rice, MD

Steve Scharmann, MD

Robert Whipple, MD

Program Committee

Critt Aardema, MD

Board Members

Finance Committee

Steve Scharmann, MD, Treasurer

Critt Aardema, MD

Bryan Campbell, MD

Heather Heilesen, MD

Marc Johnson, MD

Val Johnson, MD

Adam Taintor, MD

Teresa Puskedra, BA, MPC

CME Committee

Kurt E. Rifleman, MD, Chair

Douglas K. Anderson, MD

Adam Taintor, MD

Bryan Campbell, MD

Heather Heilesen, MD

Marc Johnson, MD

Teresa Puskedra, BA, MPC

Nominating Committee

Critt Aardema, MD

Adam Taintor, MD

Bryan Campbell, MD

Jason R. Hoagland, MD

Marc Johnson, MD

Staff

Alicia Duarte

Tatum Harris

Zoe Mosher

Thad Powell

Ari Wimmer

Ruby Woods

Tuesday, May 12 Meeting Schedule

4:30 PM

Poster Contest Presentation (*2 AMA PRA Category 1 Credit(s)*TM)
Residents, Medical School Students, & Pre-med Students
Belltower Lounge

6:30 PM

Keynote Lecture
Lessons on Movement from a Runner, Olympian, & Team USA Couch (1.50 CME)
Coach Ed Eyestone
Ballrooms A, B, & C

Wednesday, May 13 Meeting Schedule

7:00 AM

Welcome and Announcements
Ballrooms A, B, & C

7:30 AM

Pearls from My Specialty
New Concussion Protocol & Health Approach (.50 CME)
Josh Hansen, MD
Ballrooms A & B

8:00 AM

Pearls from My Specialty
Hospice and Palliative Care (.50 CME)
Gary Holland, MD
Ballrooms A & B

8:30 AM

Pearls from My Specialty
New Guidelines for Pediatric Obesity (.50 CME)
Jacqueline T. Chan, MD
Ballrooms A & B

9:00 AM

Pearls from My Specialty
Update of the Recent Utah Legislature from the UMA Perspective (.50 CME)
Michelle McOmber, MBA, CEO
Ballrooms A & B

Wednesday, May 13 (continued)

9:30 – 10:00 AM

Break with Exhibitors

10:00 AM

Modern Mechanisms for Old Medicine Part 1: Leveraging Osteopathic Neuromusculoskeletal Medicine for Enhanced Patient Outcomes (1 CME)

Scott Moore, DO

Ballrooms A & B

11:00 AM

Wound Care (1 CME)

Jeremy Kessler, MD

Ballrooms A & B

12:00 – 12:30 PM

Lunch

12:30 – 2:00 PM

Keynote Lunch Speaker

The Comfort Crisis (1.50 CME)

Michael Easter

Ballrooms A & B

2:00 – 2:30 PM

Break with Exhibitors

2:30 PM

Women's Health: Women in Sports, Balance Needed (1 CME)

Sarah Callister Sellers, CRNA

Ballrooms A & B

3:30 PM

Women's Health: Menopause (1 CME)

Camille Moreno, DO

Ballrooms A & B

4:30 PM

Women's Health: Sexual Medicine (1 CME)

Anna H. Nash, PhD, PA-C

Ballrooms A & B

Wednesday, May 13 (continued)

Skill Labs:

2:30 PM Only

Skill Lab #1 *Exercise Science Regime for Clinicians and Their Patients* (1 CME)

Michael Easter, Plenary Speaker

Ballroom C

3:30, & 4:30 PM Only

Skill Lab #2 *Hands-on Wound Care* (1 CME)

Jeremy Kessler, MD & The Advanced Wound Care and Hyperbaric Specialists Team

Room 312

2:30, 3:30, & 4:30 PM

Skill Lab #3 *NRP Recertification* (1 CME)

CommonSpirit Holy Cross Hospital-Davis Education Team

Room 320

3:30, & 4:30 PM Only

Skill Lab #4 *Modern Mechanisms for Old Medicine Part 2: Practical OMT Implementation for your Everyday Clinic* (1 CME)

Scott Moore, DO & Nathan Nakken, DO

Ballroom C

Thursday, May 14 Meeting Schedule

7:00 AM

Welcome and Announcements
Ballrooms A & B

7:30 AM

Pearls from My Specialty
Orthopedics (.50 CME)
Blake Sellers, MD
Ballrooms A & B

8:00 AM

Pearls from My Specialty
Urology-Prostate Cancer Screening and the Evolution of Active Surveillance (.50 CME)
Brian Heaton, MD
Ballrooms A & B

8:30 AM

Pearls from My Specialty
Tobacco Data and Enforcement in Weber and Morgan Counties (.50 CME)
Amanda Jones, MPH & Bryce Sherwood, MHA, CHES
Ballrooms A & B

9:00 AM

Pearls from My Specialty
Vaccine Politics (.50 CME)
Candice K. Smith, MD
Ballrooms A & B

9:30 AM - 10:00 AM

Break with Exhibitors

10:00 AM

Vascular & Lead Surgeon for Project Recovery (1 CME)
Mark R. Sarfati, MD
Ballrooms A & B

11:00 AM

Project Recovery: Sarah's Story (1 CME)
Sarah Frei Mills
Ballrooms A & B

12:00 – 12:30 PM

Lunch
Ballrooms A & B

Thursday, May 14 (Continued)

12:30 PM

Keynote Lunch Lecture: What the Health is Happening? Future of Health Care in the United States and Government Policy Action (.50 CME)
US Congressman Blake Moore
Ballrooms A & B

1:00 PM

New World Screwworm (.50 CME)
CAPT William A. Lanier, DVM, MPH
Ballrooms A & B

2:00 – 2:30 PM

Break with Exhibitors

2:30 PM

Nephrology Lecture: Home Dialysis Modalities (1 CME)
Josephine D. Abraham, MD, MPH
Ballrooms A & B

3:30 PM

Nephrology Lecture: Polycystic Kidney Disease (1 CME)
Stephen Sammons, MD
Ballrooms A & B

4:30 PM

Nephrology Lecture: Hemodialysis and Peritoneal Dialysis Access (1 CME)
David Bjerken, MD
Ballrooms A & B

Thursday, May 14 (continued)

Skill Labs:

2:30, 3:30, & 4:30 PM

Skill Lab #1 *ACLS Recertification (1 CME)*

CommonSpirit Holy Cross Hospital-Davis Education Team

Room 320

2:30 PM to 4:30 PM

Skill Lab #2 *Medical Cannabis in Utah: Law Update and Best Practices for Safe Use of Medical Cannabis (2 CME)*

Richard Oborn, MPA & Matthew S. McIff, MD

Room 404

2:30, 3:30, & 4:30 PM

Skills Lab #3 *Prescribing Movement: Yoga (Floor & Chair) (1 CME)*

Andrea Allen

Ballroom C

2:30, 3:30, & 4:30 PM

Skills Lab #4 *Vestibular Rehab (1 CME)*

Brent Webb, PT

Room 312

Friday, May 15 Meeting Schedule

7:00 AM

Welcome and Announcements

7:30 AM

Pearls from My Specialty

Complex Regional Pain Syndrome & Testing (.50 CME)

Kirsten Baca, MD

Ballrooms A & B

8:00 AM

Pearls from My Specialty

Genetics/Ehlers-Danlos Syndrome (.50 CME)

Douglas J. Ball, MD

Ballrooms A & B

8:30 AM

Pearls from My Specialty

Alternative Treatments for Depression (.50 CME)

Ben Van Leeuwen, MD, MPH

Ballrooms A & B

9:00 AM

Pearls from My Specialty

Weight Loss Medicines (GLP-1) (.50 CME)

Sarah Iannacone, PharmD, BCACP

Ballrooms A & B

9:30 – 10:00 AM

Break with Exhibitors

10:00 AM

Resident Lectures (2 CME)

Third-Year Residents

Ballrooms A & B

12:00 – 12:30 PM

Lunch

Ballroom C

Friday, May 15 (continued)

12:30 – 2:00 PM

Keynote Lunch Speaker

Creating the BYU School of Medicine (1.5 CME)

Mark Ott, MD

Ballrooms A & B

2:00 – 2:30 PM

Break with Exhibitors

2:30 PM

Adventure Medicine (1 CME)

Michael L. Rhodes, MD

Ballrooms A & B

3:30 PM

Neuro-Excitatory Conditioning for Anxiety, Burnout, and Stress Prevention (1 CME)

Dmitri Ariyevich Kapitonov, DO, PhD., MS, DABCC

Ballrooms A & B

Friday, May 15 (continued)

Skill Labs:

2:30, 3:30, & 4:30 PM

Skill Lab #1 *Taping Skill Lab (1 CME)*

Mercedes Ealey, WSU Athletic Trainer

Room 320

2:00 PM to 6:15 PM

Skill Lab #2 *Pain Management & Opioids: A Patient Centered Approach** (4 CME)

Stephen Anderson, MD, Norman Bowers, PA-C, Joshua Minori, DO,
& Mathew Romankowski, MD

Room 404

**58-37-6.5 continuing education for controlled substances prescribers*

Faculty



Josephine Abraham
MD, MPH
Nephrologist
Professor of Medicine
University of Utah
School of Medicine
Salt Lake City, UT



Stephen Anderson
MD
Physical Medicine & Rehabilitation
Bountiful, UT



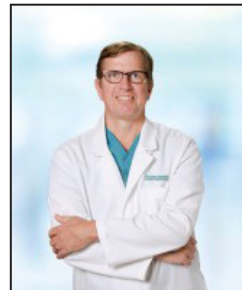
Andrea Allen
YOGA INSTRUCTOR
Salt Lake City, UT



Kirsten Baca
MD
Pain Management/
Anesthesiology
Specialist
Physician
Glacier Peak
Pain Care
Clinton, UT



Douglas Ball
MD
Clinical Geneticist
Physician
Tanner Clinic
Murray, UT



David Bjerken
MD
General Surgeon
McLeod Hospital
Myrtle Beach, SC



Heather Brown
BSN, RN, BS
Clinical Educator
CommonSpirit
Holy Cross
Hospital-Davis
Layton, UT



Jacqueline Chan
MD
Pediatric
Endocrinologist
Intermountain
Health
Primary
Children's
Hospital
Salt Lake City, UT



Mercedes Ealey
ATC
WSU Athletic
Trainer Certified
Ogden, UT



Michael Easter
AUTHOR
Speaker
Professor
University of Nevada
Las Vegas, NV

Faculty



Ed Eyestone
HEAD COACH
Head Coach BYU
Men's XC
Team USA
Marathon
Provo, UT



Jillyn Graham
MSN, RN
Clinical Educator
CommonSpirit
Holy Cross
Hospital-Davis
Layton, UT



Josh Hansen
MD
Family Medicine
Sports Medicine
Tanner Clinic
Layton, UT



Amanda Jones
CHES
Community Health
Director
Weber-Morgan
Health Department
Ogden, UT



Dmitri Kaptionov
DO, PhD
Research Associate
Huntsman Cancer
Institute-University
of Utah Health
Sandy, UT



Jeremy Kessler
MD
Medical Director
BridgePoint
Wound Care &
Hyperbaric
Layton, UT



Brian Heaton
MD
Urologist
Private Practice
Ogden, UT



Gary Holland
MD
Medical Director
A Plus Home
Health and
Hospice
Kaysville, UT



Sarah Iannacone
PharmD, BCACP
Clinical Pharmacist
Intermountain Health
McKay-Dee Hospital
Ogden, UT



CAPT William
Lanier
DVM, MPH
Utah State Public
Health Veterinarian
CDC Career
Epidemiology
Field Officer
US Public Health
Service Officer
Bountiful, UT



Robyn Larkin
RN
Clinical Educator
CommonSpirit Holy
Cross Hospital
Davis
Layton, UT



Matthew McIff
MD
Medical Director
Health Clinics of Utah
Division Director &
Deputy Director
Family Health and
Preparedness
Utah Department of
Health
Family Medicine
Physician
Intermountain Health
St. George, UT

Faculty

Faculty



Michelle McOmber
MBA, CEO
Utah Medical Association
Utah Medical Foundation
Salt Lake City, UT



Sarah Frei Mills
ADVOCATE
USU Graduate
2nd Grade Teacher
Speaker
Advocate
Kaysville, UT



Joshua Minori
DO
Pain Medicine & Rehabilitation Physician
Intermountain Health
Park City, UT



Nathan Nakken
DO
Clinical Associate Professor of Osteopathic Principles and Practice
Noorda College of Osteopathic Medicine
Provo, UT



Anna H. Nash
PHD, PA-C
Sexual Medicine Program Specialist
University of Utah Midlife and Menopause
Salt Lake City, UT



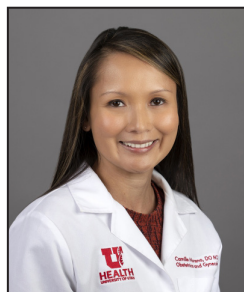
Rich Oborn
MPA
Director Center for Medical Cannabis
Utah Department of Health
Salt Lake City, UT



Blake Moore
US CONGRESSMAN
American Politician
Former Representative
Utah 1st Congressional District
Vice Chair House Republican Conference
Bountiful, UT



Scott Moore
DO
Osteopathic Neuromusculoskeletal Medicine Physician
Tanner Clinic
Layton, UT



Camille Moreno
DO
Medical Director Midlife Women's Health and Menopause Medicine Program
University of Utah Health
Salt Lake City, UT



Mark Ott
MD
General Surgeon
Founding Dean
BYU Medical School
Provo, UT



Michael L. Rhodes
MD
Associate Dean Graduate Medical Education
Noorda College of Osteopathic Medicine
Provo, UT



Mathew Romankowski
MD
Anesthesiologist
Interventional Pain Medicine
Intermountain Health
Salt Lake City, UT

Faculty

Faculty



**Stephen Sammons
MD**
Nephrologist
Assistant Professor
University of Utah
Health School of
Medicine
Salt Lake City, UT



**Mark R. Sarfati
MD**
Vascular Surgeon
University of Utah
Health
Salt Lake City, UT



**Sarah Callister
Sellers CRNA**
Professional
American Long-
Distance Runner
Optum
Ogden, UT



**Ben Van Leeuwen
MD, MPH**
Psychiatrist
Tanner Clinic
Layton, UT



**Brent Webb
PT**
Physical
Therapist
Webb Physical
Therapy
South Ogden, UT



**Blake Sellers
MD**
Orthopedic
Surgeon
McKay-Dee
Orthopedics &
Sports
Medicine Clinic
Ogden, UT



**Bryce Sherwood
MHA**
Community Health
Educator
Weber-Morgan
Health Department
Ogden, UT



**Candice K. Smith
MD**
Pediatrician
Tanner Clinic
Layton, UT

Faculty

McKay-Dee Family Medicine Residents



**Claire
Baumgartner
MD**

University of
Minnesota



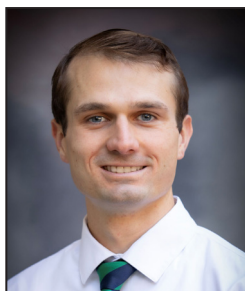
**Savannah Cox
Behymer MD**

University of Kansas



**Alexa Fritsch
DO**

Rocky Vista University
College of Osteo
Medicine



**Morgan Greene
DO**

Lincoln Memorial
University
DeBusk
College of Osteo Med



**Rachel Haines
DO**

University of
North Texas College
of Osteo Medicine



**Sydney
Schmidt
MD**

University of
Wisconsin

Poster Presentations

The Clinical Poster Presentation Session will be held on Tuesday, May 13, 2026 from 4:30 PM to 6:30 PM in the Shepherd Union Building 3rd floor Bell Tower Lounge. The posters will stay there until 5:00 PM, Thursday, May 15th, 2026, for more voting opportunities.

Doctorate-Level, Medical Students, and Pre-med students from various institutions will be presenting their clinical research posters. We encourage all attendees of the conference to participate and cast your vote for the top three presentations in each category.

When voting, please consider:

- Originality/innovative nature of project
- Statement of purpose/goals
- Project description
- Evidence-based nature of content
- Validity of conclusions

Heartfelt Acknowledgment

To our Endowment & Perpetual Memorial Contributors

Ruth Eleanor Bamberger & John Ernest Bamberger
The Hope Eccles Behle Family
Val A. Browning Foundation
William P. Daines, MD
Lawrence T. & Janet T. Dee Foundation
In Memory of William Riley Brown, MD
Deiss Family Endowment | Dumke—Fister—Rich Fund
Dr. Ezekiel R. & Edna Wattis Dumke Foundation
George S. Eccles and Dolores Doré Eccles Foundation
Spencer S. & Hope Fox Eccles Family
Willard Eccles and Mrs. Ruth Pierpont Eccles
Edith Dee Mack Green
Harold Hemingway
Rulon F. Howe and Margaret C. Howe Memorial Lectureship
James C. Knighton
The Wade & Harold Mack Family
The Maude Dee Porter Memorial Fund
Samuel C. & Myra Powell Foundation
Clark L. Rich, MD
Junior Edward Rich, MD
Harlo B. Rigby Charitable Trust
Donnell and Elizabeth Shaw Stewart
A. Z. Tanner, MD
R. Joseph Watson, MD Memorial Fund
Elvaretta Littlefield Wattis

Past Officers of the Society

Past Presidents

1947 C. L. Rich, MD
1948 E. Z. Dumke, MD
1949 Conrad Jensen, MD
1950 V. L. Ward, MD
1951 F. K. Bartlett, MD
1952 G. M. Fister, MD
1953 I. B. McQuarrie, MD
1954 H. C. Strangquist, MD
1955 D. W. Tanner, MD
1956 W. J. Thomson, MD
1957 R. N. Hirst, MD
1958 R. F. Howe, MD
1959 N. Z. Tanner, MD
1960 C. C. Hetzel Jr., MD
1961 J. E. Rich, MD
1962 O. E. Grua, MD
1963 L. S. Peery, MD
1964 R. W. Pugmire, MD
1965 L. R. Curtis, MD
1966 L. D. Nelson, MD
1967 A. J. Lund, MD
1968 G. H. Lowe Jr., MD
1969 K. A. Stratford, MD
1970 K. F. Farr, MD
1971 R. C. Petersen, MD
1972 W. G. Harline, MD
1973 W. L. Richards, MD
1974 J. W. McEntire, MD
1975 T. M. Feeny, MD
1976 V. R. Kelly, MD
1977 W. J. Gardner III, MD
1978 D. C. Hunter Jr., MD
1979 C. S. Feeny, MD
1980 D. F. Hammond, MD
1981 V. H. Johnson, MD
1982 N. Nellis, MD
1983 M. J. Haslam, MD
1984 J. J. Bergera, MD
1985 R. E. Nilsson, MD
1986 D. W. Packard, MD
1987 A. F. Budge, MD
1988 C. B. Williams, MD
1989 R. B. Foley, MD
1990 M. A. Godfrey, MD
1991 R. L. Alder, MD
1992 V. B. Johnson, MD
1993 B. T. Neville, MD
1994 R. Lehr, MD
1995 R. C. Newman, MD
1996 C. M. Campbell, MD
1997 R. J. Alley, MD
1998 D. P. Felt, MD
1999 J. R. Anderson, MD
2000 C. H. Merkley, MD
2001 J. D. Wahlen, MD
2002 J. R. Wood, MD
2003 D. J. Reinhart, MD
2004 J. W. Starley, MD

2005 S. D. Scharmann, MD
2006 R. D. Whipple, MD
2007 H. Vonk, MD
2008 D. K. Anderson, MD
2009 M. L. Johnson, MD
2010 H. O. Senekjian, MD
2011 H. L. Heilesen, MD
2012 D. M. Allen, MD
2013 C. M. Gonzales, MD
2014 N. K. Varma, MD
2015 R. C. Moesinger, MD
2016 A. R. Hartman, MD
2017 J. R. Hoagland, MD
2018 K. E. Rifleman, MD
2019 M. S. Webb, MD
2020 P.A. Adomako, MD
2021 P.A. Adomako, MD
2022 C.N. Madsen, MD, MS
2023 M. S. Moore, DO
2024 K. E. Baca, MD
2025 A. R. Taintor, MD
2026 C. F. Aardema, MD

Past Secretaries

1947–1951 G. M. Fister, MD
1951–1956 R. N. Hirst, MD
1956–1961 O. E. Grua, MD
1961–1968 A. J. Lund, MD
1969–1971 W. G. Harline, MD
1971–1977 C. S. Feeny, MD
1977–1981 Harvey Ruskin, MD
1981–1985 A. F. Budge, MD
1985–1989 R. L. Alder, MD
1989–1994 R. J. Alley, MD
1994–1998 C. H. Merkley, MD
1998–2001 J. R. Wood, MD
2001–2005 A. A. Gabrielsen, MD
2005–2006 D. J. Reinhart, MD
2006–2011 J. W. Starley, MD
2011–2013 H. L. Heilesen, MD
2013–date B. J. Campbell, MD

Past Treasurers

1948–1949 W. J. Thompson, MD
1949–1952 D. M. Moore, MD
1953–1956 T. M. Feeny, MD
1957–1959 V. H. Johnson, MD
1960–1962 W. G. Harline, MD
1963–1965 L. G. Merrill, MD
1966–1970 J. Amano, MD
1971–1975 L. W. Spenser, MD
1976–1981 N. Nellis, MD
1982–1990 V. B. Johnson, MD
1991–1996 A. H. Wagnon, MD
1997–1999 S. L. Hicken, MD
2000–2003 J. W. Starley, MD
2004–2017 F. H. Brown, MD
2018–date S. D. Scharmann, MD

Annual Hall of Fame 2025 – 2026

Benefactors

\$10,000+

Val B. Johnson, MD

Platinum

\$1,000 to \$4,999

Jack W. Crosland, MD
Douglas & Shelley Felt Family Foundation
Donna & Ralph Friz Family Foundation
Drs. Willard Z. & Rona Lee Maughan, MD

Gold

\$500 to \$999

Jeffery E. Booth, MD
Michael Grant, MD
Steve Johnson, MD

Silver

\$250 to \$499

Gabriel Andeen, MD	Heidi Kapanka, MD, MPH
Brent Burdett, MD	Bradley Melville, MD
Laurie & Frank Brown, MD	Noel Nellis, MD
Arthur F. Budge, MD	Rifleman Family

Bronze

\$100 to \$249

Micheal Allred, MD	George F. Snell, MD
Brent Baranko, MD	Michael Symond, MD
Heather Heilesen, MD	R. Robert Taylor, MD
David Peterson, MD	

Thank You to our Exhibitors

Alcoholics Anonymous
Alliance to Protect Insulin Choice
Astellas
AstraZeneca
Banterra Bank
Bayer Cellular Therapies
BridgePoint Wound Care & Hyperbaric
CommonSpirit Holy Cross Hospital-Davis
Complete Healthcare Business
CSL Behring
Dynavax
Edward Jones
Exact Sciences
GSK
Inspire Sleep
Intermountain Health McKay-Dee Hospital
Intra Cellular Therapies-Johnson & Johnson
MICA
Noorda College of Osteopathic Medicine
Ogden Regional Medical Center
Pfizer
Physician Wealth Advisors
RAYUS Radiology
Rock West Laser
Sanofi
Seager Memorial Clinic
SpringWorks Therapeutics
Tanner Clinic
Utah Medical Association
Vera Therapeutics
Weber County Medical Society & Alliance
Weber State University College of Science
Weber State University Dumke College of Health Professions
Weber-Morgan Health Department
Weber-Morgan Medical Reserve Corps Volunteer Program

Thank You to our Generous Sponsors

Chad M. Gonzales, MD
Capitol Payroll
Child Richards, CPAs, & Advisors
California Academy of Family Physicians
CommonSpirit Holy Cross Hospital–Davis
Donna & Ralph Friz Family Foundation
Douglas & Shelley Felt Family Foundation
Drs. Willard Z. & Rona Lee Maughan
Intermountain Health McKay-Dee Hospital
Jack W. Crosland, MD
Jeffrey Booth, MD
Lawrence T. & Janet T. Dee Foundation
-In Memory of William Riley Brown, MD
McKay-Dee Surgical Center
National Kidney Foundation of Utah and Idaho
Noorda College of Osteopathic Medicine
Northern Utah Surgeons
Ogden Regional Medical Center
Physician Wealth Advisors
Spencer S. & Hope Fox Eccles Family

Thank You to our Generous Sponsors

Steve F. Johnson, MD, Joyce Johnson Stillwell & Val B. Johnson, MD
-In Memory of Vernal H. Johnson, MD
Stewart Education Foundation
Tanner Clinic
THE DR. EZEKIEL R. AND EDNA WATTIS DUMKE
FOUNDATION PLENARY SPEAKER
Utah Medical Association Foundation
Weber County ENTS – Douglas K. Anderson, MD & Nadim Bikhazi, MD
Weber State University College of Science
Weber State University Dumke College of Health Professions

In Memory of

The Ogden Surgical-Medical Society extends their sympathy to the family and friends of our colleagues. Their presence and contribution to medicine will be greatly missed.

2025

George Landon Beales, MD
John "Sandy" Stanley Friden, MD
Thomas Loftin Hannum, MD
Vernon D. Potter, MD
Brent Williams, MD

2024

Paul Ray Taylor, MD

2023

Richard Anderson, MD
Paul David Francom, NP
James Heiden, MD
Charles Gary Loosli, MD
Barton Rodney Nilson, MD
Merle Joseph Schrodtt, MD

2022

Joseph H. Nelson, MD

2021

Frederick Deiss, MD
Merril Anderson Godfrey MD
Howard McQuarrie, MD
Robert G. Mitchell, MD
Joseph Richard Rees, MD
Richard D. Wallin, MD

2020

Gary Orson Christensen, MD
Jan Frederick Christensen, MD
Fred Clayson, MD
Dorian Faber, MD
Harold Lewis Hansen, MD
Oliver Wendell Hyde, MD
Carter Brooke Jennings II, MD
James Jones, MD
Byron Hunter Naisbitt, MD
Virgil Parker, MD

2019

Richard Leon Alder, MD
Daniel Albert Bergman, MD
Robert S. Brodstein, MD
Terry Mackley Buxton, MD
Duane Widdison Draper, PA-C
Evan F. Evans, MD
Gary K. Haddock, MD
Don Holdaway, MD
Donald Moore, MD
John David Schirack, MD
John Richard Stucki, MD
John E. White, MD
Nancy Jo Zega, MD

2018

Farrell Marlon Calton, MD
Turham S. Dogu, MD
John Robert Hawkes, MD
Lawrence Michael Janeway, MD
Steven Edward Kammeyer, MD
Rhonda Lehr, MD

2017

Al Cobabe, MD
Chelton Feeny, MD
Richard Eugene Nilsson, MD
Jesse Lee Wallace, MD

2016

N. Blaine Belnap, MD
Dean Linford Bunderson, MD
Chris Christensen, MD
Jack J. Davis, MD
Ralph Blaine Foley, MD
Paul Faddies Naisbitt, MD
Gill O. Sanders, MD
Ronald B. Simmons, MD
John Francis Stucki, MD
John Barron Taylor, MD
Joseph L. Thorne, MD
Leon H. White, MD



TANNER CLINIC

LIFESTYLE & OBESITY MEDICINE

LIFESTYLE • OBESITY • CULINARY • MUSCULOSKELETAL

HOW IS IT DIFFERENT?

- TREATS THE ROOT CAUSE
- BIOLOGY OVER WILLPOWER
- "WHOLE-LIFE" STRATEGY
- MEDICAL SUPPORT
- REVERSES CHRONIC DISEASES
- "DE-PRESCRIBING"

WE HELP WITH:

- ANXIETY & DEPRESSION
- DIABETES
- CHRONIC PAIN
- HEART DISEASE
- HYPERTENSION
- OBESITY

TANNER CLINIC PROVIDES:

- CULINARY SESSIONS
- GROUP SUPPORT CLASSES
- ACUPUNCTURE

LEARN
MORE
HERE



TANNERCLINIC.COM

801.773.4840



Your Support Helps New Nurses Graduate

Nursing student Madison Doyle '25 was attending WSU full time and working at the Huntsman Cancer Institute in Salt Lake City when a critical grant fell through. A scholarship director encouraged her to apply for assistance, and she received a CATapult scholarship that day.

CATapult completion scholarships help students overcome unexpected obstacles, stay in school, and complete their degrees. Since 2020, nearly \$4 million from generous donors has been distributed to 2,270 students.

Every gift makes a difference. Visit weber.edu/amplify-weber-state today to support tomorrow's medical professionals.



WEBER STATE UNIVERSITY
Dumke College of Health Professions



**I was just so taken aback
by the generosity from the
CATapult scholarship donors."**

— Madison Doyle

Graduate of WSU's Dr. Ezekiel R.
Dumke College of Health Professions
and inpatient nurse at the Huntsman
Cancer Institute

AMPLIFY
WEBER STATE



Your Support Helps Make Medical Dreams Come True

Biochemistry grad Drake Alton '22 visited the medical schools he applied to with help from the George Gregory M.D. Pre-Med. Student Assistance Scholarship Program, created by Weber State graduate and retired doctor Clair Weenig '65.

Dr. Weenig began the scholarship with a \$10,000 donation in 2004. Since then, 18 pre-med students have been awarded more than \$20,000 to assist with medical school application expenses.

Every gift makes a difference. Visit weber.edu/amplify-weber-state today to support tomorrow's medical professionals.



**"Without the scholarship, I
don't think I would have been
able to visit those schools."**

— Drake Alton

Graduate of WSU's College of Science
and M.D. and Ph.D. student at the
Mayo Clinic Alix School of Medicine



WEBER STATE UNIVERSITY
College of Science

AMPLIFY
WEBER STATE

Kidney Kars Save Lives!

Donate a Kidney Donate a Kar

1-800-TOW-KARS

TOWKARS.ORG



CLINICAL ADJUNCT FACULTY PROGRAM



Your Expertise, Their Future:

Mentor Our Students In Your
Clinical Practice

Benefits Include:

- Financial Compensation
- Free Continuing Medical Education (CME)
- Academic Rank & Promotion Opportunities

Join Our Clinical Adjunct
Faculty Today!

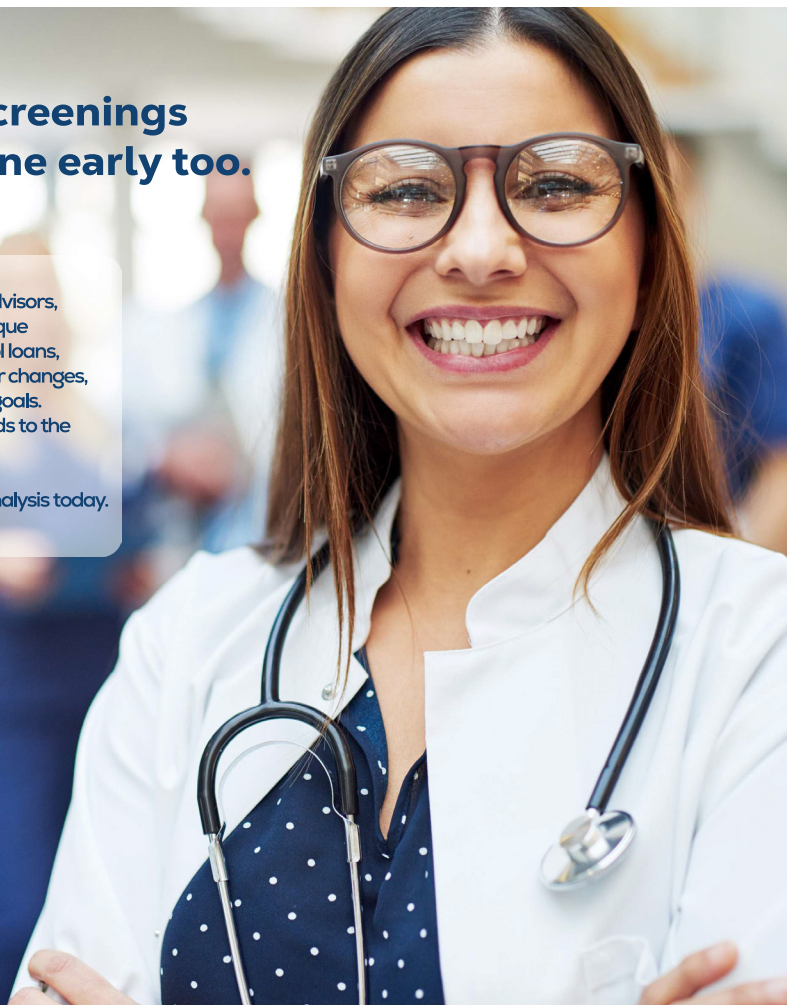


noorda.edu/clinical-adjunct-faculty

Financial screenings are best done early too.

At Physician Wealth Advisors, we understand the unique circumstances of school loans, insurance needs, career changes, family and retirement goals. Take your financial needs to the specialists.

Call us for a financial analysis today.



Investing
in Your
Financial Health


Physician Wealth Advisors
A Utah Medical Association Company

CALL 801-747-0800 OR VISIT ONLINE AT PWA.ORG



HCA
Healthcare™
Mountain
Division

Open Roadway
Syracuse
Emergency Center
EMERGENCY

Emergencies hit close to home.
Now, we're just as close.

Address: 323 S 2000 W, Syracuse
Phone: 385-383-2100

Fully equipped and staffed 24/7 by experienced, board-certified physicians, knowledgeable nurses, technicians, and other medical staff to provide emergency care for our community.

**WE'RE
HERE
FOR YOU**

We are elevating
healthcare, now and
for generations
to come.



Half a century strong.

Celebrating 50 years of physician collaboration
in improving the health of our patients and
community.

CommonSpirit 

Humankindness lives here™

CommonSpirit Health Mountain Region does not discriminate against any person on the basis of race, color, national origin, disability, age, sex, religion, creed, ancestry, sexual orientation, and marital status in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact 1-303-643-1000 (TTY: 711). Copyright © CommonSpirit Health Mountain Region, 2026. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-303-643-1000 (TTY: 711). CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-303-643-1000 (TTY: 711).



The Power of We

Notes

Notes

Notes

Notes

Notes

Notes

Notes

Notes

Thank You to our Partners 2026



Holy Cross Hospital
Davis



WEBER STATE
UNIVERSITY

College of Science
Dumke College of Health Professions



NOORDA COLLEGE
of OSTEOPATHIC MEDICINE



Intermountain
Health



MOUNTAINSTAR
Ogden Regional
Medical Center



National Kidney Foundation™
of Utah and Idaho



STEWART
Education Foundation



Physician Wealth Advisors

A Utah Medical Association Company



DR. EZEKIEL R. AND EDNA

WATTIS DUMKE
FOUNDATION
PLENARY SPEAKERS